



Profitable Farming with Integrated Livestock



including
 Resource
 Recovery
 Utilizing
 EM

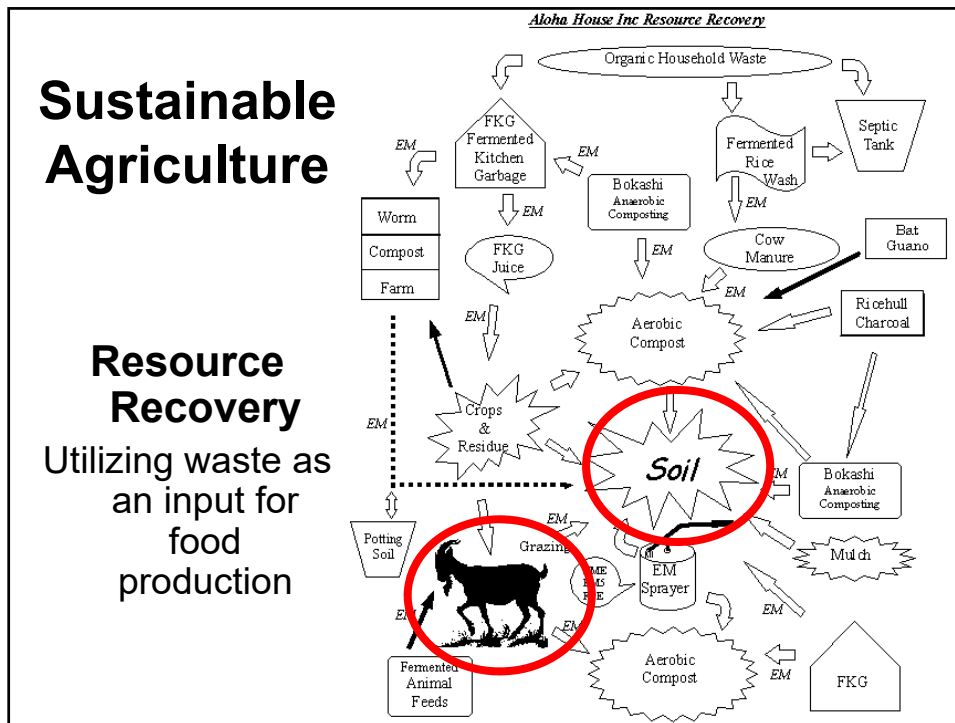


By Keith O.
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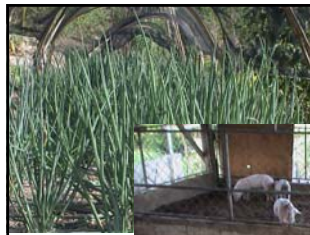
“Modern agriculture is the use of land to convert petroleum into food.”



Resource Recovery
Utilizing waste as an input for food production



A group of piglets are gathered around a dark, curved trough, drinking from a yellowish liquid. A stream of water is being poured into the trough from above, creating a splash. The piglets have pinkish skin and are looking towards the camera. The background is a dark, muddy ground.



Sustainable Agriculture



Low Cost/
High Value
Food Production

Utilize Waste for
Food Production

Grow what you like to eat first, replace some
of what you are buying the most of

- Spend 1 year with first livestock system
- Master 1 technology at a time
- Master 2 vegetables at a time



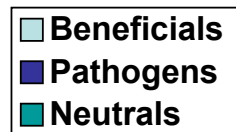
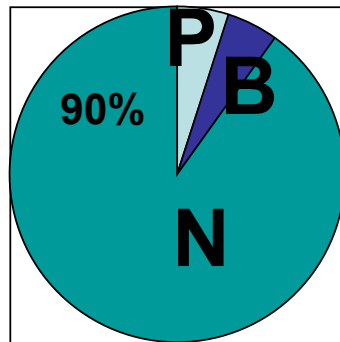
Total Microbial Balance

Pathogens-Destructive- Disease causing

- 5% of total population
- Will dominate with excess wastes

Beneficials

5% of total population
Will dominate when population increased



Abused Chemical System

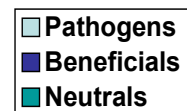
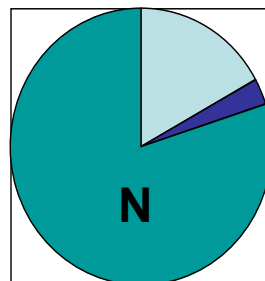
Pathogens

- Higher % of total population
- Dominant

Beneficials
Lower % of total population
Little effect

Results

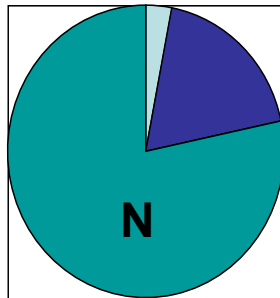
- Disease
- Infestations
- Poor nutritional end product
- Inefficiencies in resource utilizations
- Toxins are passed on to consumer
- Expensive chemicals to control symptoms



Healthy Sustainable System

Pathogens

- Lower % of total population
- Little effect



Beneficials

Higher % of total population
Dominant

Results

Low Disease
Minimal Insects
Excellent nutritional end product
No Toxins are passed on to consumer
Low input/Low cost

Sustainable Agriculture

Organic Farming, Natural Farming, Nature Farming

- Utilize farm and commercial waste for fertility



WITHOUT Ever using:

- Chemical Fertilizers
- Pesticides
- Fungicides
- Herbicides
- They are all suicides

Natural Farming Models

The Golden Rule
Feed the soil and it
will feed the plants



Feeding the soil will feed the plant

Increase the Humus Content with:

Fermented Kitchen Waste

Rice Hull Charcoal

Green Fertilizers

Animal Waste

Composting

Mulching

Bokashi

EM

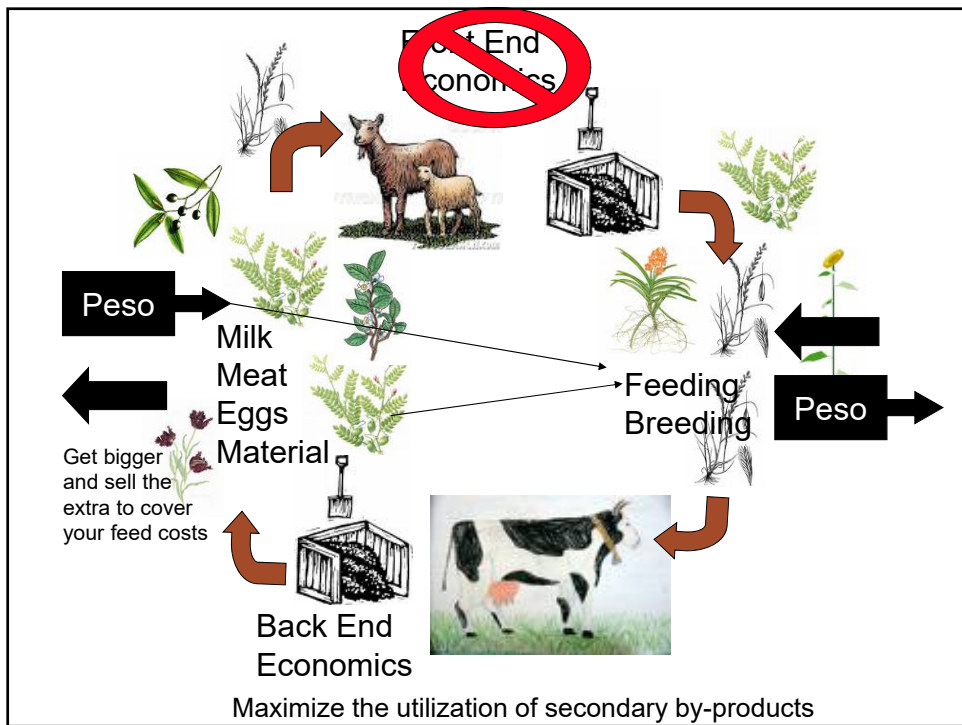
The Fundamentals

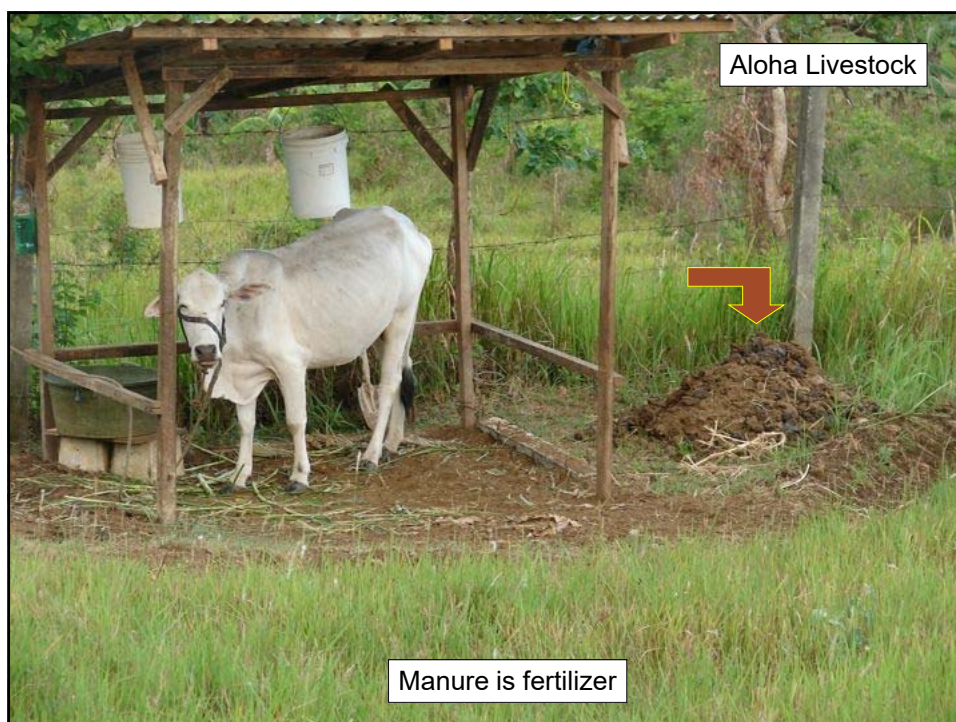
The 10
Commandments of
Sustainable
Agriculture

The 10 Fundamentals

- Crop Rotation
- Legume Usage
- Companion Planting
- Composting
- Green Fertilizers
- Mulching
- Cover Cropping
- Minimal Tillage
- Insect Habitat

Integrated Livestock







Small Piggeries

- Won't make you rich
- Will earn for **your family**



It is less work than some livelihoods but requires proper management because of the high risk

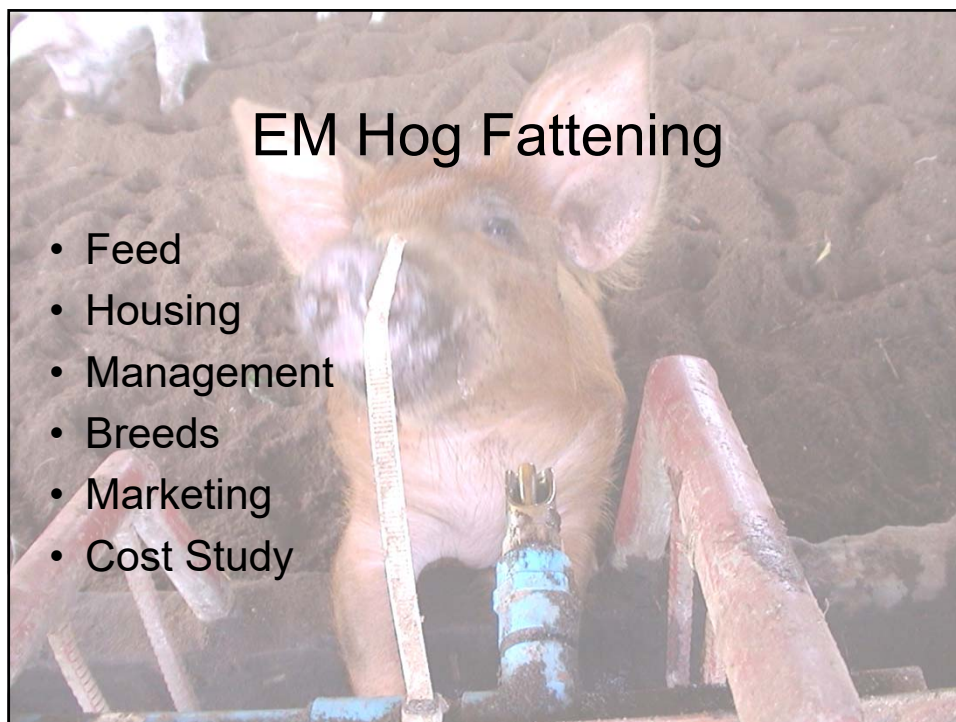
Sustainable Concepts







**Start small
and grow into it**

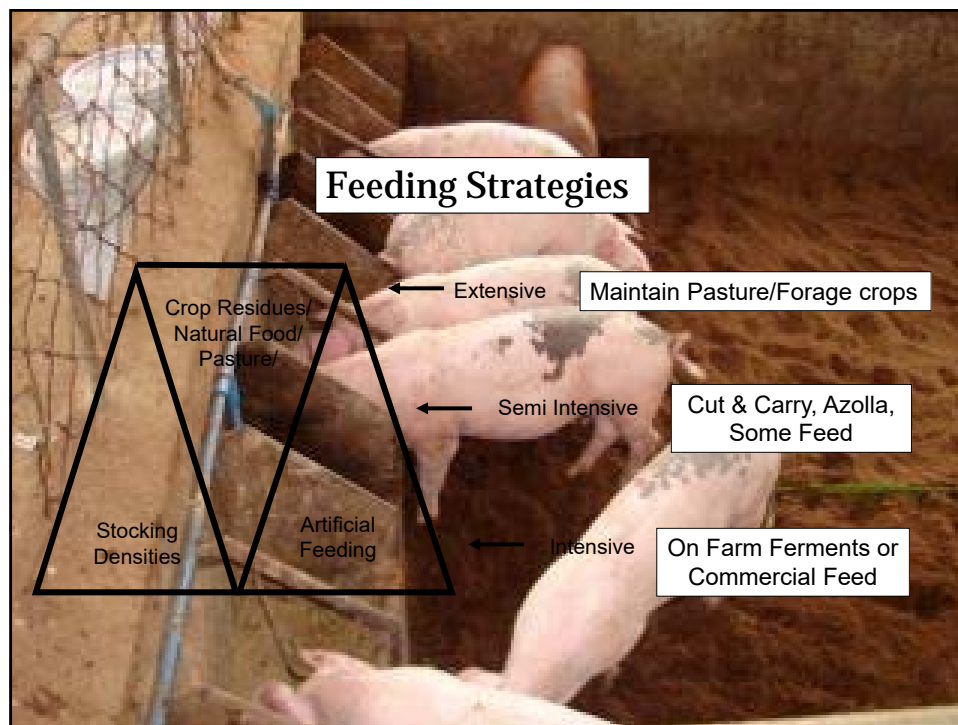
Develop your project with the confidence that God wants you

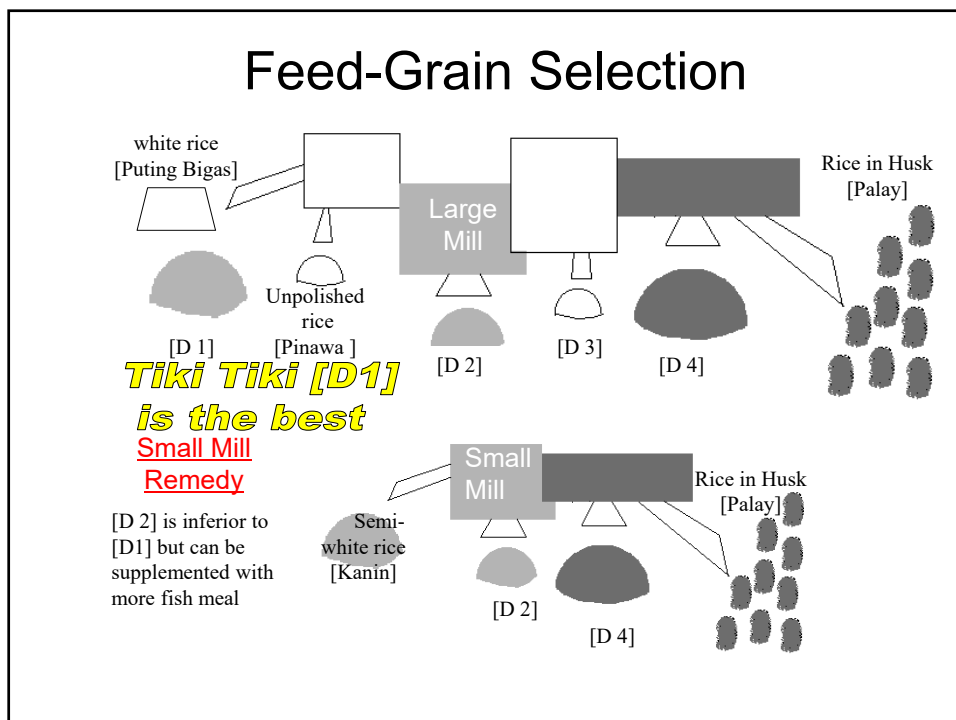
- to grow through the failures
- and thank Him for the successes



Feed - Grain Terms

	<u>Name</u>	<u>Filipino</u>	<u>Waste Source</u>	<u>Carbon/Nitrogen</u>
 [D1]	Rice Hull	Ipa, Labhang	From Dehusking	high - carbon
 [D3]	Crushed Rice Hull	Magaspang	from beltway	high carbon/ some nitrogen
 [D2]	Rice Bran	Darak	from cleaning	some carbon/ some nitrogen
	Rice Bran	Tiki Tiki	from polishing	high protein- nitrogen













Feed-EM Mix



Soy Meal

EM helps in livestock!

1. Boosts stomach flora
2. Prevents worms
3. Probiotic
4. Increases digestible protein
5. Minimizes odors
6. Increases fertilizer value
7. Prevents ammonium build up

Pig Protein - Soy w/ legumes

	Crude Protein	Cost P/ 50K sack	Cost P/ Kilo
B Meg Starter	18.00%	1,100.00	22.00
Fermented EM Feed	18.25%	537.29	10.75

Formula	Crude Protein	Weight (K)	Cost P/Kilo	CP Units	COST (Pesos)
Tiki Tiki	14.00%	50.00	9.00	7.00	450.00
Copra Meal	22.00%	8.00	9.00	1.76	72.00
Soy Meal	47.00%	11.00	31.00	5.17	341.00
Gulay	7.00%	11.00	0.00	0.77	0.00
Livestock Lime	0.0%	0.10	8.00	0.00	0.80
Rock Dust Minerals	0.0%	0.02	2.00	0.00	0.04
Charcoal-fine	0.0%	0.24	1.00	0.00	0.24
EM & Molases (each 100ml/10 Liters)		0.20	8.00	--	1.60
		80.56		14.70	865.68

SOY INFANT FORMULA - BIRTH CONTROL PILLS FOR BABIES

Babies fed soy-based formula have 13,000 to 22,000 times more estrogen compounds in their blood than babies fed milk-based formula. Infants exclusively fed soy formula receive the estrogenic equivalent of at least five birth control pills per day.

Male infants undergo a "testosterone surge" during the first few months of life, when testosterone levels may be as high as those of an adult male. During this period, baby boys are programmed to express male characteristics after puberty, not only in the development of their sexual organs and other masculine physical traits, but also in setting patterns in the brain characteristic of male behavior.

In animals, studies indicate that phytoestrogens in soy are powerful endocrine disrupters. Soy infant feeding—which floods the bloodstream with female hormones that inhibit testosterone—can't be ignored as a possible cause of disrupted development patterns in boys, including learning disabilities and attention deficit disorder. Male children exposed to DES, a synthetic estrogen, had testes smaller than normal on maturation and infant marmoset monkeys fed soy isoflavones had a reduction in testosterone levels up to 70 percent compared to milk-fed controls.

Almost 15 percent of white girls and 50 percent of African-American girls show signs of puberty, such as breast development and pubic hair, before the age of eight. Some girls are showing sexual development before the age of three. Premature development of girls has been linked to the use of soy formula and exposure to environmental estrogen-mimickers such as PCBs and DDE.

Intake of phytoestrogens even at moderate levels during pregnancy can have adverse effects on the developing fetus and the timing of puberty later in life.

SOY DANGERS SUMMARIZED

High levels of phytic acid in soy reduce assimilation of calcium, magnesium, copper, iron and zinc. Phytic acid in soy is not neutralized by ordinary preparation methods such as soaking, sprouting and long, slow cooking. High phytate diets have caused growth problems in children.

Trypsin inhibitors in soy interfere with protein digestion and may cause pancreatic disorders. In test animals soy containing trypsin inhibitors caused stunted growth.

Soy phytoestrogens disrupt endocrine function and have the potential to cause infertility and to promote breast cancer in adult women.

Soy phytoestrogens are potent antithyroid agents that cause hypothyroidism and may cause thyroid cancer. In infants, consumption of soy formula has been linked to autoimmune thyroid disease.

Vitamin B₁₂ analogs in soy are not absorbed and actually increase the body's requirement for B₁₂.

Soy foods increase the body's requirement for vitamin D. Toxic synthetic vitamin D₂ is added to soy milk.

Fragile proteins are over-denatured during high temperature processing to make soy protein isolate and textured vegetable protein.

Processing of soy protein results in the formation of toxic lysinoalanine and highly carcinogenic nitrosamines.

Free glutamic acid or MSG, a potent neurotoxin, is formed during soy food processing and additional amounts are added to many soy foods to mask soy's unpleasant taste.

Soy foods contain high levels of aluminum, which is toxic to the nervous system and the kidneys.

The Weston A. Price Foundation is supported solely by membership contributions and private donations and does not accept funding from the meat or dairy industries.

Soy Alert!



THE
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for *Wise Traditions*
IN FOOD, FARMING AND THE HEALING ARTS
Education • Research • Activism

 *Soy Alert!* is a project of 
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1. High levels of phytic acid in soy reduce assimilation of calcium, magnesium, copper, iron and zinc. Phytic acid in soy is not neutralized by ordinary preparation methods such as soaking, sprouting and long, slow cooking. High phytate diets have caused growth problems in children.
2. Trypsin inhibitors in soy interfere with protein digestion and may cause pancreatic disorders. In test animals soy containing trypsin inhibitors caused stunted growth.
3. Soy phytoestrogens disrupt endocrine function and have the potential to cause infertility and to promote breast cancer in adult women.
4. Soy phytoestrogens are potent antithyroid agents that cause hypothyroidism and may cause thyroid cancer. In infants, consumption of soy formula has been linked to autoimmune thyroid disease.
5. Vitamin B₁₂ analogs in soy are not absorbed and actually increase the body's requirement for B₁₂.

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The Weston A. Price Foundation®

For

WiseTraditions

in Food, Farming and The Healing Arts

Education • Research • Activism

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1. Soy foods increase the body's requirement for vitamin D. Toxic synthetic vitamin D2 is added to soy milk.
2. Fragile proteins are over-denatured during high temperature processing to make soy protein isolate and textured vegetable protein.
3. Processing of soy protein results in the formation of toxic lysinoalanine and highly carcinogenic nitrosamines.
4. Free glutamic acid or MSG, a potent neurotoxin, is formed during soy food processing and additional amounts are added to many soy foods to mask soy's unpleasant taste.
5. Soy foods contain high levels of aluminum, which is toxic to the nervous system and the kidneys.

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Feed-EM Mix

Fish Meal

EM helps in livestock!

1. Boosts stomach flora
2. Prevents worms
3. Probiotic
4. Increases digestible protein
5. Minimizes odors
6. Increases fertilizer value
7. Prevents ammonium build up

Pig Protein - Some FAA w/ Fish Meal Low CP Gulay

	Crude Protein	Cost P/ 50K sack	Cost P/ Kilo
B Meg Starter	18.00%	1,100.00	22.00
Fermented EM Feed	17.99%	487.83	9.76

Formula	Crude Protein	Weight (K)	Cost P/Kilo	CP Units	COST (Pesos)
Tiki Tiki	14.00%	50.00	9.00	7.00	450.00
Copra Meal	22.00%	7.00	9.00	1.54	63.00
Fish Meal	47.00%	9.00	20.00	4.23	180.00
Gulay	7.00%	4.00	0.00	0.28	0.00
Livestock Lime	0.0%	0.10	8.00	0.00	0.80
Rock Dust Minerals	0.0%	0.02	2.00	0.00	0.04
Charcoal - fine	0.0%	0.21	1.00	0.00	0.21
Fish Silage (FAA)	33.0%	2.00	6.00	0.66	12.00
EM & Molases (each 100ml/10 Liters)		0.20	8.00	--	1.60
		72.53		13.05	707.65

Feed-EM Mix

FAA
Walang Fish Meal

EM helps in livestock!

1. Boosts stomach flora
2. Prevents worms
3. Probiotic
4. Increases digestible protein
5. Minimizes odors
6. Increases fertilizer value
7. Prevents ammonium build up

Pig Protein - FAA no Fish Meal - Low CP Gulay

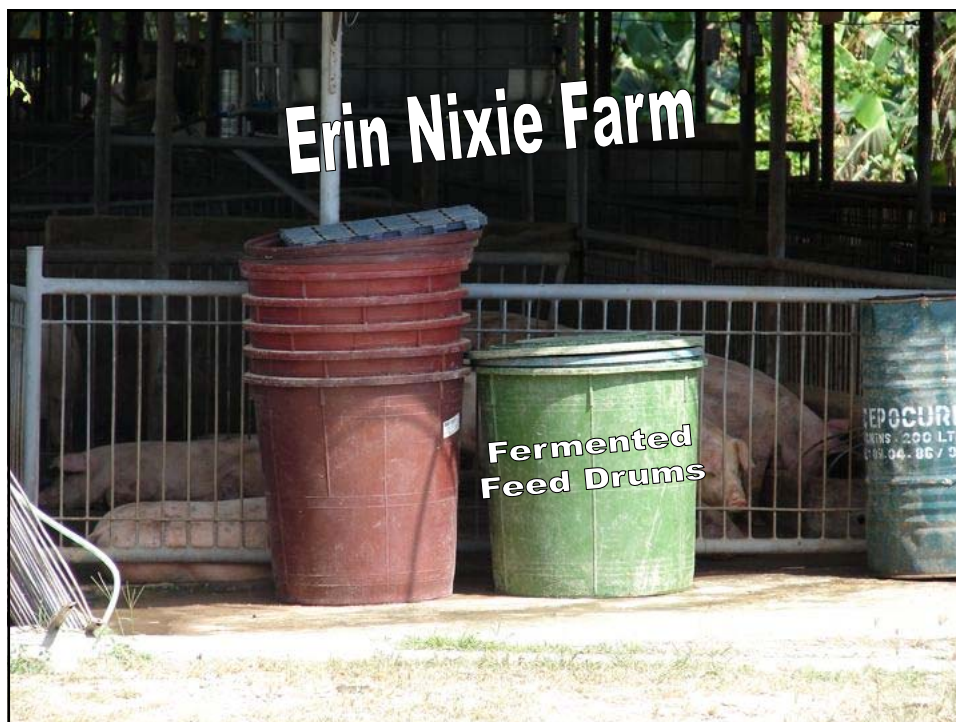
	Crude Protein	Cost P/ 50K sack	Cost P/ Kilo
B Meg Starter	18.00%	1,100.00	22.00
Fermented EM Feed	18.00%	395.81	7.92

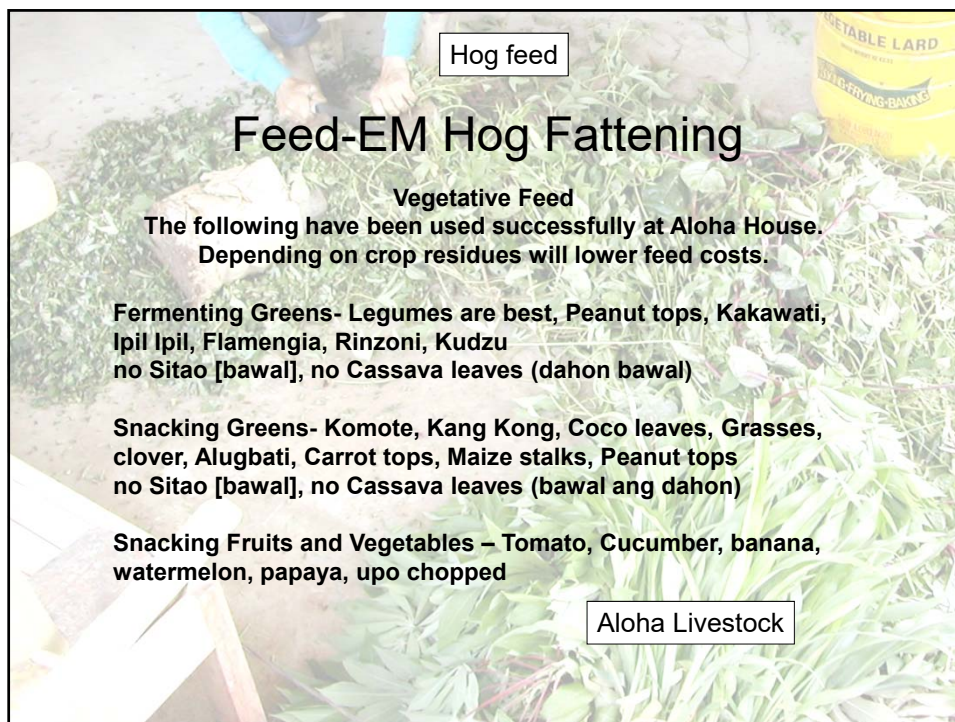
Formula	Crude Protein	Weight (K)	Cost P/Kilo	CP Units	COST (Pesos)
Tiki Tiki	14.00%	50.00	9.00	7.00	450.00
Copra Meal	22.00%	7.00	9.00	1.54	63.00
Fish Meal	47.00%	0.00	20.00	0.00	0.00
Gulay	7.00%	4.00	0.00	0.28	0.00
Livestock Lime	0.0%	0.10	8.00	0.00	0.80
Rock Dust Minerals	0.0%	0.02	2.00	0.00	0.04
Charcoal - fine	0.0%	0.18	1.00	0.00	0.18
Fish Sludge (FAA)	33.0%	15.00	6.00	4.95	90.00
EM & Molases (each 100ml/10 Liters)		0.20	8.00	--	1.60
		76.50		13.77	605.62







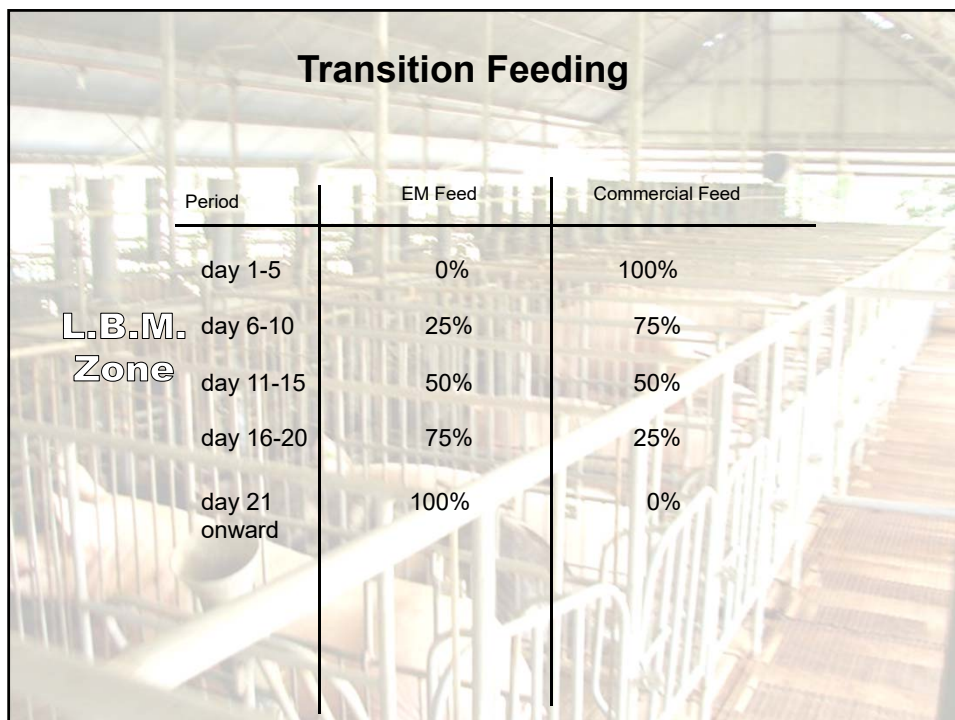








Feeding for Developmental Stages			
Period	EM Fermented Feed	Crop Residue Cut and Carry	Daily Amount Of EM Feed
0 to 45 days [To weaning]	Pre Starter	None	Ad Lib [continual till 5 pm]
46 days to 18 Kilos	Starter	12:00 noon	Ad Lib [continual till 5 pm]
18-50 Kilos	Grower	3 x daily	1-2+ Kilos EM Feed
50+ Kilos	Finisher	Ad Lib	1 Kilo
Sow	Maintenance	3x	2-3 Kilo
Sow	Pregnant	Ad lib	3 Kilo
Sow	Lactating	Ad lib	3 Kilo + ½ kilo/piglet



Transition Feeding

Period	EM Feed	Commercial Feed
day 1-5	0%	100%
L.B.M. day 6-10	25%	75%
Zone day 11-15	50%	50%
day 16-20	75%	25%
day 21 onward	100%	0%

Hog Housing

Bedding of the Pig Pen

Materials Description:

Sawdust -preferably the coarse rather than the fine dust, but a mix will work fine
 - in warm area, preferably coconut sawdust to make the bedding cool
 - in cold area, preferably forest sawdust to make the bedding warm

Rice Hull Charcoal - Carbonized (Uling) not ash [any ground charcoal works]
 No raw rice hull (hindi ipa)

Soil Preferably sandy loam or garden soil but clay soil is ok

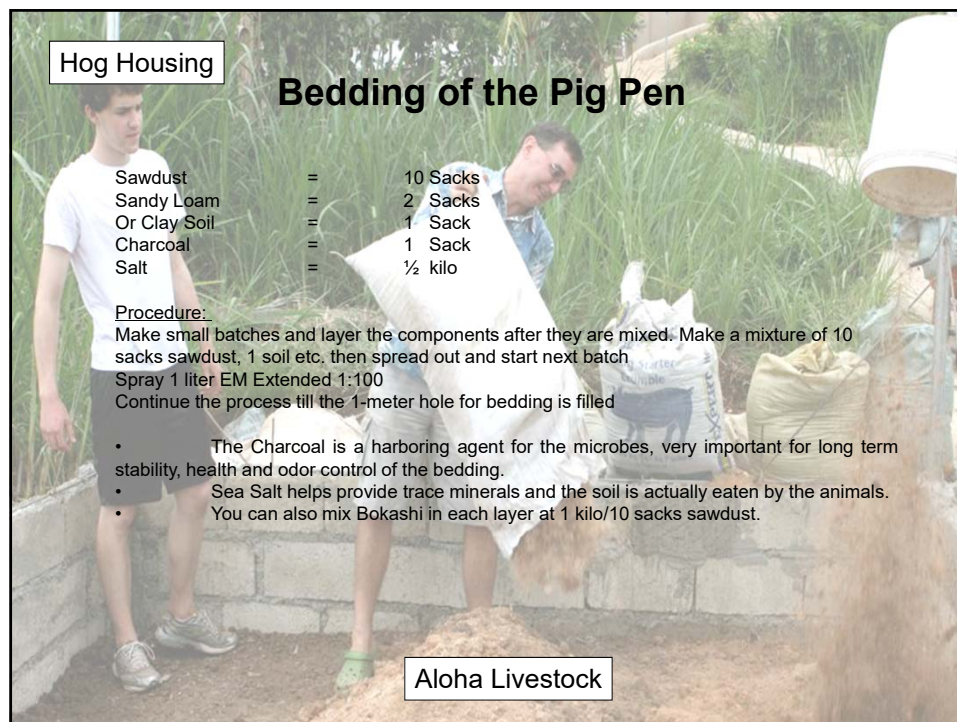
Salt Rock salt or sea salt

Sawdust	=	10 Sacks
Sandy Loam	=	2 Sacks
Or Clay Soil	=	1 Sack
Charcoal	=	1 Sack
Salt	=	½ kilo

Aloha Livestock





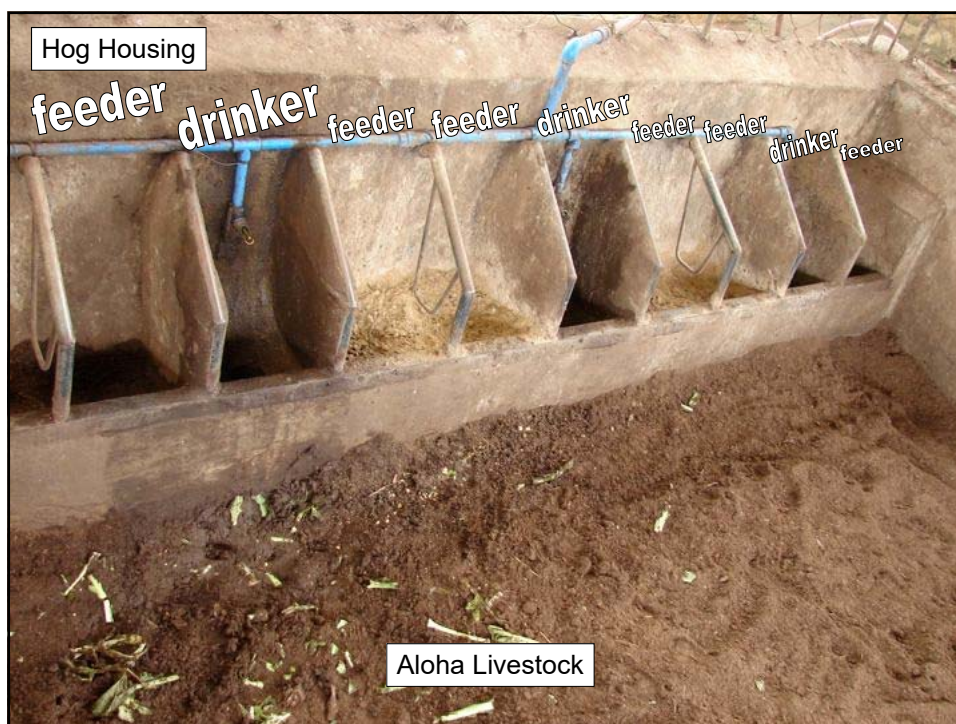














Housing-EM Hog Fattening

- Make the roof leak proof with good airflow below. Bedding can not get wet. You must not build over low areas where water will leach into the bedding. The bedding is 1 meter deep and lined with hollow block to prevent the pigs from digging under fencing.

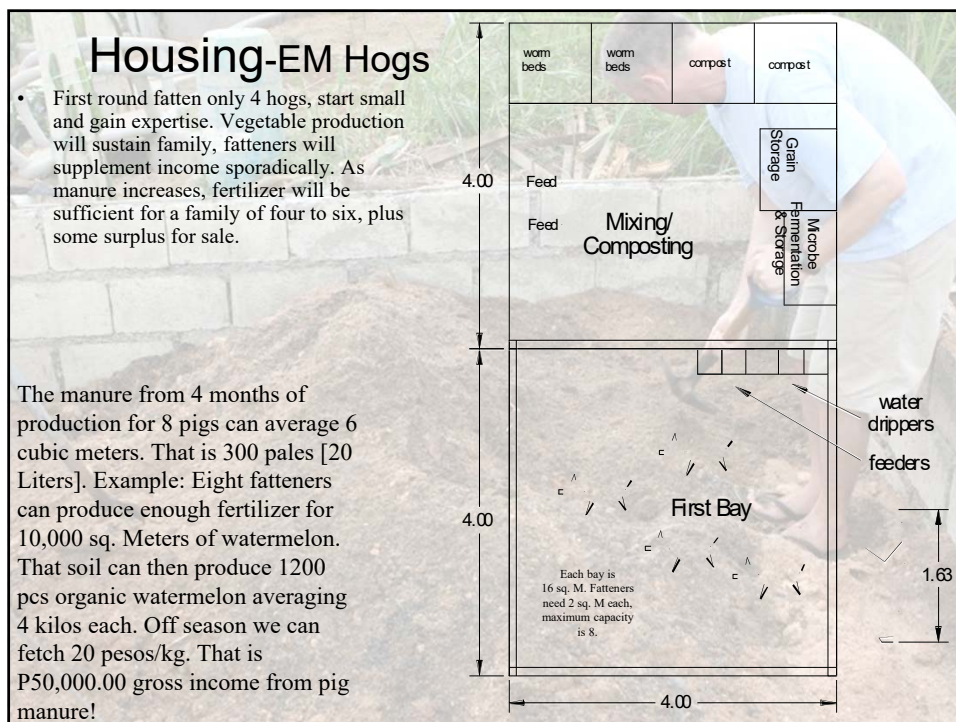
The pigs prosper when they are allowed to follow their instincts of rooting and digging.

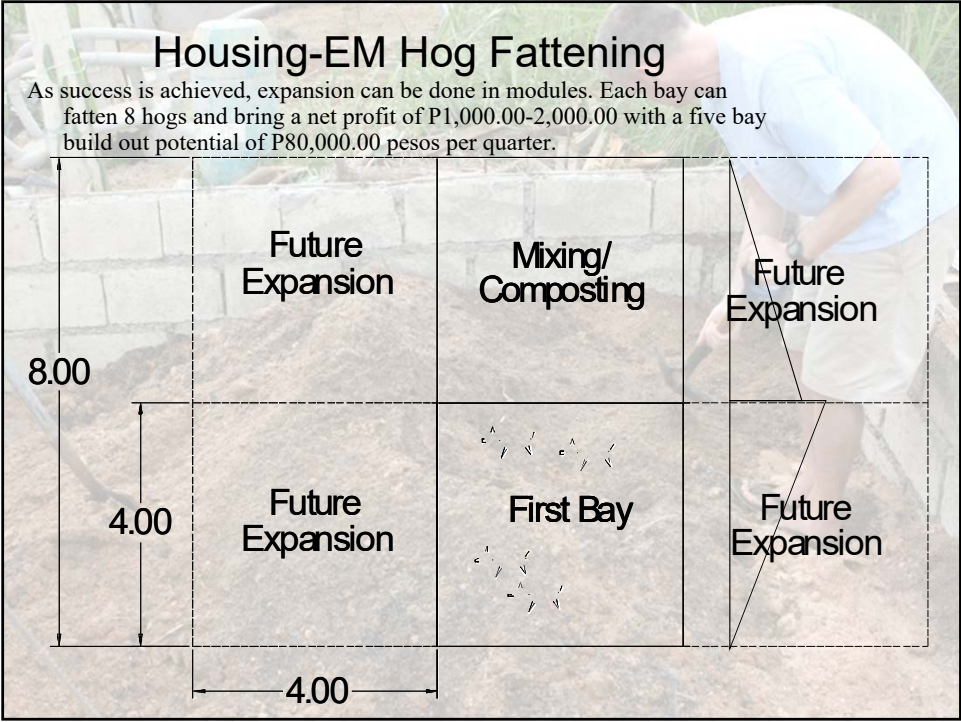
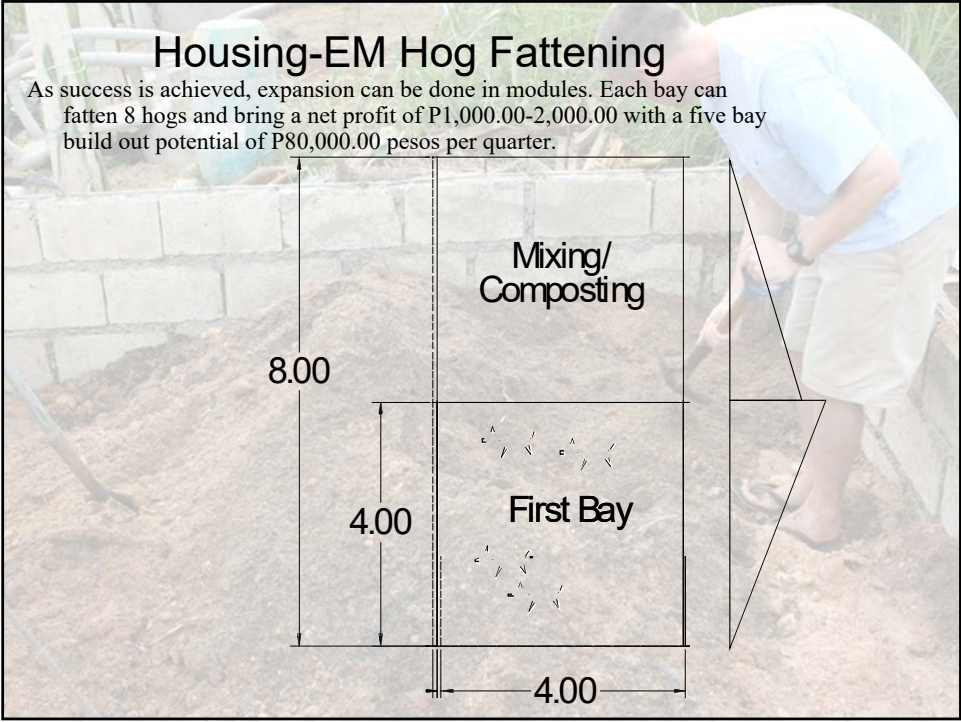
Build above ground if drainage is a problem, the bedding can not get wet or the microbes die!

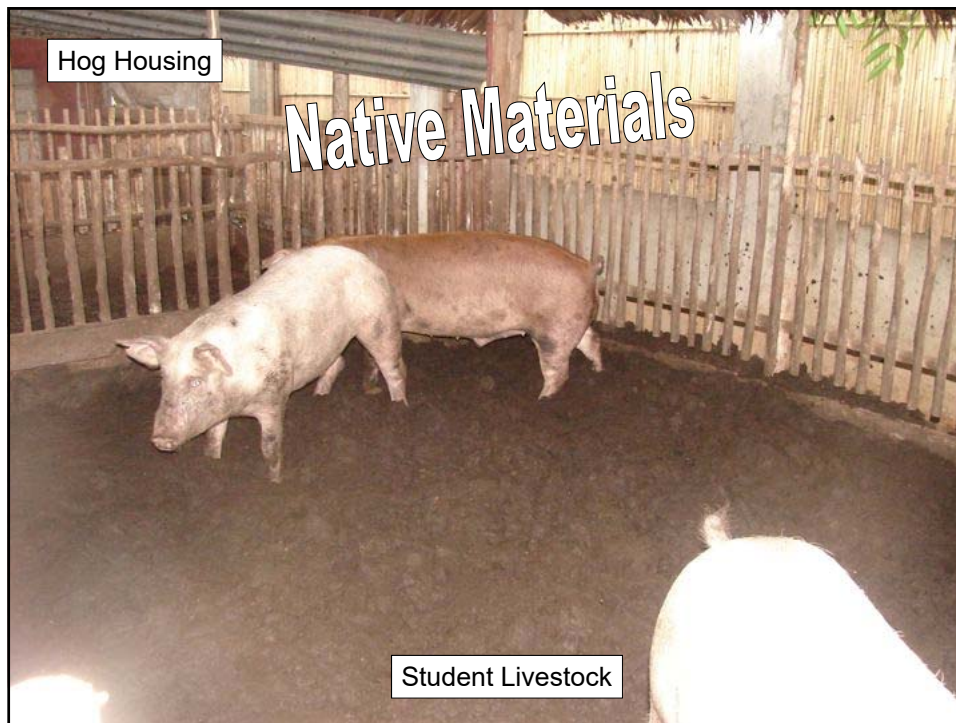
Either roof design works as long as rain does not enter. They need help staying cool and we no longer spray them or wash them with water. EME is sprayed weekly to control odors. Also water is treated with EME 1:1000 and feed is fermented with EM. **TWO [2] SQUARE METERS ARE REQUIRED PER PIG FOR FATTENING, OVER CROWDING DOES NOT WORK.** Average weight is lower and it causes disease .











Breeds-EM Hog Fattening

- Good genetics is more important than good breeds
- Land raise
- Large white
- Landraise/LargeWhite (hybrid vigor)
- Durok males (females-poor furrowing sows)
- Look for professional growers
- Avoid pointy nosed native blood

Breed Selection

*Palawan Bearded Pig
(Sus ahoenobarbus)*

Aloha Livestock



Problems - EM Hog Fattening

• Pig Problems

- Never feed sitao, it is toxic to pigs
- Use ipil ipil sparingly - kunti kunti -skin/hair loss
- Ipa/labhang (rice hull) is not best in the bedding
- Coco lumber sawdust is best
- Gemelina sawdust is toxic to pigs
- Bad odor is from wet bedding or bad feed. Do not feed with kitchen/ restaurant food.
- Do not feed your livestock with darak, use only Tiki Tiki.
- Fish meal and copra meal are high protein.
- 10% copra meal is the maximum in feed, more will cause LBM (diarrhea).

Problems - EM Hog Fattening

Problema	Possible Cause	Solution
Foul Odor	Bad feed	Mix with out kitchen waste, use soy meal not fish meal
	Wet bedding	Dripper drainage, roof leaks, house in low area, flood area
	No beneficial microbes	Use EME in bedding, feed and water
Rashes on Pigs	Sitao in feed	Quit feeding sitao, try other legumes
	Too much kakawati, Ipil 2	Quit feeding kakawati, Ipil Ipil
	Rice hull (ipa) in bedding	Use sawdust lang
	Mites	Isolate, coat with oil / aloe vera
Slow Growth	Bad genetics	Get professionally bred hogs
	Bad feed mix	Use high protein feed stock and gulay
	Stress	Over crowding, give 2 sq. M each pig
Diarrhea	Bad feed	Ferment with EME one week, 10% copra meal only
	Too much soil/shallow	Remove soil - Add sawdust
Flies	Wet bedding	Dripper drainage, roof leaks, house in low area, flood area
	Bad feed	Mix with out kitchen waste, use soy meal not fish meal
	No beneficial microbes	Use EME in bedding, feed and water

After much clinical research, experts have now identified the top four leading causes of premature death...

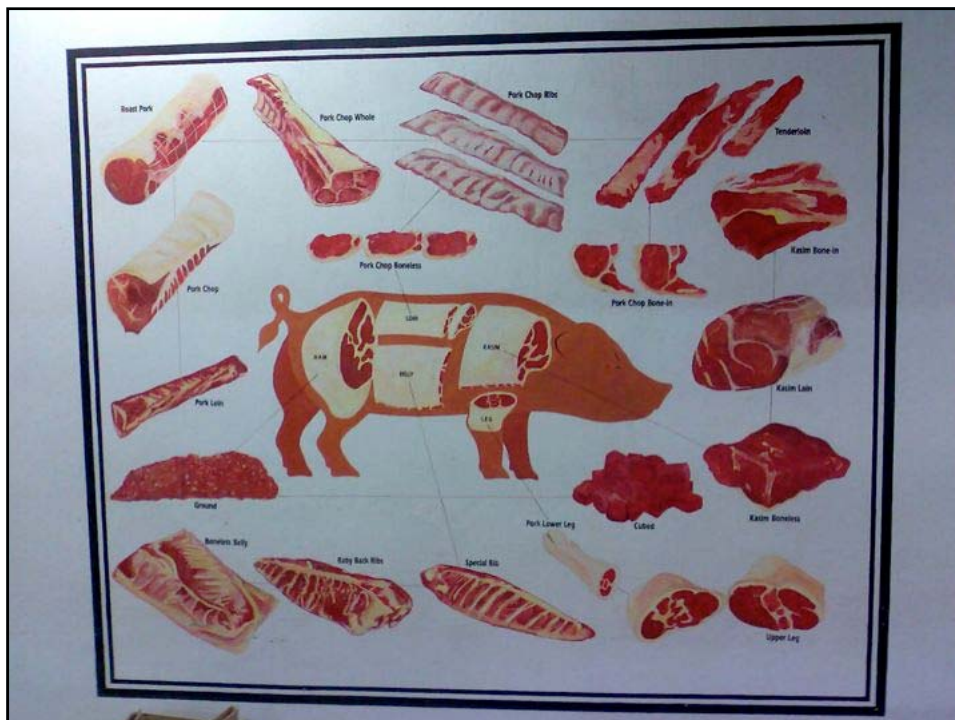






Marketing - EM Hog Fattening

- Direct Sell
- Pre-sell through Text SMS Messaging
- Add on products



Marketing - EM Hog Fattening

- NCCC/ Market etc.
(minimums)
- Direct Sell
(value added products)



Cost Study- EM Hog Fattening

				Total Feed Cost		1,433.27 P
				Delivery costs		167.00 P
				Piglet Cost		2,500.00 P
					TOTAL COST	4,100 P
SALE PRICE		Break	Profit = SALE PRICE - TOTAL COST			
		Even Weigh	KGS 70.00	KGS 80.00	KGS 90.00	KGS 100.00
75 P/Kilo		49.8	1,616.73	2,016.73	2,766.73	3,516.73
80.00 P/Kilo		46.9	1,966.73	2,416.73	3,216.73	4,016.73
85.00 P/Kilo		44.3	2,316.73	3,216.73	4,116.73	4,516.73
90 P/Kilo						5,017 P

A Case Study – Natural Pork

- 16 Hogs - Fatteners
- Cover 2 farmers salary
- Spend ½ hour per day Feeding, caring (no washing)
- 3 hours per week (mixing feed)



= 13 man hours per day for cash
crops – gulay not palay

A Case Study – Natural Pork



- If 16 Hogs works then would 160 work better?
- So just add a zero, move a decimal point, multiply for projections, right?
- WRONG

Nothing is sustainable without careful growth through skilled hands on management.

Why do you think the Chinese live over their work and never take a vacation?

Hog Log



Hog Log



Hog Log

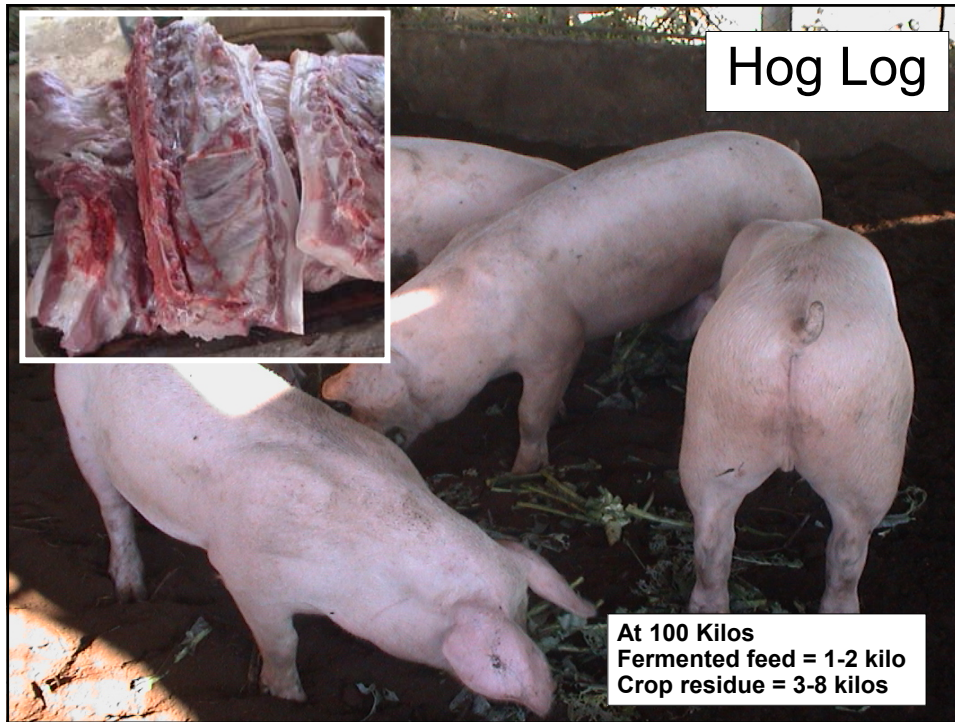
Found good supplier



Hog Log

At 70 Kilos
Fermented feed=1kilo
Crop residue=2-3kilos





Hog Log

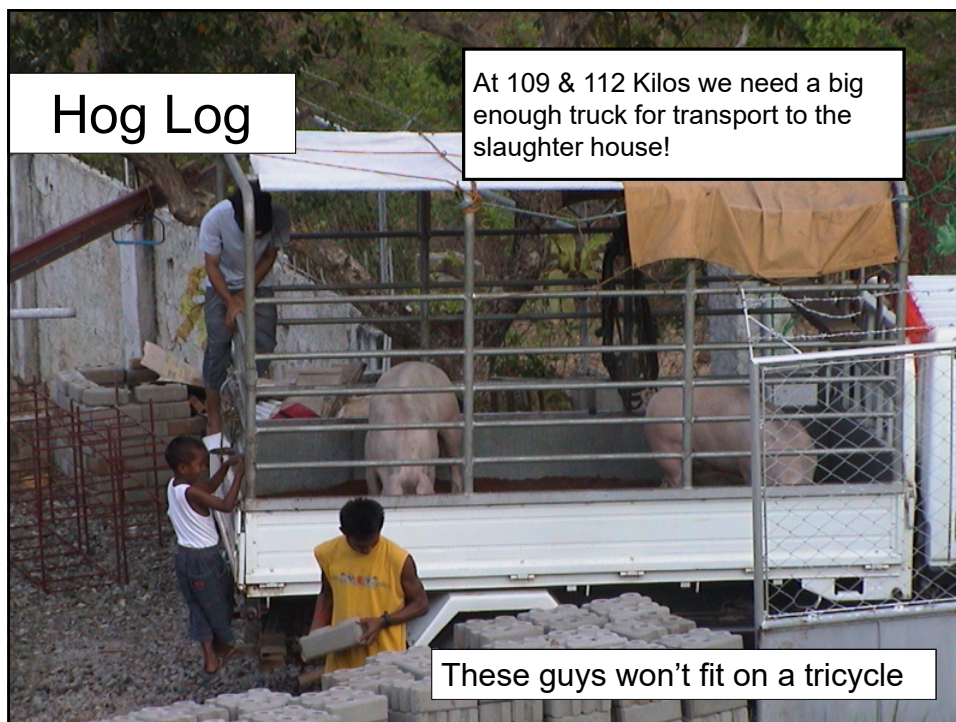


Butcher brings slaughtered animals in the morning

Hog Log



These guys won't fit on a tricycle



Hog Log



These guys won't fit on a tricycle

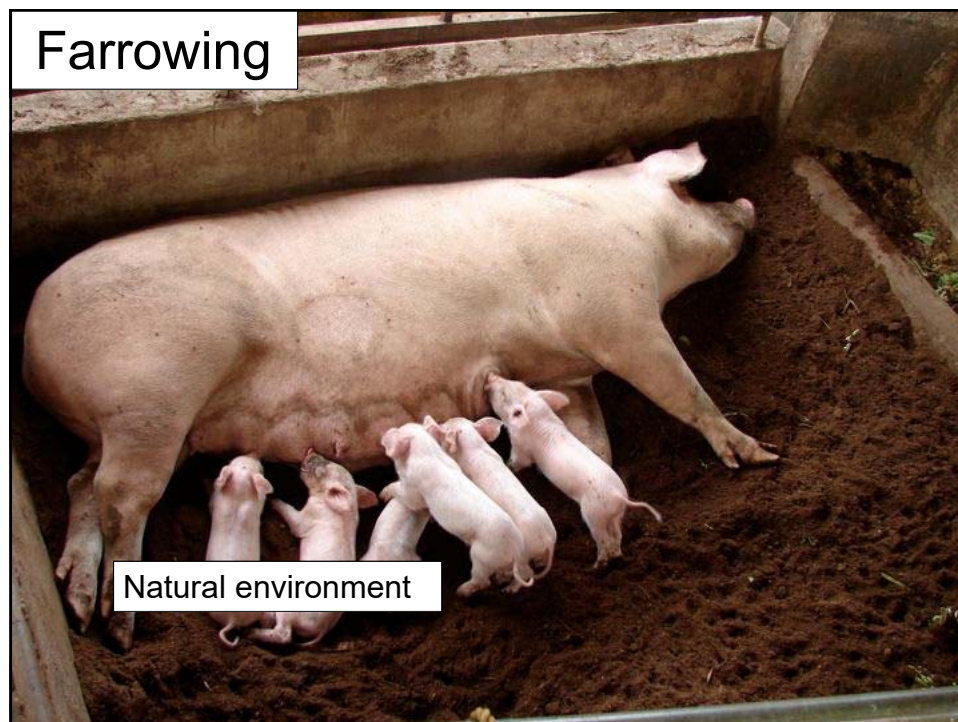
Hog Log



These guys won't fit on a tricycle

Hog Log





Cattle



Natural environment

Brownie

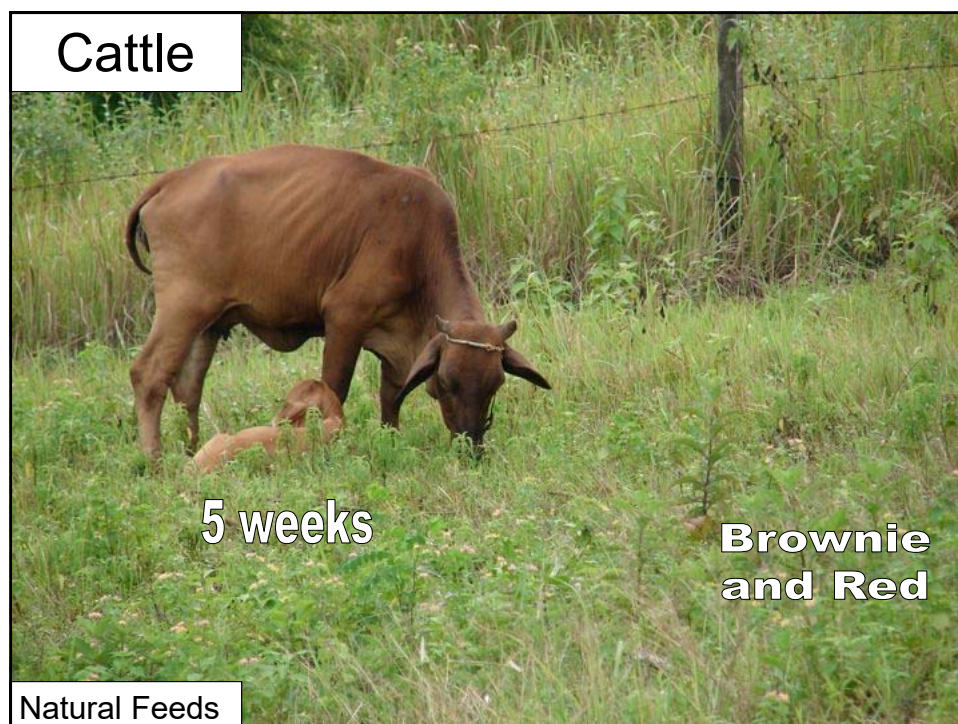
Cattle

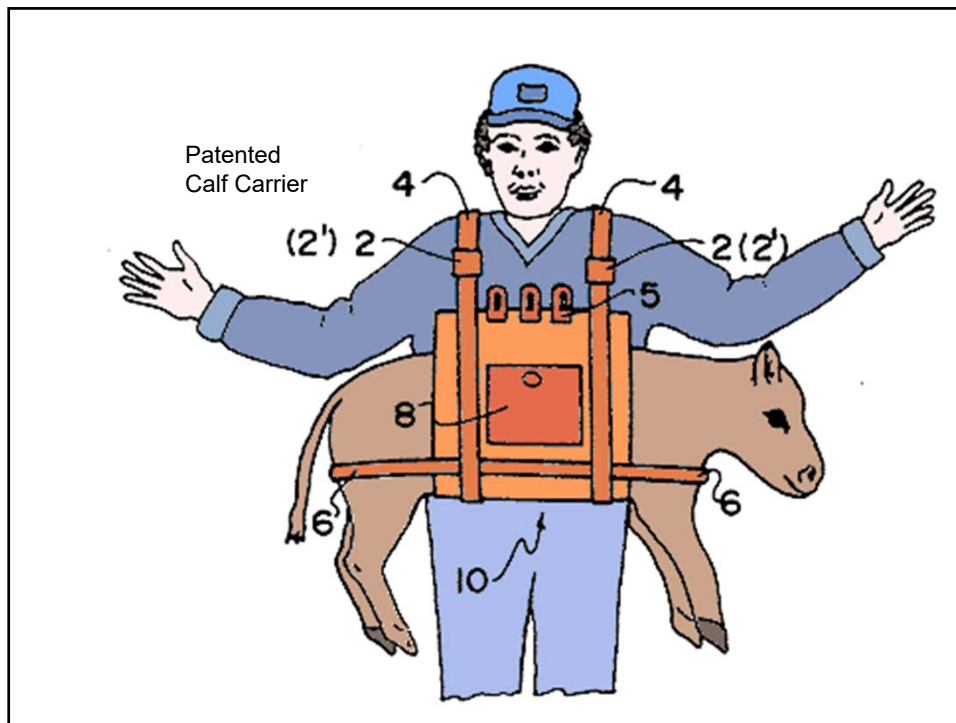


Simple cow shed with sawdust floor

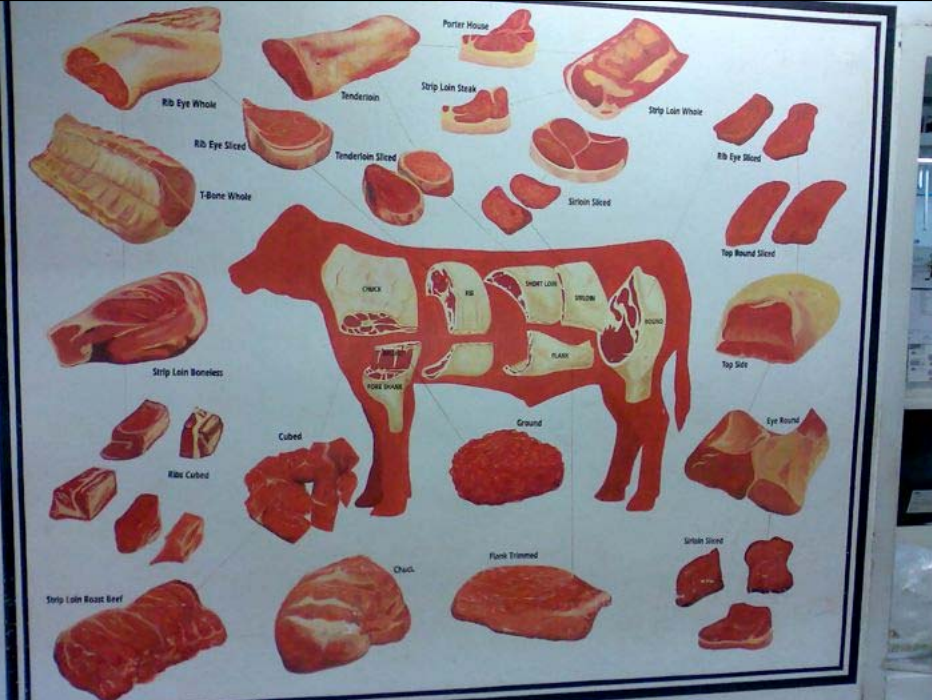
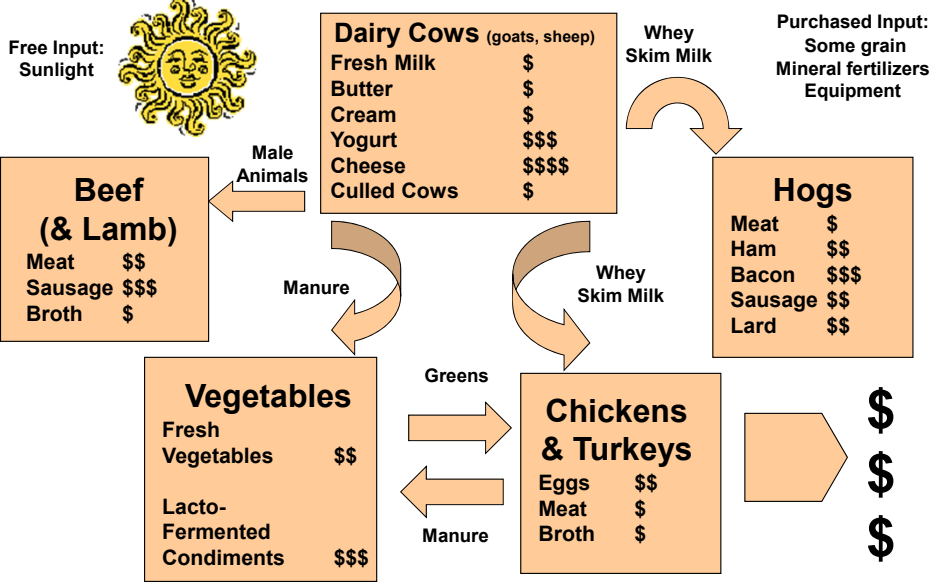
Natural environment

Brownie





Pasture-Based Mixed Farm



Cattle

Milk the Females
Cull the Males 1+ yr. old

2 weeks

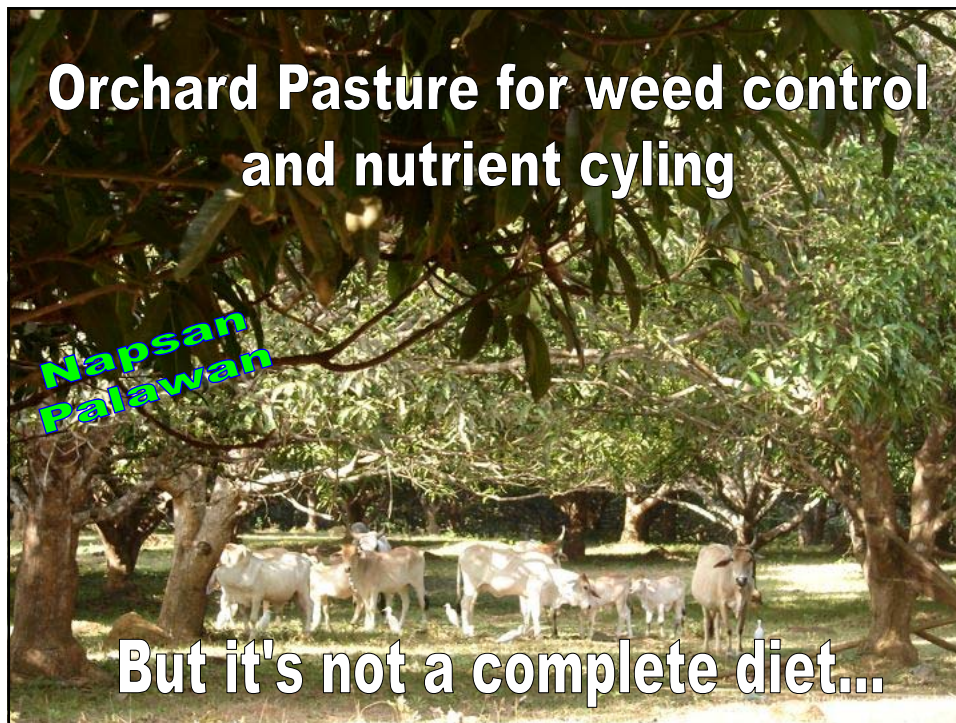
Natural Feeds

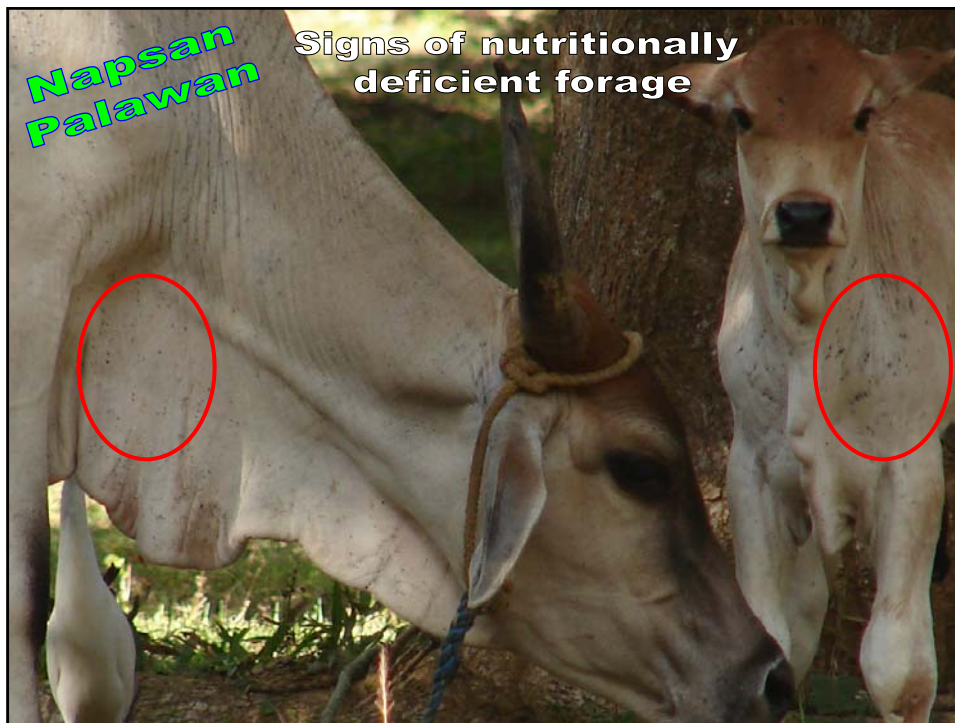


Cattle

Natural Feeds







Cattle



PP

Municipal Brand P100.00

Large Livestock Registration and Branding

Unique not similar to registered brands
Municipal Approval
"Records Book"

Cattle

Large Livestock
Registration
and Branding



Cattle

Large Livestock Registration and Branding



Cattle

Balik Tad

Large Livestock Registration and Branding



Cut and Carry legumes/ Napier w/ Quality Pasture Rotational Grazing 2-3 cow /hectare

Quality Pasture Rotational Grazing 1 cow /hectare

Free Range 1/2 cow per hectare

Cattle

Rice Fields



Stocking Rates

Nutritional Ledger	Grain Fed Beef	Grass Fed Beef
Added Hormones	Usually	No
Fed Antibiotics	Usually	No
Fed Grain	Yes	No
Omega-3 Fatty Acid	0.1	1.22
Omega-6 Fatty Acid	3.1	1.08
CLA	0.21	1.46
Beta Carotene	41	87
Vitamin E	1.3	5.3
Vitamin A	10	52
Total Fat	High & Saturated	Proper Balance
Flavor	Bland/Pasty	Original and Bold
All Other Factors	Fair	Ideal
E. coli Danger	E. coli Danger	Minimal

