

Chart 7

A COMPARISON OF MISCELLANEOUS VEGETABLES

Common Name	Species Name	Annual/ Perennial	Propagation	Growth Habit	Edible Parts and Uses	Principal Nutrients	Adaptation				Negative factors
							Temp	Daylength	Flood	Dry	
Asparagus	Asparagus officinale	perennial	seed, offshoot	bush, large rhizomes	young tender shoots, cooked pickled	vit. C	cool-warm	neutral	no	some	needs 3-5 years
Bamboo shoots	Several spp.	perennial	offshoot	tall woody grass	young culm		warm to hot	time dependent	often	often	very large
Buffalo gourd	Cucurbita foetidissima	perennial	seed	bush/vine	seeds for oil and flour	oil, high protein	warm to hot	long day	no	yes	
Bunching onion	Allium fistulosum	perennial	seed, offshoot	herb w/ bulb	entire plant as condiment	vit. C	cool warm	short day	no	no	
Chestnut, water	Eleocharis dulcis	perennial	corm	reed in mud	corm	starch	warm to hot	long day	yes	no	
Chinese chives	Allium tuberosum	perennial	offshoot	herb	green foliage as spinach	vit A,C	warm hot	short day	no	no	
Coconut sprout	Cocos nucifera	perennial	seed	tall tree	root ball after germination		hot	neutral	some	some	
Egusi	Colocynthus citrullis	annual	seed	trailing vine	roasted seeds as snacks or ground	high protein	warm to hot	neutral	no	yes	
Izote	Yucca elephantipes	perennial	seed, cutting	large woody bush	mature bud and flower raw or cooked, heart must be cooked	flower- vit.C, calcium in heart	warm to hot	neutral	no	no	chiefly for other uses, inefficient production
Onion	Allium cepa	perennial	seed, bulbs	herb	bulb as condiment	vit. C	warm	short and long day varieties	no	no	specific varieties and planting dates

											needed
Pacaya	Chamae- dorea spp.	perennial	seeds	small palm	young inflorescence	protein	hot		no	no	inefficient production
Palm heart	Many spp.	perennial	seeds	branched palms	tender growing tip	protein, vit. B	hot	neutral	some	some	inefficient production
Pit pit	Saccharum edulis	perennial	cutting	large grass	bottled up flower cooked as vegetable	protein	hot	short day	some	no	inefficient production
Rhubarb (as annual)	Rheum rhaponti	perennial	seed, offshoot	large herb	petioles cooked	vit. C	cool warm	neutral	some	no	mostly temperate
Roselle	Hibiscus sabdariffa	annual	seed	large woody herb	calyxes of pod as fruit	vit. C	warm	short day	no	some	
Sweet corn	Zea mays	annual	seed	tall herb	immature ear	carbohydrate, P, niacin	warm	neutral to short day	no	no	