



## Detecting Aflatoxin in Agricultural Commodities

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Dr. Dowell is a Research Agricultural Engineer with the USDA ARS. He has about 30 years of experience developing technology to measure grain quality and improving food security in developing countries. He has over 20 years of experience in international agriculture, and is President of Planting Hope International, a non-profit charity that provides agricultural, medical, and educational support to people in developing countries. He has seen issues with aflatoxin in countries such as Kenya and Laos, where the lack of aflatoxin testing programs has affected human and animal health. Much of his experience is in measuring and maintaining grain quality. His interest in learning more about production agriculture in the tropical climates of developing countries led him to recently take the ECHO TAD course.

### Introduction

Aflatoxin, a mycotoxin produced by the fungi *Aspergillus flavus* and *A. parasiticus*, can negatively affect animal and human health. Its presence in many agricultural crops is a concern, and levels are often regulated in domestic and international trade. Aflatoxin is typically not a problem in healthy crops that are handled and stored properly. However, when crops become stressed (such as when damaged by insects or drought, or when stored improperly at high moisture content), the fungi that produce aflatoxin can infect the seeds in the field or in storage (Figure 1). The conditions favorable for aflatoxin contamination and the resulting health concerns are reviewed in [EDN 87](#). While the occurrence of aflatoxin is relatively rare and levels in food and feed are usually very low, it can be a concern in cereals, oilseeds, tree nuts, fruits, and spices.

Aflatoxin testing programs are a routine part of many import and export trade policies, and an established component



**Figure 1.** Moldy peanut kernel that likely has high levels of aflatoxin. Photo: Floyd Dowell

of the farmer-marketing process for commodities like peanuts in some countries. However, testing is less common in countries where there is little or no financial incentive to reward the seller for delivering a high-quality crop. As economies and crop yields in developing countries improve, opportunities arise for sellers to be rewarded for delivering high-quality commodities. This has been realized in countries like Laos, Kyrgyzstan, and Kenya, where private and government grain buyers and feed producers are seeing the financial advantages of guaranteeing a safe and wholesome product. As in the U.S., an individual farmer may not be likely to implement an aflatoxin testing program. Those that buy grain and sell it as food or feed are perhaps best positioned to implement a sampling and testing program that can reward sellers for delivering a safe wholesome product; these grain buyers can then in turn sell the grain as higher-quality feed or food.

Approved aflatoxin sampling and testing programs for official inspection and international trade are published by Codex ([http://www.fao.org/fileadmin/user\\_upload/agns/pdf/CXS\\_193e.pdf](http://www.fao.org/fileadmin/user_upload/agns/pdf/CXS_193e.pdf)) and Grain Inspectors Packers and Stockyards Administration (GIPSA) ([https://www.gipsa.usda.gov/fgis/public\\_handbooks.aspx](https://www.gipsa.usda.gov/fgis/public_handbooks.aspx)). However, those wishing to implement local testing programs, or to test in countries where aflatoxin is not regulated, may want

to investigate testing procedures for their unique situations. Thus, this article will provide new users with basic information on sampling and testing for aflatoxin, including the benefits and limitations of various strategies.

### Sampling for Aflatoxin

Often when discussing the subject of aflatoxin testing, the accuracies of various testing methods are debated. However, most error in measuring aflatoxin is due to sampling variability, rather than the accuracy of the testing method (Whitaker *et al.*, 1994). This is because aflatoxin is typically concentrated in a small percentage of the kernels. For example, if a portion of a field is stressed from drought or disease, seeds from those

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ECHO is a global Christian organization that equips people with agricultural resources and skills to reduce hunger and improve the lives of the poor.

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plants are more likely to become infected with *A. flavus* and aflatoxin. Likewise, seeds that are damaged by insects in the field are more likely to contain the invading fungus. In storage, pockets of high moisture (attractive to *A. flavus*) can occur where a roof leaks, seeds are stored at high moisture content, or insect populations create conditions favorable for fungal growth. The rest of the seeds can be free from aflatoxin, but the very high levels in the few moldy kernels can cause high average levels of aflatoxin in the entire lot. If sampling does not include infected kernels, false negatives will give buyers an impression that the lot contains no aflatoxin. Conversely, if the sample contains mostly moldy kernels whereas the rest of the lot is relatively free from aflatoxin, the very high aflatoxin levels in the sample will lead to rejection of the whole lot, even though the rest of the lot may consist of very good, high-quality seeds.

## Traditional sampling plans

If the objective of an aflatoxin testing plan is to have a level of confidence that average aflatoxin levels are below some defined threshold, the sampling plan should follow one of the standard procedures published by organizations such as the United States Food and Drug Administration or the European Commission. These plans typically require that multiple samples of specific size be drawn from a moving stream of grain, or from probes inserted into the grain pile. These large samples are then mixed and subsampled until a size suitable for analyzing is obtained. These traditional sampling plans give buyers and sellers some level of confidence that resulting aflatoxin values represent the grain mass. Of course, the aflatoxin measured in the sample can be higher or lower than the level of the entire lot, but repeatedly obtaining samples during the harvesting and handling process can result in more confidence in the average aflatoxin level of the commodity being bought or sold.

## Sampling high-risk seeds

If the objective of the aflatoxin testing plan is to have a level of confidence that the lot has no, or very low, levels of aflatoxin, then only those seeds that are most likely to contain aflatoxin should be tested (Whitaker *et al.* 1998). If it is present, aflatoxin is often concentrated in seeds that have been damaged by insects or disease. These

seeds will tend to be smaller, so testing those smaller seeds (obtained by running the sample or lot over a screen so that the smaller seeds fall through) can indicate if there is a potential aflatoxin problem. If no aflatoxin is found in this fraction, the rest of the lot is unlikely to contain aflatoxin.

## Cleaning and re-sampling

If an unacceptable level of aflatoxin is detected in a sample, the lot can be cleaned to remove the smaller and discolored seed. The remaining seed can then be tested for aflatoxin to see if levels are below acceptable thresholds. As previously mentioned, smaller seeds are more likely to contain aflatoxin; the same is true of discolored seeds. Thus, removing discolored kernels by hand picking or with an electronic sorter can reduce aflatoxin in the remaining portion. The correlation between small, damaged kernels and high aflatoxin levels has been confirmed in tree nuts, ground nuts, and cereal grains. Discolored or small kernels had aflatoxin levels 10 to 1000 times higher than larger, healthy seeds (Dowell *et al.* 1990; Johansson *et al.* 2006). Although not a recommended method, another option to reduce average aflatoxin levels is to blend contaminated kernels with higher-quality seeds to dilute the aflatoxin to safe levels.

## Detecting Aflatoxin

Many direct and indirect, quantitative and qualitative methods can be used to evaluate samples for aflatoxin. All require grinding the sample and extracting the aflatoxin with a solvent or aqueous-based solution for subsequent analysis, with exception of the black light visual method. All methods listed here are either American Association of Cereal Chemists International (AACCI) approved methods (<http://methods.aaccnet.org/toc.aspx>) or USDA (GIPSA) performance-verified tests (<http://www.gipsa.usda.gov/fgis/rapidtestkit.aspx>). The methods vary in their accuracy, instrumentation cost, per-sample cost, and level of required technical expertise. Some were reviewed in [EDN 87](#). Below they are grouped into three categories: 1) The Visual Method, 2) Chromatographic Methods, and 3) Quick Tests.

## Visual Method

The simplest and quickest method to determine if samples may contain aflatoxin is to visually examine kernels under an

ultraviolet, or “black,” light (365 nm). The method is based on the assumption that bright greenish yellow fluorescence (BGYF) is correlated to the presence of aflatoxin. However, other material can fluoresce, which can result in false positives. Also, contaminated kernels do not always fluoresce, which can give a false negative result. Due to the possibility of false negatives and false positives associated with this test, GIPSA states that this visual method should not be used for mycotoxin screening. Despite these limitations, counting the number of BGYF kernels has been used to accept or reject corn lots with some success. The visual test is the simplest one available for a resource-limited situation, requiring no sample preparation and no per-sample cost. The only instrumentation cost is an ultraviolet lamp (~\$600). If this method is used, any positive results should be confirmed by a chemical test.

## Chromatographic Methods

Methods that use chromatography are the most accurate, but also require considerable skill and time. The sample is ground, then aflatoxin is extracted from the ground sample using a solvent. The aflatoxin in the solvent is then moved through a chromatography column or placed on a chromatography plate that contains a substance that attracts the aflatoxin based on the latter’s polarity. All compounds have a unique polarity, so the strength of the attraction of the compounds to the solvent or to the column or plate determines how quickly the aflatoxin flows with the solvent. Each compound, including aflatoxin, will be separated from other compounds as it moves through the column or across a plate. It can then be quantified as described below.

• **High Performance Liquid Chromatography (HPLC).** This method gives accurate and quantitative results, and is often used as a method to which all other aflatoxin testing methods are compared. However, it requires a significant capital investment (>\$100,000), considerable training in a chemical laboratory to carry out the procedures, and skilled technicians to maintain the instrument. The per-sample cost at a commercial lab is ~\$85/sample, including labor. The technique requires several hours per sample, although some of the process can be automated. With this method, the aflatoxin is attracted either to the solvent moving through



the instrument or to the HPLC column through which it moves. The amount of aflatoxin in the sample is measured as it moves past a sensor at the end of the HPLC column. The HPLC method has a very sensitive detection limit of less than 1 ppb, and is trusted by many buyers and sellers; it is a good option if very accurate results are needed (such as for establishing a reference lab).

#### • Thin Layer Chromatography (TLC).

This method was once a popular alternative to HPLC, since it is somewhat field-portable. However, it requires several days of training and practice, attention to detail, and lab equipment that includes spotters, beakers, and TLC plates. It works on the same principle as HPLC, but the solvent is allowed to move up a stationary plate coated with a specific material, rather than flow through a column as with HPLC. This method is no longer approved by GIPSA. It requires several hours to complete one test, and is neither as accurate as HPLC, nor as fast and accurate as the quick tests listed below.

## Quick Tests

Quick tests are some of the most popular current methods for testing commodities for aflatoxin. They involve extracting the aflatoxin from the ground sample, then adding a substance that causes a color change correlated to the aflatoxin level. In some tests, the color change indicates if the aflatoxin is above a specified level (for example, 20 ppb), while in other tests the intensity of the color can be used to quantify the aflatoxin level using a reader. These tests can be done in 5 to 20 minutes, require minimal training and equipment, and usually cost less than \$10/test for consumable supplies. Necessary equipment can vary according to the test, but can include a small grinder (like a coffee grinder), balance, incubator, and basic glassware and pipettes. The one-time cost to begin testing generally ranges from \$1000-\$5000. The three basic types of tests are listed below.

• **Microwell tests.** The enzyme-linked immunosorbent assay (ELISA) microwell tests measure aflatoxin extracted from a ground sample with a solvent like methanol or (more recently) a more environmentally friendly aqueous-based solution. The solvent is then mixed with a known quantity of enzyme-labeled aflatoxin and the mixture is added to

an antibody-coated microwell. The antibodies coated on the microwell will capture either the aflatoxin in the solvent or the enzyme-labeled aflatoxin. If a lot of aflatoxin is extracted from the sample, the antibodies will capture more of the sample aflatoxin than the enzyme-labeled aflatoxin. If no aflatoxin was extracted from the sample, then only the enzyme-labeled aflatoxin will be captured by the antibodies. A substrate is then added which causes a color change in only the enzyme-labeled aflatoxin that was captured by the antibodies, and the color is inversely correlated to the amount of aflatoxin in the extracted sample. A lighter color means more aflatoxin was extracted from the sample and thus captured by the antibodies. The process requires several steps and takes between 5 and 20 minutes.

It can be used to screen samples to determine if they are below a specified level, or the color change can be quantified with a reader to indicate the actual aflatoxin level. The limit of detection is 2 to 5 ppb. Microwell tests cost about \$10 each for consumable supplies. However, many microwell tests can be done at once, and some steps can be automated; this can lower the time and cost per test, and makes the technology preferred in some labs that regularly conduct many tests per day.

• **Lateral flow strips.** These “dip stick” type tests also require aflatoxin to be extracted from a ground sample with a solvent or aqueous-based solution and are gaining popularity. A lateral flow strip is simply placed into the solution (Figure 2), or the solution is applied to the strip. The solution then flows by capillary action through a zone where an antibody, bound to colored particles, will bind to the aflatoxin. If no aflatoxin is present, the antibody with the colored particle will move into a zone where it can be captured, and a bright colored line will form. If sufficient aflatoxin is present to bind with all the antibodies, then no unbound antibodies remain to form the colored line. Thus, the brightness of the line is inversely related to the amount of

aflatoxin in the sample. The brightness of the line can be measured with a reader in some versions of the tests so that the aflatoxin can be quantified. Lateral flow strip tests can be quicker (3.5 to 10 minutes) and simpler than the microwell test, since they require fewer steps. The procedures are simple enough that most users can quickly learn them. The limit of detection is similar to microwell tests, and the cost is similar to or less. These facts, combined with lateral flow strips’ simplicity of use, make the strips preferable to ELISA microwell tests for occasional testing.

• **Fluorometric tests.** These tests require extracting aflatoxin from ground-up samples as with the other quick tests, but the extract is then passed



**Figure 2.** Placing a lateral flow test strip into an extract obtained from a ground sample. *Photo: Floyd Dowell*

through a column that either binds impurities and passes only aflatoxin, or binds the aflatoxin and passes the impurities. In the latter case, the aflatoxin is then flushed from the column using a solvent. In both instances, a developer is added to the extracted aflatoxin which causes the aflatoxin to fluoresce. The amount of fluorescence is correlated to aflatoxin levels and can be read using a fluorometer. Several steps are required to filter and dilute the extract, but the test gives accurate, quantitative results. It can be completed in 5 to 15 minutes, and has a detection limit of <1 ppb. Fluorometric tests are more accurate over a wider range of aflatoxin levels than the other quick tests, but the costs (which include solvents) tend to be higher—over \$10/test for consumable supplies.

Selection of an aflatoxin quick test will likely be influenced by the accuracy, cost, simplicity, and speed of the testing method. However, since sampling is by far the biggest source of error, and since all quick tests that are verified by GIPSA meet

specific accuracy criteria, accuracy should perhaps not be a major factor in selecting a test. That leaves cost, simplicity, and speed. If many tests are routinely done per day, and if an experienced person can be dedicated to running the tests, the ELISA microwells may offer speed and cost advantages. If few tests are done, whether regularly or sporadically, lateral flow tests are easiest to learn and low cost. These lateral flow tests are steadily becoming cheaper and simpler, and may offer the best choice for the occasional user in the foreseeable future. Fluorometric tests are accurate, but can be tedious and require more solvent than other tests.

## Summary

When testing for aflatoxin, sampling variability is the largest source of error. To determine if the lot meets an average aflatoxin threshold, take care to analyze a representative sample obtained using an approved sampling plan. To determine if the lot has any risk of aflatoxin at all, sample

and measure only the portion that is most likely to have aflatoxin—the damaged or discolored kernels; if this sample has no or very low aflatoxin, the user can have good confidence that the entire lot has little or no aflatoxin. If a sample contains aflatoxin above a specified level, the lot can be cleaned to remove suspect kernels and then retested, or blended with good product. The aflatoxin testing method that is chosen will depend on the cost, accuracy, speed, and simplicity requirements of the user. For the occasional user, lateral flow tests generally offer advantages over other tests in simplicity, speed, cost, and accuracy.

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## Community Animal Health Workers Support Small-Scale Livestock Production

by Brian Flanagan

*Editors: ECHO will be hosting a [three-day workshop](#) in September at our Florida campus, on the topic of small-scale livestock production in the tropics (see the “Upcoming Events” section for details). Our Global Farm incorporates many animals, including ducks, rabbits, chickens, pigs, and goats—so the workshop will be very hands-on and practical. In this article, ECHO staff member Brian Flanagan shares some of the reasons that farm animals are important to small-scale farmers; some*

*constraints faced by these farmers; and information about Community Animal Health Workers (CAHW) and the difference they can make in farming communities.*

Farm animals are important to most small-scale farmers around the world, contributing to livelihoods and increasing food security. Livestock offer even the world's most marginalized people a source of food and means of earning an income through the meat, milk, eggs, live animals and manure that are produced. Raising livestock also improves smallholders' overall farming systems (e.g. animal manure fertilizes croplands; some livestock are used to plow land and for transportation). Finally, livestock increase the resilience of smallholder families in the face of economic and other challenges, such as unpredictable or extreme weather, crop pests and diseases, and low commodity prices (ILRI 2009).

While livestock are essential to many families' economies, smallholder farmers raising livestock in developing countries face difficult constraints. For example, they may have inadequate or complete lack of land, limited access to feed or access only

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to poor-quality feed, poor animal health, etc. (Brown 2003).

Smallholder farmers and development workers have addressed these constraints in many practical ways. One such solution is to train local community members in basic animal health care through community animal health worker programs.

The term “community animal health worker” (CAHW) is used for a range of primary-level veterinary workers including community-based animal health workers, para-vets, and barefoot vets (Martin Curran and MacLehose 2011). The CAHW concept seems to have stemmed from observations within the human health sector, such as the barefoot doctor method used in China. The barefoot doctors were often-illiterate farmers who were trained to record births and deaths, vaccinate against smallpox and other diseases, and provide basic first aid and health education talks. By 1972, an estimated one million barefoot doctors were serving a rural population of 800 million people in the People's Republic of China where doctors and other health professionals could not reach.

One of the first major CAHW undertakings occurred in the 1970s, when the World Bank encouraged livestock producer associations to use grassroots level para-veterinarians to attend to rural livestock. Subsequently, various non-governmental organizations



**Figure 3.** CAHW vaccination of a pig in Haiti. Photo: Keith Flanagan



(NGO) and governments have used and refined the model to meet communities' animal health needs (Tunbridge 2005). The CAHW model grew quickly in the 1990s and has frequently been adopted by NGOs (Leyland *et al.* 2014). In 2003, a comprehensive study estimated that CAHW programs have been implemented in 47 different countries within all continents (Grahn and Leyland 2005).

CAHW programs around the world vary depending on factors such as funding, local culture, the extent of government involvement and community participation, the amount of training given to CAHWs, and available resources and needs. In the right context, CAHWs can provide preventive, diagnostic, and curative animal health services to the local community (Catley *et al.* 2002).

Overall, CAHW programs are most successful when 1) the community workers live—and probably grew up—in the local community they serve, and 2) they have a basic level of training in the services and knowledge they will be sharing with the community (Catley and Leyland 2002). The programs have worked best in rural communities that lack reliable access to professional animal health services, such as a veterinarian or veterinarian pharmacy,

that would otherwise be able to link rural communities to larger systems (Leyland *et al.* 2014).

When well-executed, CAHW programs effectively help address the animal health needs of livestock holders. This support, in turn, provides stability to vulnerable smallholders who rely on livestock for income and food. ECHO's September workshop on livestock production will cover many important basic animal health topics and animal management practices; the information will be useful for development workers who may or may not have access to CAHW programs.

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## ECHOES FROM OUR NETWORK

### Do you know this smothering weed?

Recently, ECHO East Africa Regional Impact Center Director Erwin Kinsey and Technical Research Coordinator Bob Hargrave received a request from an ECHO network member to identify and propose control methods for a “new weed that is spreading and smothering trees and hedges.”

From images submitted (see Figure 4), the weed was identified as dodder, a *Cuscuta* species that parasitizes many crops, native plants, and weeds. Most of the information available addresses crop plants in fields; the main recommendation is to use clean, certified seed to prevent infestation.

For situations where it is spreading on trees and hedges, some recommendations include:

- Remove and destroy (burn) as much of the plant as possible before it sets seed.

- Possibly burn it in place with a flame weeder or other such apparatus (but be careful!).
- Don't let livestock graze and spread seeds.
- Keep an eye out for new plants and remove them as soon as possible.

Erwin Kinsey commented, “Dodder is all over Arusha and Nairobi, and spreading in rural areas. Mechanical removal at an early stage is what we do in our garden, and we [encourage] any farmer whom we meet who has it, to do the same. Its early removal before it becomes effectively attached to its host is important.”

For additional helpful information about dodder, including control of its spread, see these documents from



**Figure 4.** Weed photo sent in with a request for identification and management information. Photo: Roger, ECHO Network Member

Infonet-Biovision (<http://www.infonet-biovision.org/PlantHealth/Pests/Dodder>) and the University of California Agriculture and Natural Resources Integrated Pest Management Program (<http://ipm.ucanr.edu/PMG/PESTNOTES/pn7496.html>).

## FROM ECHO'S SEED BANK

### Marigold for Companion Planting

by Tim Motis

Companion planting is a form of intercropping, typically practiced in small-scale gardens, in which two or more species of plants are grown near each other for shared benefit. For example, shade-loving vegetables like lettuce can be grown under taller crops like maize or sunflower. Mixed plantings are established to boost crop productivity, diversify options for food and income generation, and improve gardens' resilience under difficult growing conditions.

Flowering plants can benefit garden or field crops in some interesting ways. In [Issue 18](#) of *ECHO Asia Notes*, Dr. Abram Bicksler shared that certain flowering plants can:

- repel or confuse harmful insects
- attract insects, birds, frogs and other creatures that eat harmful pests
- attract pests to themselves, thereby minimizing damage to a main crop
- add beauty to a garden or field



**Figure 5.** Marigolds (foreground; unknown variety) grown with Malabar spinach (background). Photo: Tim Motis

ECHO's Florida Seed Bank has obtained two marigold varieties, 'Crackerjack Mix'

(African marigold; *Tagetes erecta*) and 'Sparky Mix' (French marigold; *Tagetes patula*). Both "African" and "French" marigolds actually come from Mexico and Central America (see Taylor 2011 for a historical account of the naming of marigold species). African marigold plants grow to 90 cm (3 ft) in height, producing large flowers that range in color from yellow to deep orange. By comparison, French marigolds are shorter (15-45 cm [6-18 in]) and have smaller orange/red flowers.

Marigolds have a strong odor that both repels pests and makes it more difficult for insects to find the plants they would normally feed on. Marigolds have been reported to reduce a number of pests in various crops. Examples include:

- leafhopper (*Amsrasca biguttula biguttula*) and whitefly (*Bemisia tabaci*) in eggplant (*Solanum melongena*) (Sujayanand *et al.* 2015)
- aphids (*Hyperomyzus lactucae* and *Macrosiphum euphorbiae*) in lettuce (*Lactuca sativa*) (Russo *et al.* 2005)
- root knot nematodes (*Meloidogyne* sp.) or symptoms in tomato (*Solanum lycopersicum*) (Abid and Maqbool 1990), cowpea (*Vigna unguiculata*) (Olabiya and Oyedunmade 2007), sweet potato (*Ipomoea batatas*) (Kumar *et al.* 2005), and soybean (*Glycine max*) (El-Hamawi *et al.* 2004)

Not all nematode species are controlled by marigolds. Suppression of root knot nematodes is most likely to be effective when marigolds are established as a dense cover (with plants no more than 18 cm [7 in] apart) in advance of a main crop (Krueger *et al.* 2010).

More information about African marigold is found in an [ECHO Asia Seed Fact Sheet](#). Plants and seed may already be available in the country in which you are working. Alternatively, see [www.ECHOcommunity.org](http://www.ECHOcommunity.org) for information on how to register as an active development worker to request complementary trial packets of seed.

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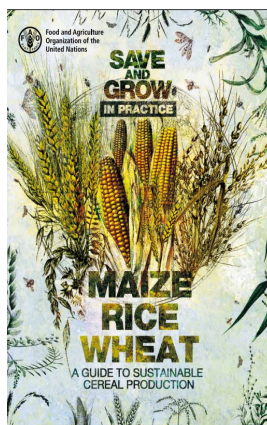
## BOOKS, WEB SITES AND OTHER RESOURCES

### **Save and Grow in Practice: A guide to sustainable cereal production**

Reviewed by Dawn Berkelaar

The FAO (Food and Agriculture Organization of the United Nations) has put together a guide about intensifying crop production in sustainable ways. The guide's overview states, "The 'Save and Grow' model of crop production intensification, proposed by FAO, aims at increasing both yields and nutritional quality, while reducing costs to farmers and the environment." The content is geared toward the world's three main grain crops: rice, wheat and maize.

Many of the "ecosystem-based farming systems" described in the guide are ones that have been promoted by ECHO for years, including conservation agriculture, integrated pest management (IPM), the push-pull system, SRI, slash-and-mulch, and gm/ccs. Examples in the guide also show benefits of integrating animal production and forestry with cereal production.



Source: <http://www.fao.org/3/a-i4009e.pdf>

The "Save and Grow in Practice" document has four sections. Part 1 gives an overview of challenges threatening cereal production, including climate change, environmental degradation and yield plateaus. Part 2 describes five key practices that contribute to sustainability: conservation agriculture, healthy soil, improved crops and varieties, efficient water management, and integrated pest management (IPM). Part 3 shares eleven examples of sustainable farming systems from Africa, Asia, and Central America.

Part 4 of the document includes an initial brief review of what has and has not worked in the introduction and spread of the farming systems described in Part 3. It follows with ten "actions recommended for consideration by countries making the transition to the sustainable intensification of maize, rice and wheat production." The early summary of Part 4 states, "The transition to sustainable crop production intensification requires fundamental changes in the governance of food and agriculture. Making these changes depends on a realistic assessment of the full costs of making the necessary transitions. It also requires the careful adaptation of sustainable farming practices and technologies to site-specific conditions."

"Save and Grow in Practice" is worth a look if you are interested in learning about sustainable intensification of grain crops, and/or about ways to expand such systems. The document is freely available online in multiple formats at <http://www.fao.org/publications/save-and-grow/maize-rice-wheat/en/>. The 100+ page document includes extensive references for those who would like to dig even deeper.

## UPCOMING EVENTS

### **ECHO Florida Events:**

Location: ECHO Global Farm, USA  
Presented by: ECHO

### **23<sup>rd</sup> Annual ECHO International Agriculture Conference**

November 15 – 17, 2016  
Crowne Plaza Hotel and ECHO Global Farm,  
Fort Myers, Florida

**Reminder about Poster Session.** ECHO's 23<sup>rd</sup> Annual International Agriculture conference in Florida will be our second time hosting a poster session. Follow the link(s) for information about preparing and printing a poster.

Poster Categories and Guidelines: <https://www.echocommunity.org/en/pages/eiac-poster-presentation-guidelines>  
Poster Submission Form: [https://echocommunity.site-ym.com/?Eiac\\_Poster\\_Form](https://echocommunity.site-ym.com/?Eiac_Poster_Form)

Sample Poster: [http://c.ymcdn.com/sites/members.echocommunity.org/resource/resmgr/ASIA\\_RIC/Veg-SEA\\_Poster.pdf](http://c.ymcdn.com/sites/members.echocommunity.org/resource/resmgr/ASIA_RIC/Veg-SEA_Poster.pdf)

Sample PowerPoint for Oral Poster Presentation: <http://www.echocommunity.org/resources/a4e9f1bc-d59e-460d-96b5-8fcb4000a764>

Speakers and topics at this year's Conference will include the following:

**Stan Brown**, Director of the IDEAS Central Asia Harvest Project, "Wild Fruits in Central Asia: Their use by local farmers and international interest in the application of such natural diversity in addressing agricultural problems of disease and weather"

**Dr. Tim Motis**, Director of ECHO's Agriculture Technical and Research Division, "Soil Health and Crop Productivity with Tropical Legumes"

**Dr. P.K. Nair**, Distinguished Professor at University of Florida, "Increasing Smallholder Resilience through Agroforestry"

**Scott Sabin**, Executive Director of Plant with Purpose, "Creation Care in Service to the Poor"

**Rex Barber**, Engineering Ministries International (EMI) Architect and Team Leader, "Greenhouse and Aquaponics Projects – design and development in a developing world setting"

**Dr. David Ross**, President of Graduate Institute of Applied Linguistics, "How Linguistics can Benefit Agriculture Development Workers"

**Dr. Roy Beckford**, University of Florida's Agricultural and Natural Resources Agent & Lee County Extension Director, "Biochar for Soil Restoration and Environmental Management: An integrated food-energy systems approach"

**Dr. Anne Wilkie**, Professor of Bioenergy and Sustainable Technology at University of Florida, "The Basics of Biogas for Smallholder Farmers"

**Brad Lancaster**, instructor and author of *Rainwater Harvesting for Drylands and Beyond*, "Water-Harvesting Principles and the Story of an African Rain Farmer: Design guidelines for regenerative water and fertility management".

## **Tropical Agriculture Development Workshops**

- **Tropical Agriculture Development 1: The Basics**  
July 25-29, 2016
- **Introduction to Small-scale Livestock Production in the Tropics**  
September 20-23, 2016

## **Upcoming Events in 2017**

- **Tropical Agriculture Development 1: The Basics**  
January 16-20, 2017

*ECHO's remaining 2017 training schedule will be posted at [ECHOcommunity.org/events](http://ECHOcommunity.org/events).*

## **Upcoming training topics will include:**

- **Bamboo Production, Preservation and Construction**
- **Seed Saving**
- **Principles of Community Development**

## **International Events:**

### **Central America/Caribbean Regional Conference**

September 27-29, 2016  
Location: Best Western, Las Mercedes,  
Managua, Nicaragua

### **Highlands Symposium**

November 1-3, 2016  
Location: Addis Ababa, Ethiopia

Each of ECHO's Regional Impact Centers regularly offers smaller-scale country or topic-specific training workshops throughout their respective regions. Please watch ECHOcommunity for further information. Subscribing to "calendar notifications" will help ensure that you don't miss out.

More information and registration details can be found on [www.ECHOcommunity.org](http://www.ECHOcommunity.org).

## **Other Events:**

### **Farming God's Way Training**

Presented by: Grant Dryden (RSA)

August 25-27, 2016  
Location: New Hope Christian Church  
5780 South 650 East  
Whitestown, IN 46075

Cost: \$20 per person  
for training & lunch

Contact Brian at [brian.smith@tds.net](mailto:brian.smith@tds.net) to register or if you have any questions

Targeted audience for this Farming God's Way Training is limited to US residents. No assistance will be provided for obtaining visas.



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This issue is copyrighted 2016. Selected material from *EDN* 1-100 is featured in the book *Agricultural Options for Small-Scale Farmers*, available from our bookstore ([www.echobooks.org](http://www.echobooks.org)) at a cost of \$19.95 plus postage. Individual issues of *EDN* may be downloaded from our website ([www.ECHOcommunity.org](http://www.ECHOcommunity.org)) as pdf documents in English (51-132), French (91-131) and Spanish (47-131). Recent issues (101-132) can be purchased as a group from our bookstore ([www.echobooks.org](http://www.echobooks.org)). Earlier issues (1-51 in English) are compiled in the book, *Amaranth to Zai Holes*, also available on our website. ECHO is a non-profit, Christian organization that helps you help the poor to grow food.

**PLEASE NOTE: At ECHO we are always striving to be more effective. Do you have ideas that could help others, or have you experimented with an idea you read about in *EDN*? What did or did not work for you? Please let us know the results!**