



Upland Holistic Development Project (UHDP) www.uhdp.org

- People working together
- People make a different
- People organize and address their needs
- For community development to occur, people in a community must believe working together can make a difference and organize to address their shared needs collectively – Flora et. al. (1992).

- People making own decision
- People taking actions to change situation
- Community development is a group of people in a community reaching a decision to initiate a social action process to change their economic, social, cultural and environmental situation – Christenson et. al. (1989).

- People and their commitment
- Local resources
- Skills and capacity
- Community capacity is the combined influence of a community's commitment, resources and skills that can be deployed to build on community strengths and address community problems and opportunities – (Aspen Institute, 2000).

- A process to
 - Increase choices
 - Create opportunities
 - Unite people/parties
- Community development is a process that increases choices. It creates an environment where people can exercise their full potential to lead productive, creative lives. Ron Shaffer (pers. com.).
- Community development is a process where people are united with those of governmental authorities to improve the economic, social and cultural conditions of communities and communities are integrated into the life of the nation enabling them to contribute fully to national progress. – (United Nations, from Biggs, 1999)
- Sanders (1958) saw community development as a process moving from stage to stage; a method of working towards a goal; a program of procedures and as a movement sweeping people up in emotion and belief.

Community development principles

"Help people to help themselves."

• The development principles are simple, practical and logical, and based upon the realities of the situation. Its aim is to lift people out of the vicious cycle of sickness, poverty and ignorance. Priority is given to health, livelihood, and education. (The king's mother)

Community Development: some principles

- 1. Community development is a <u>holistic approach</u> to addressing the community's needs.
- 2. Community development is a <u>process</u>.
- 3. <u>Empowerment</u> results from influence, participation, and community education.
- 4. Development ensures environmental stewardship.
- 5. Development is tied to sustainability.
- 6. <u>Partnerships</u> provide access to resources.

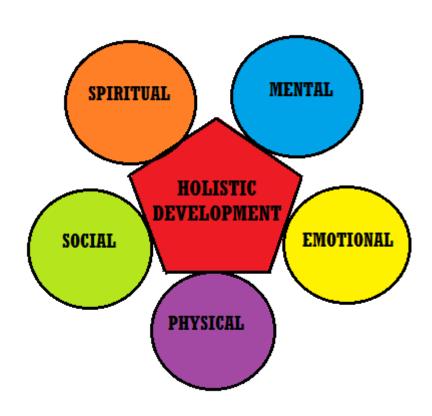
What is holistic/holism?

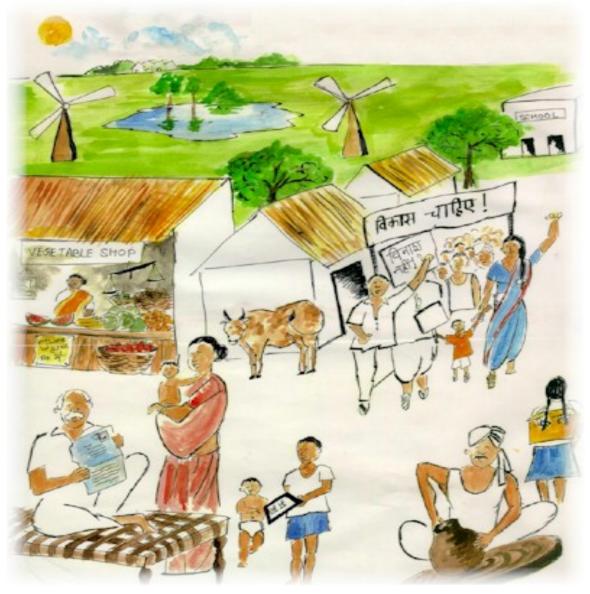
- Holistic relates to, or is concerned with, complete systems
 rather than with the details or parts that make up the system.
- a. Emphasizing the importance of the whole and the interdependence of its parts.
- b. Concerned with wholes rather than analysis or separation into parts
- Holism (holos, a Greek word meaning all, whole, entire, total) is the idea that all the properties of a given system (physical, biological, chemical, social, economic, mental, linguistic, etc.) cannot be determined or explained by its component parts alone. Instead, the system as a whole determines in an important way how the parts behave.









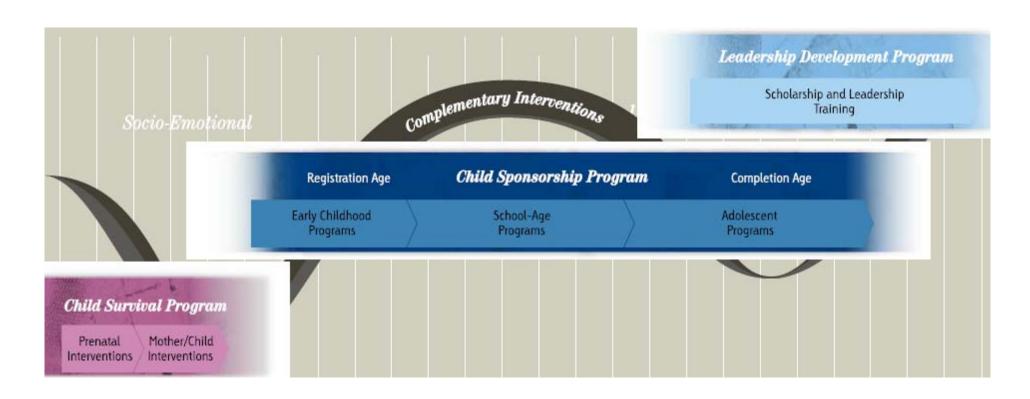


Holistic Human Development

- www.childdevelopment.cfsites.org/
- Holistic Child Development [Integrate: SQ + EQ + IQ + PQ = True Knowledge]
- **Physical Intelligence:** Wise nutrition, Consistence balance exercises, Proper rest, relaxation, stress management and preventing.
- Mental intelligent: Continuous, systematic, disciplined study and education Cultivation of self awareness, learning by teaching and doing.
- **Emotional intelligent:** Self awareness, Personal motivation, Self regulation, Empathy, Social skill.
- **Spiritual Intelligence:** Integrity (Character building) ,Meaning (Purpose of life),Voice(Self Enlightenment and motivate to other)

Holistic Child Development Model

 Compassion International (http://www.compassionmodel.org/)



- Holistic ministry is the practice of God's people based on the full implications of the Gospel: that the good news of Jesus Christ is salvation for the whole person—body, mind, spirit, and social relationships—and for the whole of existence creation, nations, and sociopolitical structures.
- Holistic ministry proclaims the Gospel for all by both word and deed with a special focus on the materially or spiritually poor.

(Evangelicals For Social Action:

http://www.evangelicalsforsocialaction.org/loveradically/holistic-ministry-is/)

 A faith-based way of living, respecting and meeting the needs of the whole person. (Salvation army)

The ministry of Jesus is a holistic ministry.

-Aschalew Abebe, Country Director, Kidmia

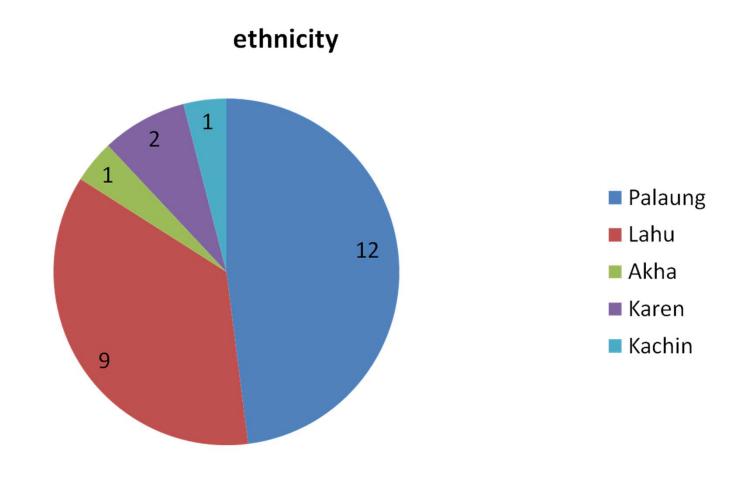
 Integral mission or holistic transformation is the proclamation and demonstration of the gospel. It is not simply that evangelism and social involvement are to be done alongside each other. Rather, in integral mission our proclamation has social consequences as we call people to love and repentance in all areas of life. And our social involvement has evangelistic consequences as we bear witness to the transforming grace of Jesus Christ. (Micah Network)

 Integral mission is the church living out its faith in Jesus in every aspect of life. It's recognizing that people are more than their hunger or despair. They're complex and precious, made in God's image. And they're loved. Integral mission is answering God's call to love one another, completely. (Tearfund)

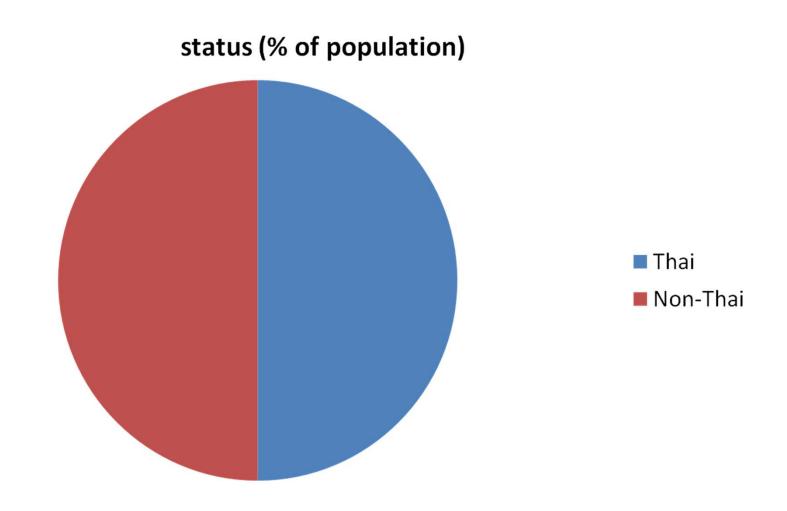
Offering Holistic Development and Holistic Ministry: in the case of UHDP

- Serving marginalized people in the Golden Triangle of Southeast Asia
- Offering sustainable approaches to upland farming
- Helping landless farmers supplement family food and income
- Developing water resources for consumption and sanitation
- Broadening gender understanding
- Assisting hilltribe families in requesting legal residence, citizenship and related rights
- Maximizing income opportunities through micro-finance
- Seeking to be a channel of the Good News

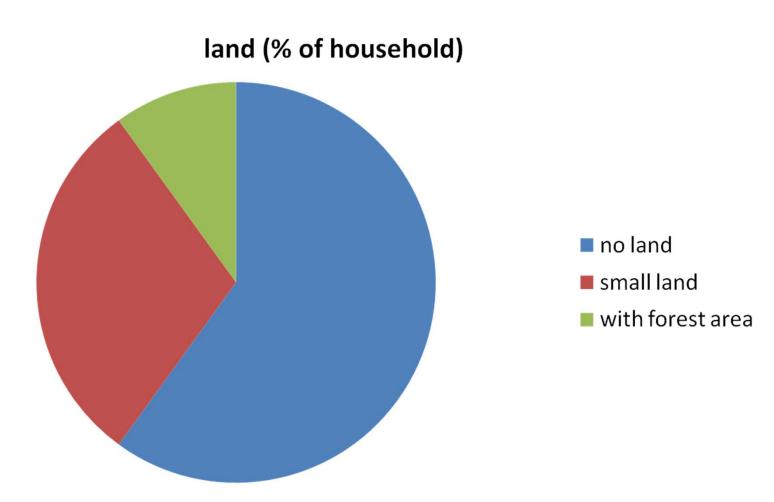
Various groups of people: ethnicity



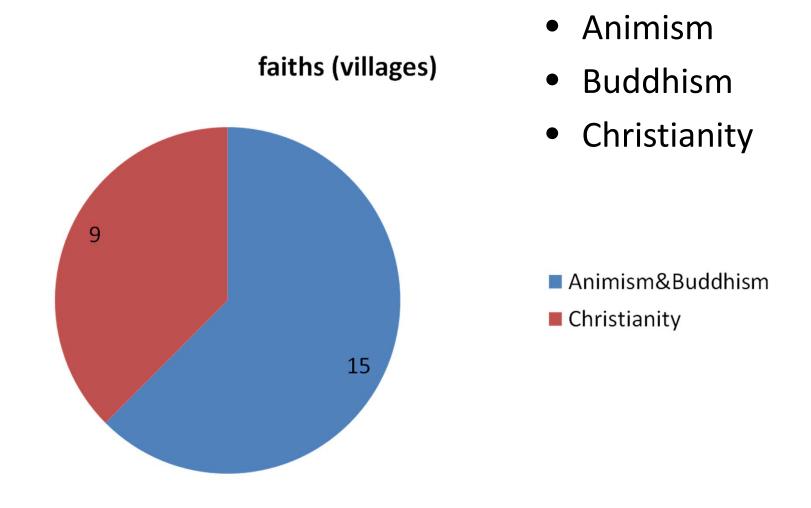
Various groups of people: status



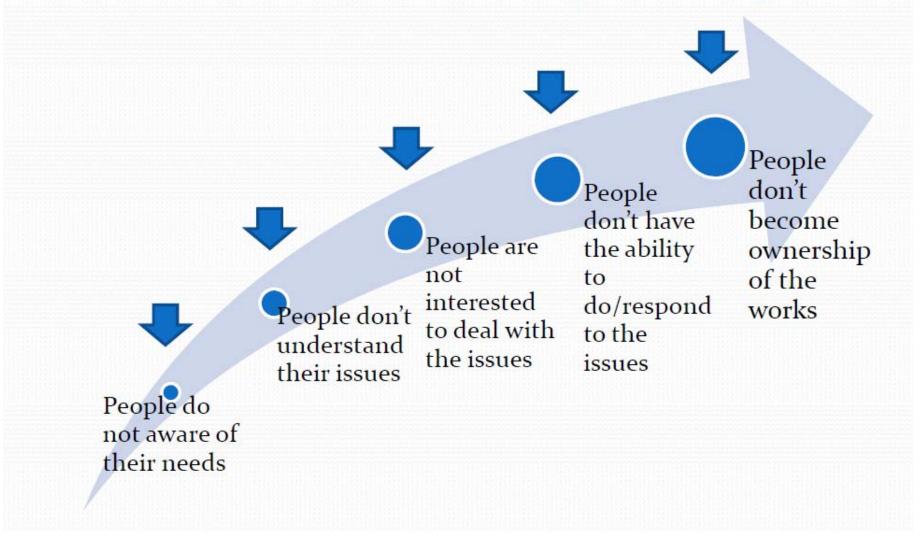
Various groups of people: ownership of farming land



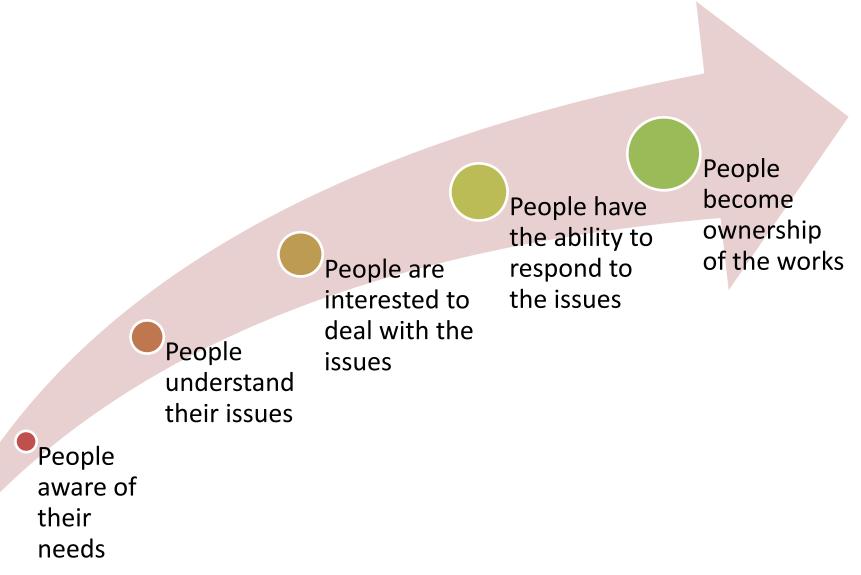
Various groups of people: faith



Challenges in community development



What we want to see: Sustainable development



Holistic Development is not just about the program(s) but people in the community.

- Village headman and committee
- Farmer groups
- Husband(man) and wife(woman)
- Youth and children
- Women groups
- Saving groups
- Religious leaders
- Networks

Individuals and groups (roles and responsibility)

Sustainable Development

Individuals and Groups	Aware	Interested	Understand	Ability to respond	Own it
Village headman and committee	2	2	2	1	1
Farmer groups	2	2	2	2	2
Husband(man) and wife(woman)	2	2	2	1	1
Youth and children	2	2	1	1	1
Women groups	2	2	2	1	1
Saving groups	2	2	2	2	2
Religious leaders	2	2	1	1	1
Networks	2	2	2	1	1

2 = ready

1 = need more time

How to help people

Activities	Aware	Interested	Understand	Ability to respond	Own it
Meeting	X	X	X	X	X
Training and workshop	Х	X	X	X	X
Visit (family/group)	X	X	X	X	X
Exposure trip	X	X	X	X	X
Research	X	X	X	X	X
Demonstration	X	Х	Х	Х	X
Shared resources	X	X	X	X	X
Others; pray	X	X	X	X	X

Mission statement

We seeks to provide an appropriate Christian response related to rural development among increasingly marginalized hill-tribe people in the Golden Triangle region of Southeast Asia.

Taking a participatory approach and emphasizing relational, community based involvement, the UHDP aims

to offer relevant and sustainable options that will empower hilltribe communities to rise above serious threats to their traditional rural livelihoods.



"Holistic Approach"
(Holistic Development)



The holistic development model is <u>based on the needs and situation of target groups</u>.

Environment Program

- Protection
- Prevention
- Preservation

Key Actors

- Communities
- Farmers
- EN Network
- GOs
- NGOs

Key Activities

- Soil conservation
- Integrated Farming; agroforestry, Upland Integrated Farming
- Community Forest Management
- Wildlife preservation
- "CREATION CARE"

Love your environment



Economics Development Program

- Cost Reduction
- **Income Generation**
- Financial Sustainability

Key Actors

- Families
- Self Support Groups
- Communities
- FC Networks

Community based Economic Development Program

Sustainable Financial Resources **Income Generation Expenses Reduction**

-Backyard Agriculture -Family Accounting -Farmland Management -Using Appropriate **Technologies** -etc

-Value added Products -Skills Development -Livelihood Development -Community based Tourism -Village Trainer -Markets Agri-business

-"Save for the future" -Farmers Group -Saving and Loan Group -Economic Networking -Cooperative -Community based Economic Management -etc

Justice and Human rights Program

- Rights
- Roles
- Responsibilities

Key Activities

- Legal status and citizenship
- Access to GO's services
- Promoting 3Rs to communities
- Developing platforms at regional and national level
- THPN (Tribal Human rights Protection Network

Key Actors

- Communities
- Groups
- Families
- Individual
- HR Networks



Women Capacity Development Program

- Rights
- Roles
- Responsibilities

Key Activities

- Promoting 3Rs in various ways;
 - Women Literacy Project
 - Women Leadership development
 - Handicraft project
 - Small enterprise and marketing
 - Health Care Project
- Women Network activities



Key Actors

- Women Groups
- Communities
- Families
- Individual
- Women networks

*Women roles in Community Development better accepted and there are lots of improvement at the community level when the involvement taking place

Spiritual Development Program

(Social and Moral Development)

- Loving
- Caring
- Sharing

Key Activities

- (non-Christian) Social and Moral Development
- (Christian) Holistic Ministry and roles of local churches
- <u>CCHDP</u> (Christian Community based Holistic Development Program)
- Christian network activities
- Young Leadership Development Program
- Prayer

Key Actors

- Communities
- Local churches
- Religious Parties
- Families
- Individual
- Christian networks



Quote for sustainable community development

- "Go to the people."
- Live with them.
- Learn from them.
- Love them.
- Start with what they know.
- Build with what they have.
- But when the work is done, the task accomplished, the people will say 'We have done this ourselves." (Lao Tzu)

- Go to the community with an agenda
- Observe the people (maybe)Tell them what to do
- Enable, manipulate and take advantage of them, even lie to them.
- Start with what they don't know
- Tell them what YOU think they should do
- But the worst is do things TO the community instead of WITH the community
- The people will ask, "What have they done to us?"

- Building relationship and building "trust"
 - Go to the people
 - Eat with them
 - Live with them
 - Work with them
 - Tell them the truth; Yes or No

- Tell them that we "love" them
 - (through our words and actions)
 - Help them aware of the situation

- Seek/search appropriate respond (contextualized)
 - Build on what they have and know
 - Together, look for opportunities and sustainable options (;research projects,)

- Involve people in decision making and planning
 - Involve various groups of local people (and stakeholders)
 - Value their inputs and suggestions
 - "Flexible but with respect"

Challenges

(holistic development and holistic ministry)

- Complexity
- Collaboration
- Participation
- Empowerment
- Capacity building
- Self-sufficient
- Community development
- Competition (different approach)