



Robust Polycultures

EM1
EME
FPE
FFE
EM5
EM7



EM1 (original) is sleeping.

Microorganisms in EM1 are in a dormant stage.



To activate sleeping microorganisms, give them:
food and a **house**. (water in an anaerobic condition)
(livestock grade blackstrap molasses)



EM Extended

Manual Page 7

1. Calibration
 2. Dilution
 3. Fermentation
- Measure 30 ml EM1 (2 Table spoons)
Measure 30 ml molasses (2 Table spoons)

EME Inoculation

Dilution Rate 1:500

EME 30 ml

Tablespoon 15 ml

Tablespoon 15 ml

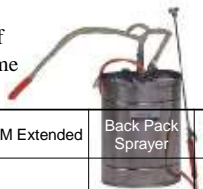


4 gallons X 3.8 L/g = 15 Liters

15 Liters = 15,000 ml /500=30 ml



The Value of EM1 by volume



EM1	EM Extended	Back Pack Sprayer	Area	Cost
1 ml	30 ml	1	300 M ²	80 centavos
30 ml	1,000 ml (1 Liter)	33	10,000 M ² (1 hectare)	26 peso
1,000 ml (1 Liter)	30 Liters	1,000	30 hectares	800 peso

Inoculation Comparison



- Takes advanced management and time
- No guarantee of results
- Cultures can have contamination
- P 20-60/ backpack sprayer
- P600-P3,600/hectare

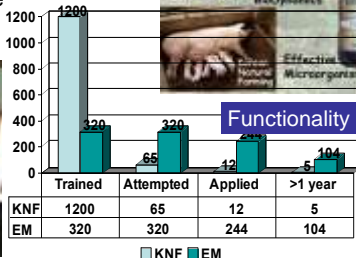
- Simple management
- Little time, easy
- Guaranteed results
- Cultures will be pure
- P 1/ backpack sprayer
- P 30/hectare

Good System if Sugar and rice are Free, Lots of time to manage, You are exacting and precise

Good System if Sugar is Expensive, Too busy for tedious propagation, Want to save money

3 Fs to Sustainability

- Functionally Do-able
- Financially Viable
- Friendly on the Environment

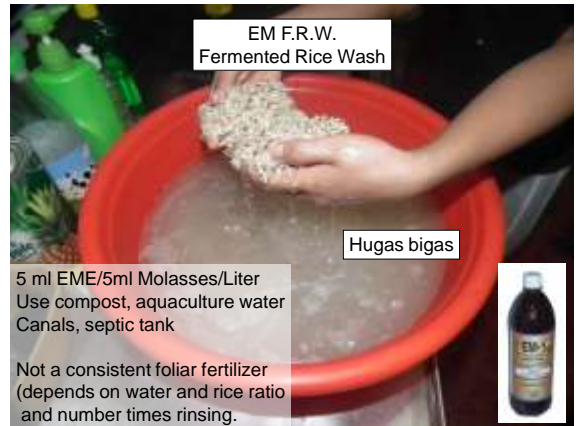




Team Bokashi

Thurs.: 68
 Fri.: 70
 Mon.: 65
 Tues.: 70
 Wed.: 71

302 City Officials



EM F.R.W.
Fermented Rice Wash

Hugas bigas

5 ml EME/5ml Molasses/Liter
 Use compost, aquaculture water
 Canals, septic tank

Not a consistent foliar fertilizer
 (depends on water and rice ratio
 and number times rinsing.



EM Livestock Bokashi



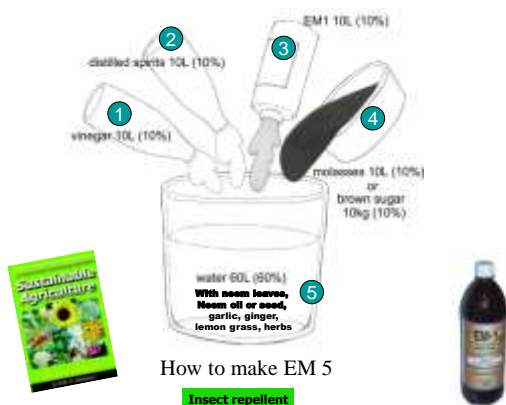
EM Fertilizer
Bokashi

15 Pales Uling
 5 pales Manure
 or Copra Meal

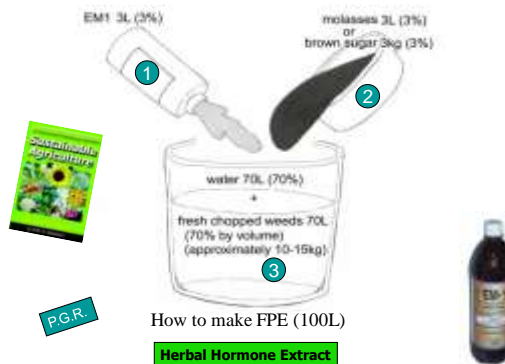


Stochu
(EM5)
keeps
pests away

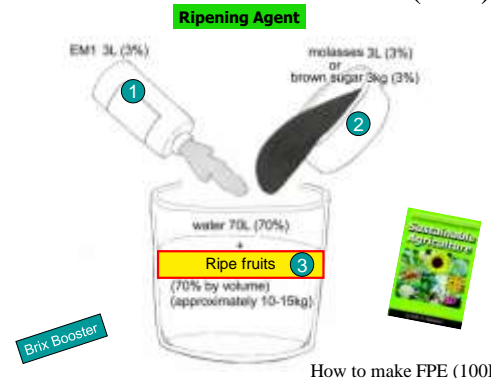




EM Fermented Plant Extract (FPE)



EM Fermented Fruit Extract (FFE)



Korean Natural Farming

Microbial Inoculants

- Indigenous Micro organisms (IMO)
- Fermented Plant Juice (FPJ)
- Fermented Fruit Juice (FFJ)
- Lactic Acid Bacteria (LAB)

Herb Hormone

Oriental Herbal Nutrients (OHN)

- Fermented Fish Amino Acid (FAA)
- Water soluble calcium (WCA)
- Water soluble calcium phosphate (WSCP)

Foliar Fertilizers

Korean Natural Farming

Microbial Inoculants

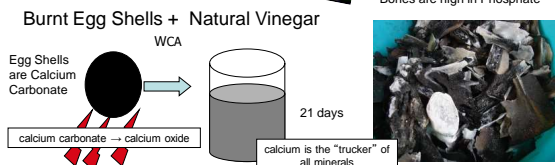
- Indigenous Micro organisms (IMO)
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- Fermented Fruit Juice (FFJ)
- Lactic Acid Bacteria (LAB)

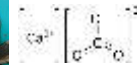
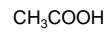
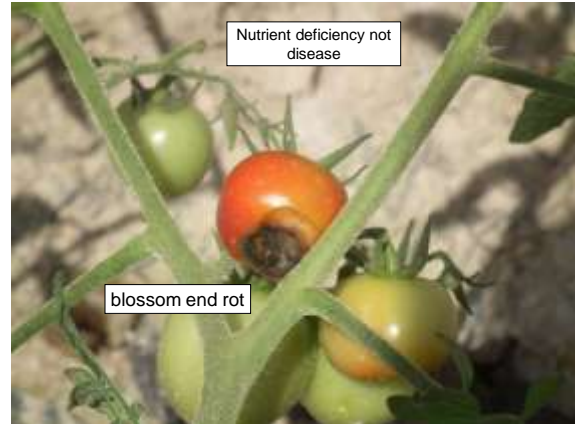
Herb Hormone

Oriental Herbal Nutrients (OHN)

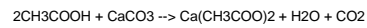
- Fermented Fish Amino Acid (FAA)
- Water soluble calcium (WCA)
- Water soluble calcium phosphate (WSCP)

Foliar Fertilizers





Eggshells are calcium carbonate ($CaCO_3$) and vinegar has acetic acid (CH_3COOH).



WSC

Calcium Carbonate ($CaCO_3$) and acetic acid (CH_3COOH) react in a double replacement reaction, giving you calcium acetate, water, and carbon dioxide. Since calcium acetate is soluble it'll dissolve. This leaves behind the egg's inner membrane, making it flexible and rubbery.



Alaska Native Knowledge Network

Fish Silage
Enzymes and peptides, amino acids, available N

Lutefiske
Pickled Herring
Fish Sauce
Bagoong

Easily digested high energy food



USA: Dr. Elaine Ingram



- Dr. Ingram developed a curriculum for the Aerated Tea Brewers Guide
- The SOIL FOOD WEB is a complex inter relationship of organisms and chemical reactions that all effect each other.
- We can create favorable microbial habitats and inoculants for the soil food web to prosper







Compost Teas, Compost Extracts & Liquid Organic Extracts

Compost leachate is the dark-colored solution that leaches out of the bottom of the compost pile—most likely will be rich in soluble nutrients; but, in the early stages of composting it may also contain pathogens. It would be viewed as a pollution source if allowed to run off-site. Compost leachate needs further bioremediation and is not suitable or recommended as a foliar spray.

Compost Extract is made from compost suspended in a barrel of water for 7 to 14 days, usually soaking in a burlap sack—a centuries-old technique. The primary benefit of the extract will be a supply of soluble nutrients, which can be used as a liquid fertilizer. Anaerobic problems diminish results.

Compost tea, A.C.T. in modern terminology, is a compost extract brewed with a microbial food source—molasses, kelp, rock dust, humic-fulvic acids. The compost-tea brewing technique, an aerobic process, extracts and grows populations of beneficial microorganisms.

Compost teas are distinguished from compost extracts both in method of production and in the way they are used. Teas are actively brewed with microbial food and catalyst sources added to the solution, and a pump pump bubbles and aerates the solution, supplying plenty of much-needed oxygen. The aim of the brewing process is to extract beneficial microbes from the compost itself, followed by growing these populations of microbes during the 24- to 36-hour brew period. The compost provides the source of microbes, and the microbial food and catalyst amendments promote the growth and multiplication of microbes in the tea. Some examples of microbial food sources: molasses, kelp powder, and fish powder. Some examples of microbial catalysts: humic acid, yucca extract, and rock dust.

Building on the concept of compost teas as a liquid organic extract, what are some other common organic extracts used as a liquid drench or foliar spray?

Manure Tea—Manure-based extracts are a soluble nutrient source made from raw animal manure soaked in water. For all practical purposes, manure tea is prepared in the same way as the compost extracts described in the preceding section. The manure is placed in a burlap sack and suspended in a barrel of water for 7 to 14 days. The primary benefit of the tea will be a supply of soluble nutrients, which can be used as a liquid fertilizer.

Herbal Tea—Plant-based extracts are from stinging nettle, horse tail, comfrey, clover. A common method is to stuff a barrel about three-quarters full of fresh green plant material, then top off the barrel with tepid water. The tea is allowed to ferment at ambient temperatures for 3 to 10 days. The finished product is strained, then diluted in portions of 1:10 or 1:5 and used as a foliar spray or soil drench. Herbal teas provide a supply of soluble nutrients as well as bioactive plant compounds.

Liquid Manures—Mixtures of plant and animal byproducts steeped as an extract—stinging nettle, comfrey, seaweed, fish wastes, fish meal. Liquid manures are a blend of manure products (local fish wastes, seaweed extract, kelp meal) and locally harvested herbs, soaked and fermented at ambient temperatures for 3 to 10 days. Liquid manures are prepared similarly to herbal tea—the material is fully immersed in the barrel during the fermenting period, then strained and diluted and used as a foliar spray or soil drench. Liquid manures supply soluble nutrients and bioactive compounds.

Summary—Compost teas and herbal teas are tools that can be made on the farm to enhance crop fertility and to inoculate the phyllosphere and rhizosphere with soluble nutrients, beneficial microbes, and the beneficial metabolites of microbes.

Caution—Whereas raw animal manures are used as a compost window feedstock, the composting process—thermophilic heating to 135-160° F for 10-15 days—assures pathogen reduction. The raw organic matter initially present in the compost window undergoes a complete transformation, with humus as an end product. Any pathogens associated with raw manures will be gone. So caution is extended: Manure teas are NOT the same thing as compost teas or compost extracts. Because of concerns over new pathogenic strains of E. coli, the author advises growers to reconsider manure teas and/or to work with a microbial lab to ensure a safe, worthwhile product.

Steve Diver ATTRA

Methods of Compost Tea Production

Bucket-Fermentation Method

"Passive" compost tea is prepared by immersing a burlap sack filled with compost into a bucket or tank, stirring occasionally. Usually the brew time is longer, from 7 to 10 days. This is the method that dates back hundreds of years in Europe, and is more akin to a compost watery extract than a "brewed" and aerated compost tea.

Bucket-Bubbler Method

The equipment setup and scale of production are similar to the bucket method, except that an aquarium-size pump and air bubbler are used in association with microbial food and catalyst sources added to the solution as an amendment. Since aeration is critical, as many as three sump pumps may be used in a bucket simultaneously.

With homemade compost tea brewing, a compost "sock" is commonly used as a filter-strainer. Ideally, the mesh size will strain compost particulate matter but still allow beneficial microbes—including fungal hyphae and nematodes—to migrate into solution. Single-strand mesh materials such as nylon stockings, laundry bags, and paint bags are some of the materials being used; fungal hyphae tend to get caught in polyweave fabrics. If burlap is used, it should be "aged" burlap.

Trough Method

Large-scale production of compost teas employs homemade tanks and pumps. An 8- or 12-inch-diameter PVC pipe is cut in half, drilled full of holes, and lined with burlap. Compost is placed in this makeshift trough. The PVC trough is supported above the tank, several feet in the air. The tank is filled with water, and microbial food sources are added as an amendment. A sump pump sucks the solution from the bottom of the tank and distributes the solution in a trickle line running horizontally along the top of the PVC trough filled with compost. As the solution runs through the burlap bag containing the compost, a leachate is created which then drops several feet through the air back into the open tank below. A sump pump in the bottom of the tank collects this "tea" and distributes it back through the water line at the top of the trough, and so on. Through this process, which lasts about seven days, the compost tea is reconstituted, bubbled, and aerated. The purpose of the microbial food source is to grow a large population of beneficial microorganisms.

Commercial Tea Brewers

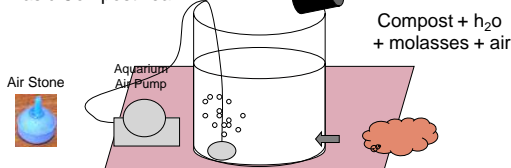
Commercial equipment is available for the production of brewed compost teas (see a list of suppliers below). Usually there is a compost sack or a compost leachate basket with drainage holes, either of which are used to hold a certain volume of compost. The compost-filled container is placed in a specially designed tank filled with chlorine-free water. Microbial food sources are added to the solution. A pump supplies oxygen to a specially-designed aeration device which bubbles and aerates the tea. Steve Diver ATTRA

Vortex Method

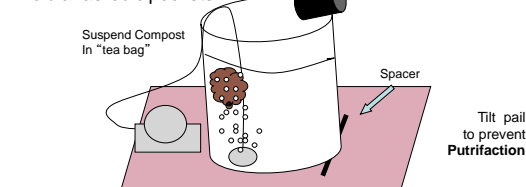
The use of air to raise water and then draw down into a vortex the fluid tea. Highly aerobic and energized by the organized water flow, the fluid then passes through a chaos chamber before it once again is organized by the vortex. This method is popular among EM users as well a biodynamic systems.



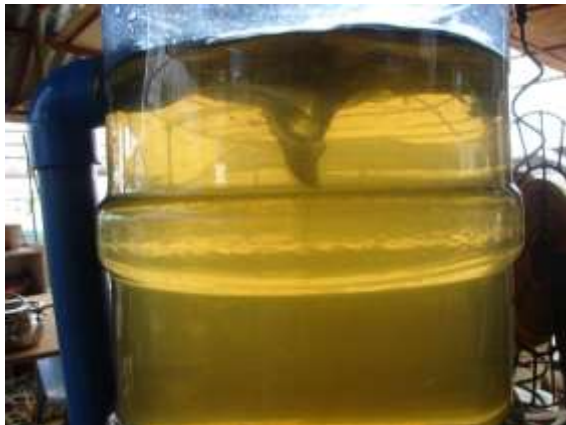
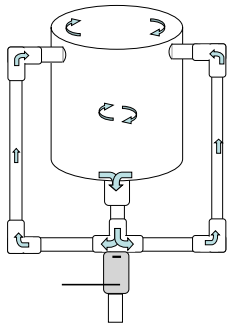
Basic Compost Tea



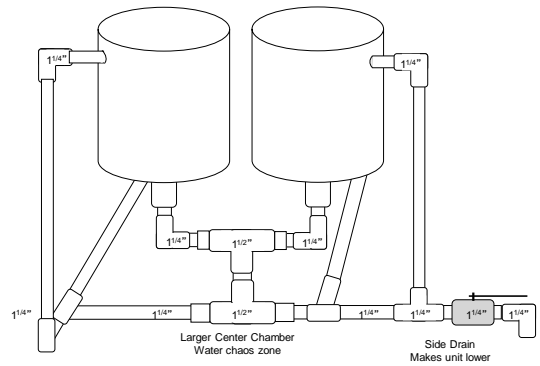
Avoid anaerobic pockets!



Single Vortex Brewer



Double Vortex Compost Tea Brewer



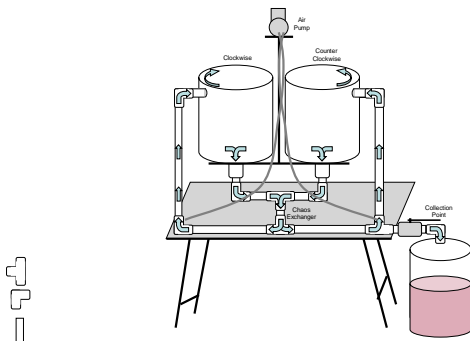


Clockwise / counter clockwise



Mixing Chamber (Chaos Chamber)

Whizz-bang Double Vortex Compost Tea Brewer



Clockwise / counter clockwise



Ingredients



Clockwise / counter clockwise

Ingredients





AVERAGE DIORITE ROCKS, AFRICA AND AREA

	1	2	3	4	5	6	7	
SiO ₂	66.21	64.67	60.00	60.02	61.82	61.81	69.72	SiO ₂
Al ₂ O ₃	15.28	16.21	16.81	13.68	15.46	15.72	18.31	Al ₂ O ₃
Fe ₂ O ₃	3.22	3.02	4.44	3.48	3.17	3.07	3.18	Fe ₂ O ₃
P ₂ O ₅	3.73	4.02	6.79	4.41	3.75	4.41	3.88	FeO
MgO	3.51	4.21	6.79	4.04	3.62	2.47	3.02	MgO
CaO	3.09	6.51	7.93	3.87	4.33	3.18	5.78	CaO
Na ₂ O	4.83	4.36	4.27	4.80	4.10	3.11	3.78	Na ₂ O
K ₂ O	3.28	3.00	3.81	3.07	3.33	3.31	3.08	K ₂ O
H ₂ O ⁺	1.26	1.15	1.47	1.20	1.23	1.48	1.13	H ₂ O ⁺
TiO ₂	0.84	1.44	1.53	1.14	0.88	0.78	0.80	TiO ₂
PbO	0.20	0.20	0.43	0.27	0.13	0.27	0.18	PbO
MnO	0.07	0.01	0.04	0.05	0.10	0.17	0.14	MnO
BaO	0.18	0.11	0.07	0.12	0.08	0.08	0.08	BaO
Insol.								Insol.
	100.00	100.00	100.00	100.00	100.00	100.00	100.00	

1. Africa, continental. 223 analyses.
 2. Madagascar, including Réunion. 140 analyses.
 3. South Atlantic Islands (Azores, Canaries, Madeira, Cape Verde, Annamite, St. Helena). 36 analyses.
 4. Africa and islands, including Madagascar and Atlantic Islands. 410 analyses.
 5. Asia, continental. 114 analyses.
 6. Japan. 88 analyses.
 7. Malaysia, including Philippines. 120 analyses.
 8. Asia, including continent, Malaysia and Japan. 312 analyses.

Dr. Julius Hensel (1894)

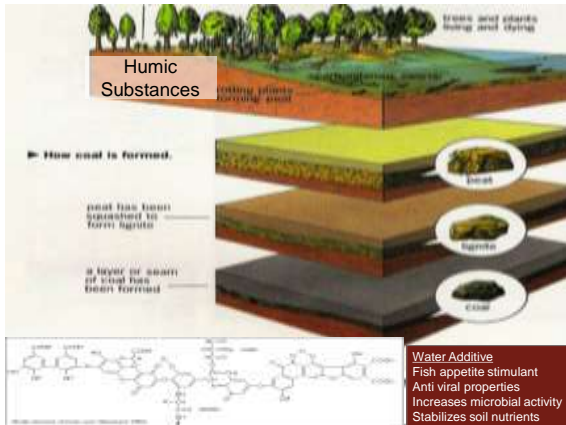



- This book was the first work to attack Von Liebig's salt fertilizer thesis.
- Translated from the German, the book introduced people to the idea that plants require healthy food in order to flourish, just as a human being does.
- It describes a then new and rational system for fertilization which has become science today — fertilizing with stone dust.
- Hensel went searching for food for plants and found it in the rocks. Fed on such foods, plants will yield healthy, wholesome and life sustaining food that escapes disease and parasites.



Testing benefits

Plant Sap
Disease free at 12th+



Humic Substances

Terminology of Humus-related Materials

Humus—product resulting from decay of organic matter. Contains both humic and non-humic material.

Humic—the alkali-insoluble fraction of Leonardite. (The usage of this term does not correspond exactly with the usage by other workers.)

Humic substances—(plural) the collective name for the acid radicals found in humic matter. Typically separated from humic matter by alkaline extraction.

Humic acid—(singular) the acid radical found in humic matter which is soluble in alkali but insoluble in acid, methyl ethyl ketone, and methyl alcohol.

Humate—the salts of humic acids, collectively, or the salts of humic acid specifically. (The usage must be determined from the context.)

Fulvic acid—the acid radical found in humic matter which is soluble in alkali, acid, methyl ethyl ketone, and methyl alcohol.

Fulvates—the salts of fulvic acid.

Leonardite—a soft brown coal-like deposit usually found in conjunction with deposits of lignite.

Lignite—a type of soft coal.

Water Additive
Fish appetite stimulant
Anti viral properties
Increases microbial activity
Stabilizes soil nutrients



Takakura Composting

Heat costs fertilizer power

Home composting

THE NEW WAY TO MAKE COMPOST

In the Takakura composting method, organic waste is broken down into nutrients that are collected from heat materials. The method involves making a compost from fermented solutions and a fermenting bed. Organic waste is mixed with the seed compost and left in a plastic container or bucket.

1. Making the fermenting solution
2. Making the fermenting bed
3. Making a compost solution
4. Composting

Takakura Composting

Heat costs fertilizer power



Takakura Composting

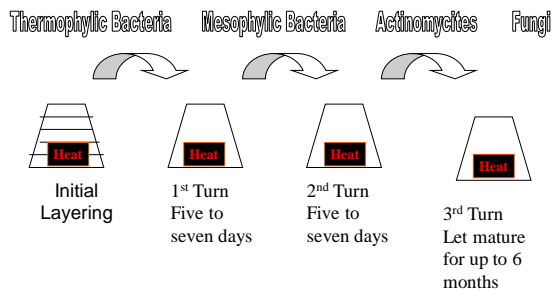
Heat costs fertilizer power



Transfer the seed compost from the box to the compost container. The compost container should be two-thirds full. During the transfer, you can see steam coming out of the seed compost.



Compost Piles



1924 *Biodynamics*

- In Germany, **Rudolf Steiner** developed **biodynamic agriculture**, the first comprehensive organic farming system.
- This began with a lecture series Steiner presented at a farm in Kobervitz (now in Poland) in 1924.
- Steiner emphasized the farmer's role in guiding and balancing the interaction of the animals, plants and soil. Healthy animals depended upon healthy plants (for their food), healthy plants upon healthy soil, healthy soil upon healthy animals (for the manure).





Because compost is often at a premium on farms, European biodynamic researcher Maria Thun developed Barrel Compost. Consisting of fresh cow manure that has been treated with the original preparations as well as egg shells and basalt rock dust—then allowed to ferment in a pit for about 3 months, finished Barrel Compost is diluted in water and applied directly to the fields as a spray. Use of Barrel Compost compensates to some degree for lack of sufficient compost. A variation on Barrel Compost is mixing stinging nettle with fresh cow manure in a 50:50 volume to volume ratio.

Pfeiffer's research into the microbiology of compost production led to the development of a compost inoculant, BD Compost Starter®, that contains all the BD compost preparations (502-507) plus stirred BD No. 500, as well as 55 different types of microorganisms (mixed cultures of bacteria, fungi, actinomycetes, yeasts). BD Compost Starter® is widely used by biodynamic farmers because it is easy to apply while building the compost pile. Today, the starter is prepared and sold through the Josephine Porter Institute (JPI) for Applied Biodynamics (J), in Woolwine, Virginia.

Aerobic Compost Simulate Nature
Thermophilic / Mesophiles / Actinomycetes / Fungi

Ancient Forest Bokashi

KNF

EM1

ACT
Aerated Compost Teas

Biodynamic Preps

↓
My order of experience
↓

EM1 Simulate Nature

Ancient Forest Bokashi Lower Tech

Aerobic Compost
Thermophilic / Mesophiles / Actinomycetes / Fungi

KNF Complexity

ACT
Aerated Compost Teas

Biodynamic Preps Higher Tech

Aerobic Compost Simulate Nature
Thermophilic / Mesophiles / Actinomycetes / Fungi

EM1 Low

Ancient Forest Bokashi

ACT
Aerated Compost Teas Cost

Biodynamic Preps

KNF High



Ancient Forest Bokashi **Simulate Nature**
Long time

EM1

ACT
 Aerated Compost Teas

Adaption/longevity

Biodynamic Preps

~~KNF~~

KNF Palawan Trained - 1,200
 After 1 year - <10

Short time

Aerobic Compost
 Thermophilic / Mesophiles / Actinomycetes / Fungi



Cost
Lower Tech
 Adaption/longevity
 Your order of experience

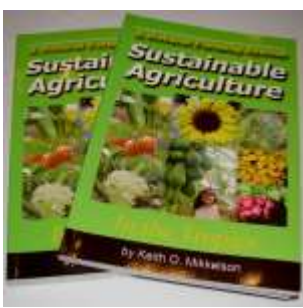
Just Do It!

3 Day Intensive Training



- Arrive Monday
- T-W-Th Training: lectures and hands
- Friday - Underground River or farm tours
- Check out Saturday

RESOURCE RECOVERY FOR THE PRODUCTION OF HIGH QUALITY NUTRIENT DENSE FOOD FOR MAXIMUM HEALTH



A Natural Farming Method for Sustainable Agriculture in the Tropics

By Keith O. Mikkelsen
 mk@mazzoon.com

Sustainable Agriculture



- Natural Farming
- Nature Farming
- Permaculture
- Organic Farming
- Bio-Dynamic Farming
- Biological Farming

Korean Natural Farming
 Kyusei Nature Farming
 Demeter Biodynamics
 F.A.I.T.H. Gardening
 French Raised Beds
 Farming God's Way
 Keyline Design
 SALT Farming
 Permaculture
 Sustainable
 Square foot

Quality Assurance



- USDA Certification - N.O.P.
- OMRI
- Philippine Certification
- Only guarantees a minimum
- Pesticide free. Chemical free. Three years prior to production.
- No pesticide residue testing. None in food.
- Minimum standard - poison free
- No nutritional standard. No testing, claims only.
- Organic by Default - Most organic food





FOOD & NUTRITION SERVICES

Oxygen Radical Absorbance Capacity

ORAC rating is a laboratory analysis that provides an overall measure of a food's antioxidant activity. The higher the ORAC score, the greater is the food's antioxidant capacity. ORAC tests are often used to compare the antioxidant activities of different foods (fruits, vegetables, juices, wines, etc.).

Specific Minerals \$\$\$

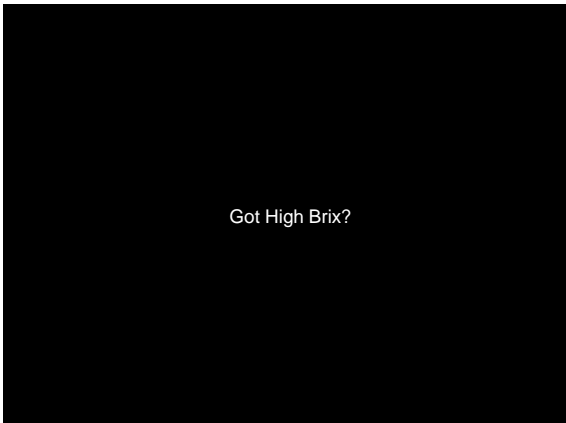


	Poor	Average	Good	Excellent		Poor	Average	Good	Excellent
Apples	6	10	14	18	Asparagus	2	4	6	8
Avocados	4	6	8	10	Beets	6	8	10	12
Bananas	8	10	12	14	Bell Peppers	4	6	8	12
Blueberries	10	14	16	20	Broccoli	6	8	10	12
Cantaloupe	8	12	14	16	Cabbage	6	8	10	12
Casaba	8	10	12	14	Carrots	4	6	12	18
Cherries	6	8	14	16	Cauliflower	4	6	8	10
Coconut	8	10	12	14	Celery	4	6	10	12
Grapes	8	12	16	20	Corn Stalks	4	8	14	20
Grapefruit	6	10	14	18	Corn(Young)	6	10	18	24
Honeydew	8	10	12	14	Cow Peas	4	6	10	12
Kumquat	4	6	8	10	Cucumbers	4	6	8	12
Lemons	4	6	8	12	Endives	4	6	8	10
Limes	4	6	10	12	English Peas	8	10	12	14
Mango	4	6	10	14	Escarole	4	6	8	10
Oranges	6	10	16	20	Field Peas	4	6	10	12
Papayas	6	10	18	22	Green Beans	4	6	8	10
Peaches	6	10	14	18	Peppers	4	6	8	10
Pears	6	10	12	14	Kohlrabi	6	8	10	12
Pineapple	12	14	20	22	Lettuce	4	6	8	10
Raisins	60	70	75	80	Onions	4	6	8	10
Raspberries	6	8	12	14	Parsley	4	6	8	10
Strawberries	6	10	14	16	Peanuts	4	6	8	10
Tomato	4	6	8	12	Potatoes	3	5	7	8
Watermelons	8	12	14	16	PotatoSweet	6	8	10	14
Romaine	4	6	8	10					
Alfalfa	4	8	16	22	Squash	6	8	12	14
Grains	6	10	14	18	Sweet Corn	6	10	18	24
Sorghum	6	10	22	30	Turnips	4	6	8	10



- High quality milk is:
- ✓ Raw (unpasteurized)
 - ✓ Fresh (not stale)
 - ✓ Good Brix (>10°)
 - ✓ From Grass Fed cows (no soy or grain)

Brix® as a quality indicator



Got High Brix?