

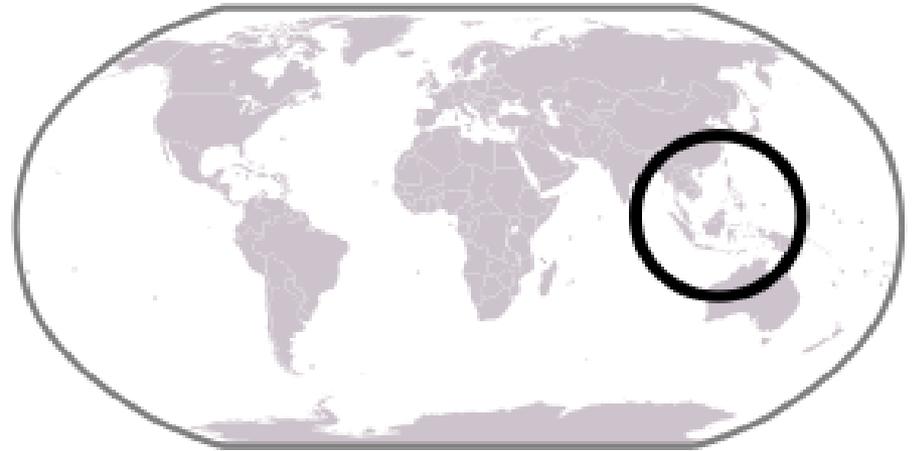
PALAWAN

The Last Frontier of the Philippines



Palawan has 3,000 islands

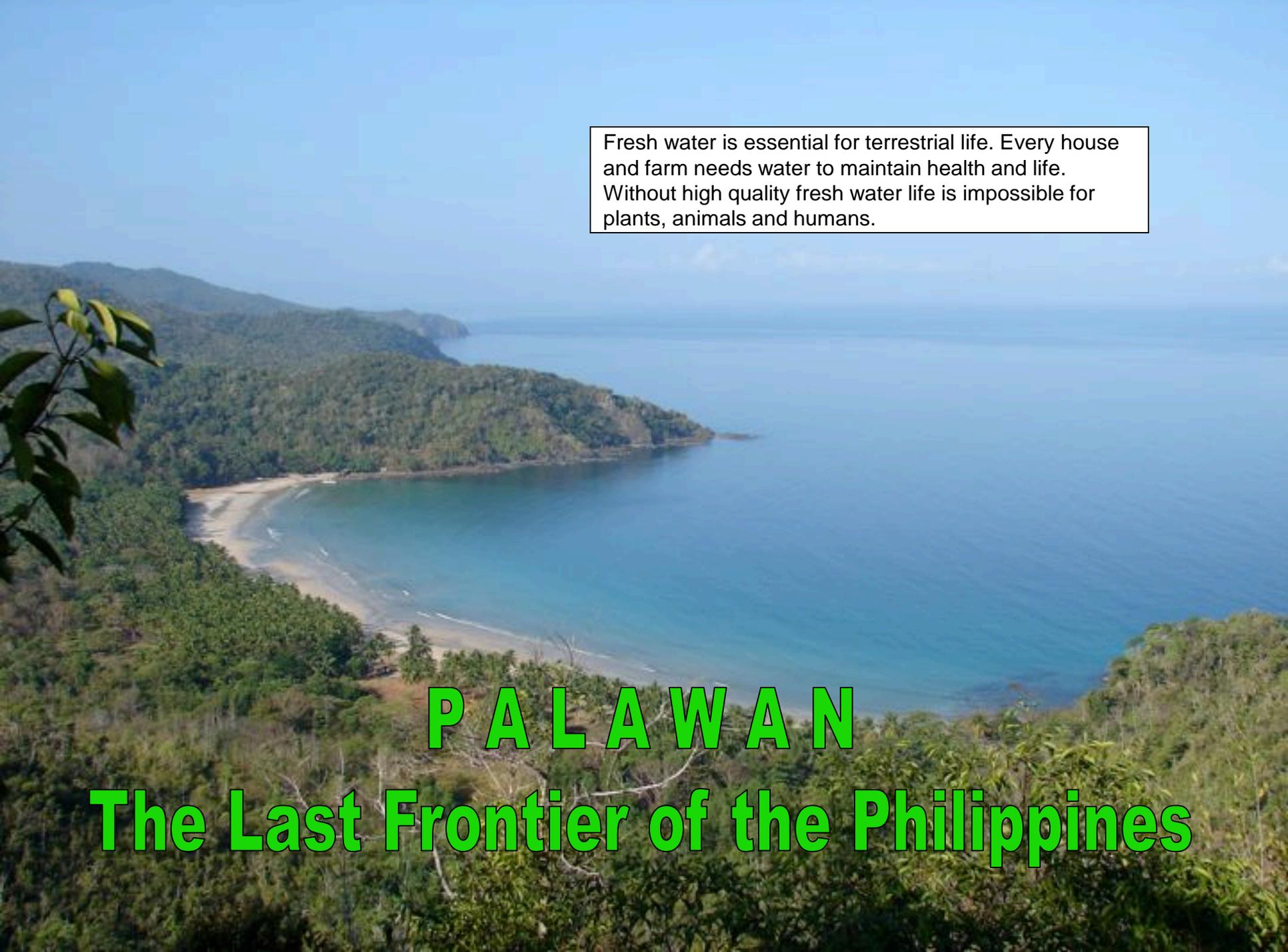
Water quality and availability is a growing issue world wide. No matter how many islands surround you, fresh water must be managed in a sustainable manner.



- To manufacture one car, including tires, 147,972 liters of water are used.
- 13% of municipal piped water is lost in pipeline leaks.
- The human brain is 75% water.
- Outdoor watering uses 35 liters of water each minute (over 9 gallons).
- One drop of oil can make up to 25 liters of water unfit for drinking.
- Half of world's wetlands have been lost since 1900.
- Each year, over 89 billion liters of bottled water are sold.

P A L A W A N

The Last Frontier of the Philippines



Fresh water is essential for terrestrial life. Every house and farm needs water to maintain health and life. Without high quality fresh water life is impossible for plants, animals and humans.

P A L A W A N

The Last Frontier of the Philippines

PALAWAN Crocodile



There is a very complex food chain, a food web actually, that relies on water and produces abundant food if the soil surrounding the water ecosystem is healthy.



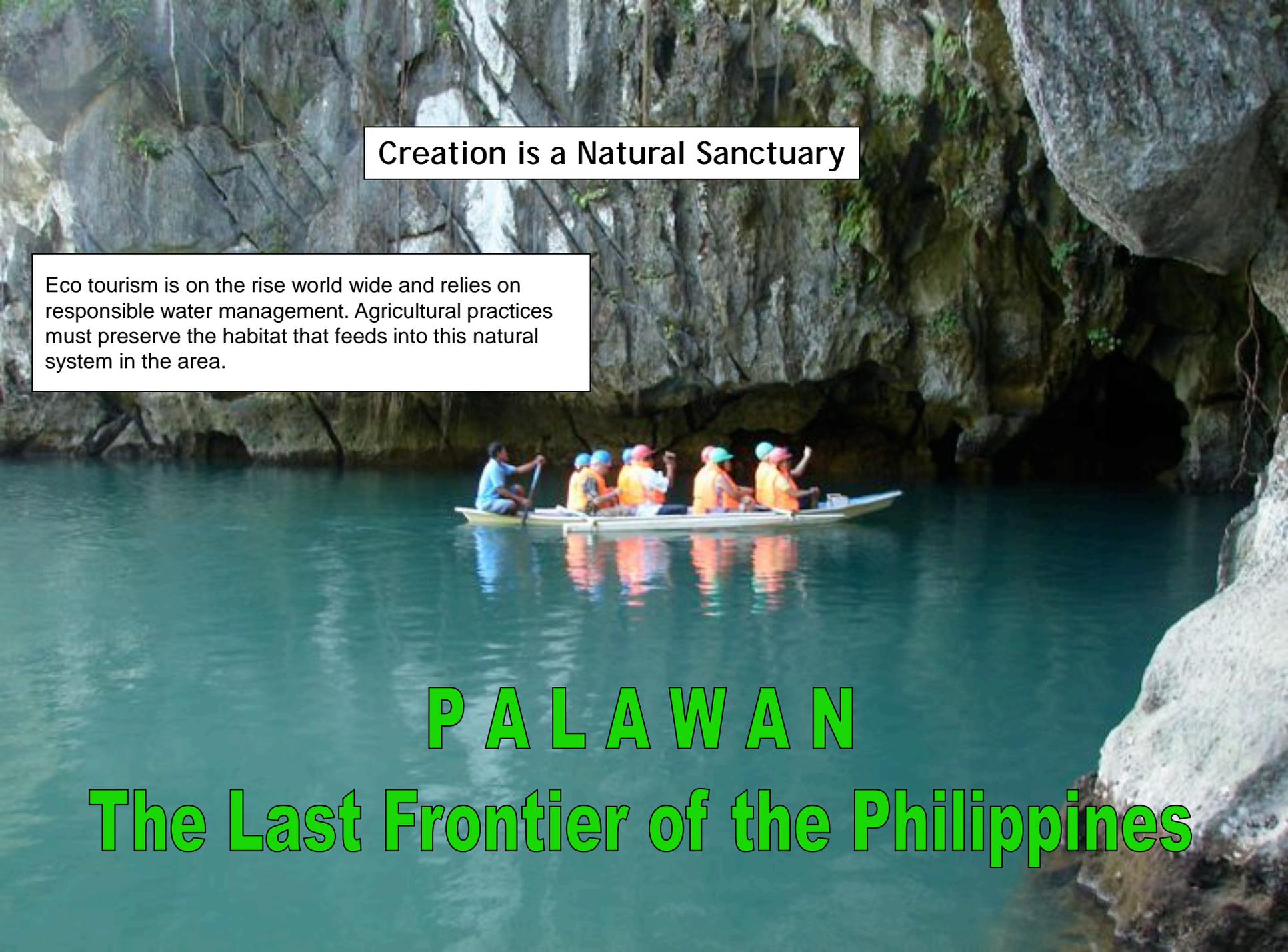
Welcome to
PUERTO PRINCESA SUBTERRANEAN RIVER NATIONAL PARK

Underground River

A NATURAL WORLD HERITAGE SITE

PUERTO PRINCESA CITY, PALAWAN, PHILIPPINES

Palawan and Puerto Princesa City are host to one of the Seven Wonders of Nature. The water flowing through this complex ecosystem needs to be clean and free of pollution to support life and remain pristine for the enjoyment of the visitors who partake of the eco-tourism activities in the area.

A group of people are in a long, narrow boat on a river. The river is surrounded by large, grey rock formations, some of which are covered in green moss or small plants. The water is a clear, light blue-green color. The people in the boat are wearing colorful hats and life jackets. One person at the front is using a long pole to navigate the boat. The scene is set in a cave or a narrow gorge.

Creation is a Natural Sanctuary

Eco tourism is on the rise world wide and relies on responsible water management. Agricultural practices must preserve the habitat that feeds into this natural system in the area.

PALAWAN

The Last Frontier of the Philippines



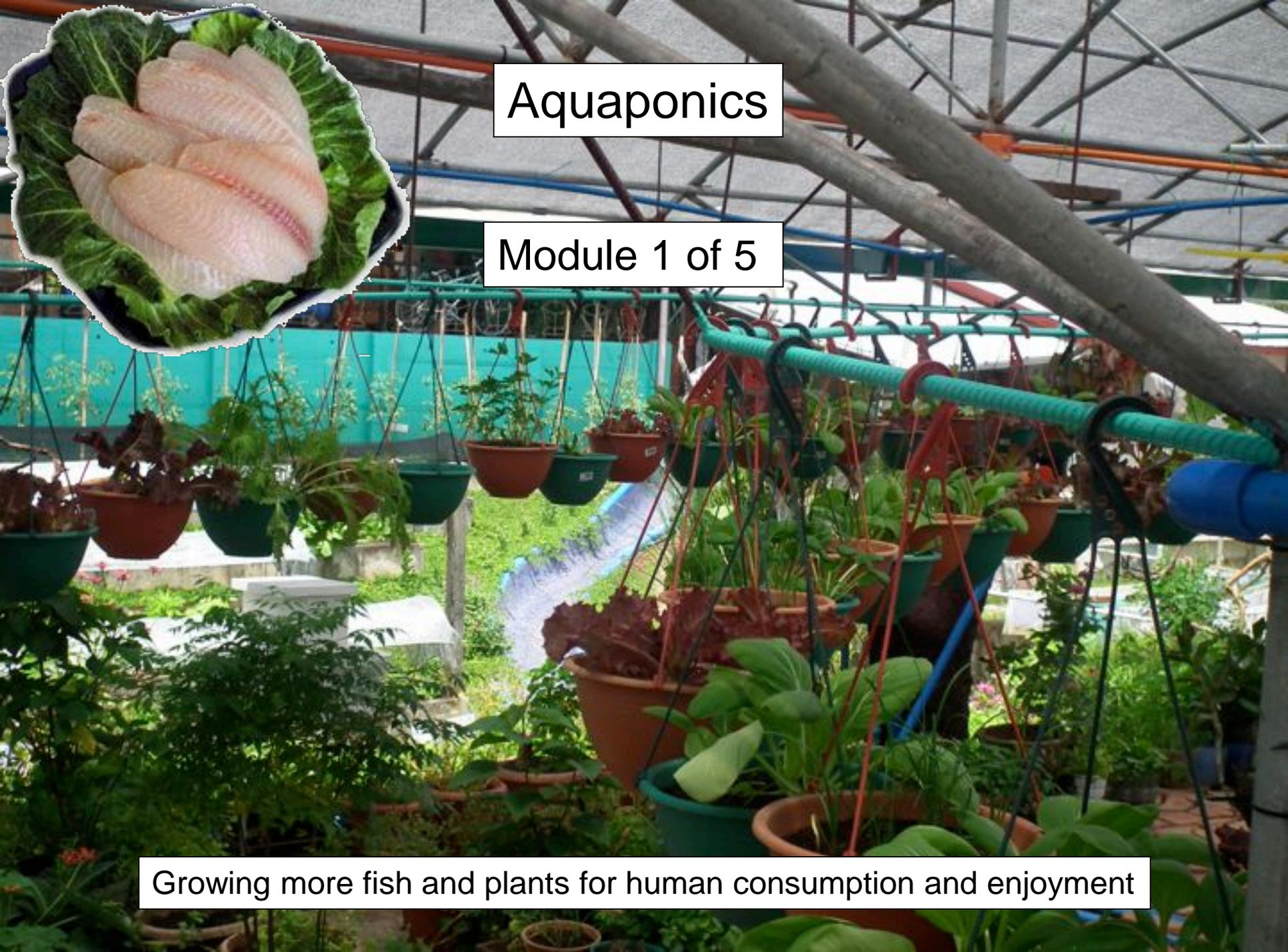
Agricultural practices in the watershed flowing into the Puerto Princesa subterranean river are not sustainable. They are mostly farmed *conventionally*. That means a regular use of toxic and poisonous chemical treatments that leach into the water system and poison the environment. Sustainable and profitable agriculture can be done with natural means using Nature Farming methods, organic systems and Permaculture techniques.





Aquaponics

Module 1 of 5



Growing more fish and plants for human consumption and enjoyment

Aloha Vaquaponics



Aloha House has developed and implemented systems for sustainable food production by integrating fish with plant production. Aquaponics has been successfully used around the world and many methods have proven themselves over time. Vaquaponics: Vermiculture within the aquaponic system bring more stability and health by recovering fish waste solids and biologically upgrading it to castings through the integrated earth worms. This is done in the grow beds of the plant component. Humates are introduced to the biodiverse system as a secondary by product within the castings.



**What is
aquaponics?**

Basil

Plants and fish
living together

Gabi/ taro

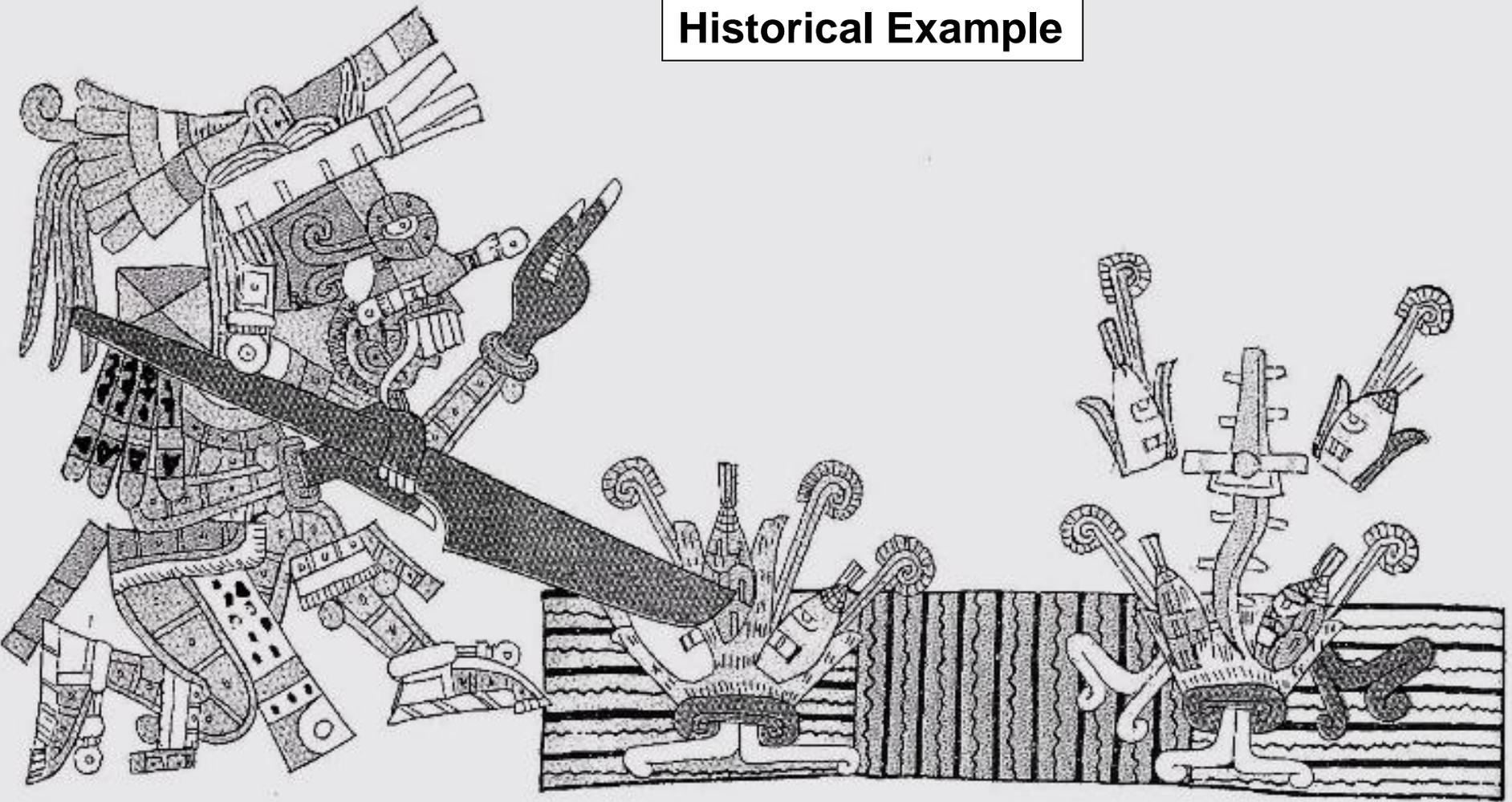
Kang kong

Start
with
Nitrate
loving
leafy
greens

1/2 Kilo Nile Tilapia



Historical Example



Chinampas in Xochimilco

A photograph of a 'floating garden' in a swampy area. The garden is a raised bed of earth and plants, situated in a body of water. The surrounding area is a dense forest of tall, thin trees. A path leads through the water towards the garden. The text 'The "floating gardens", actually an artificial peninsula.' is overlaid on the image in a purple font.

The "floating gardens", actually an artificial peninsula.



Chinampero
scooping up canal
muck.

Mucking for blocks





Chinampero, or canal farmer, poking holes and dropping seeds in his soil blocks. Most men are Aztec descendants and have continued on today the craft of canal farming. However, fewer and fewer families are sustained with their farms, due to the drainage of the shallow lake basin to make room for buildings and resorts.



Definition of Chinampas:
An artificial island, or
A long, narrow strip of farm
land surrounded on at least
three sides by water. Properly
maintained, they can produce
several crops a year and will
remain fertile for centuries
without having to lie fallow.
Each Chinampa is 300 feet
long and between 15-30 feet
wide (and *any* size with this
proportion). The surface of the
garden is a 2-3 feet above the
water and is topped every year
with the sediment found at the
bottom of the water canal that
surrounds it.















Intensive Nursery 10 years

Our transition to a closed loop circulating aquaponic unit started with a successful conventional soil based nursery and vegetable farm. We grow 55 vegetables and 33 herbs on 4 hectares of land. We practice composting and vermiculture as well as crop rotation and companion planting. We sell commercially to chefs, restaurants and groceries in the area as well as walk-in customers.



Intensive Nursery 10 years

Natural, chemical free, organic

Economical Racking system

Efficient Transport of Seedlings Bread Tray

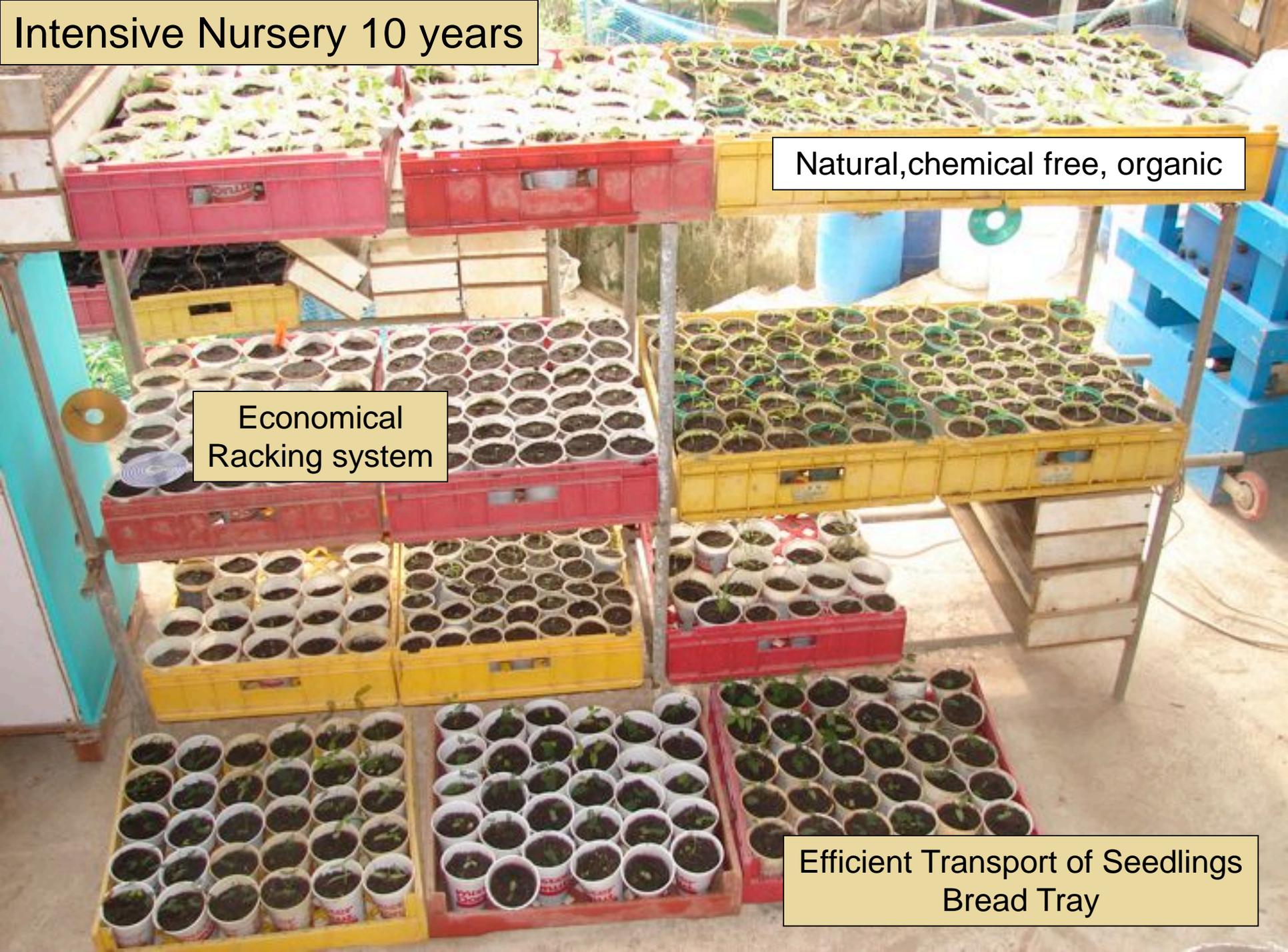


Intensive Nursery 10 years

Natural, chemical free, organic

Economical
Racking system

Efficient Transport of Seedlings
Bread Tray



Intensive Nursery 10 years



Natural, chemical free, organic

Overflow of Seedlings
Bread Tray

Intensive Nursery 10 years

SWISS CHARD

Natural, chemical free, organic

THAI-BASIL

Overflow of Seedlings
Designed for Bread Tray



Semi-intensive Fish Pond 7 years "Static Pond"

Natural, chemical free, organic

Rainwater from tanks from
roof water catchment

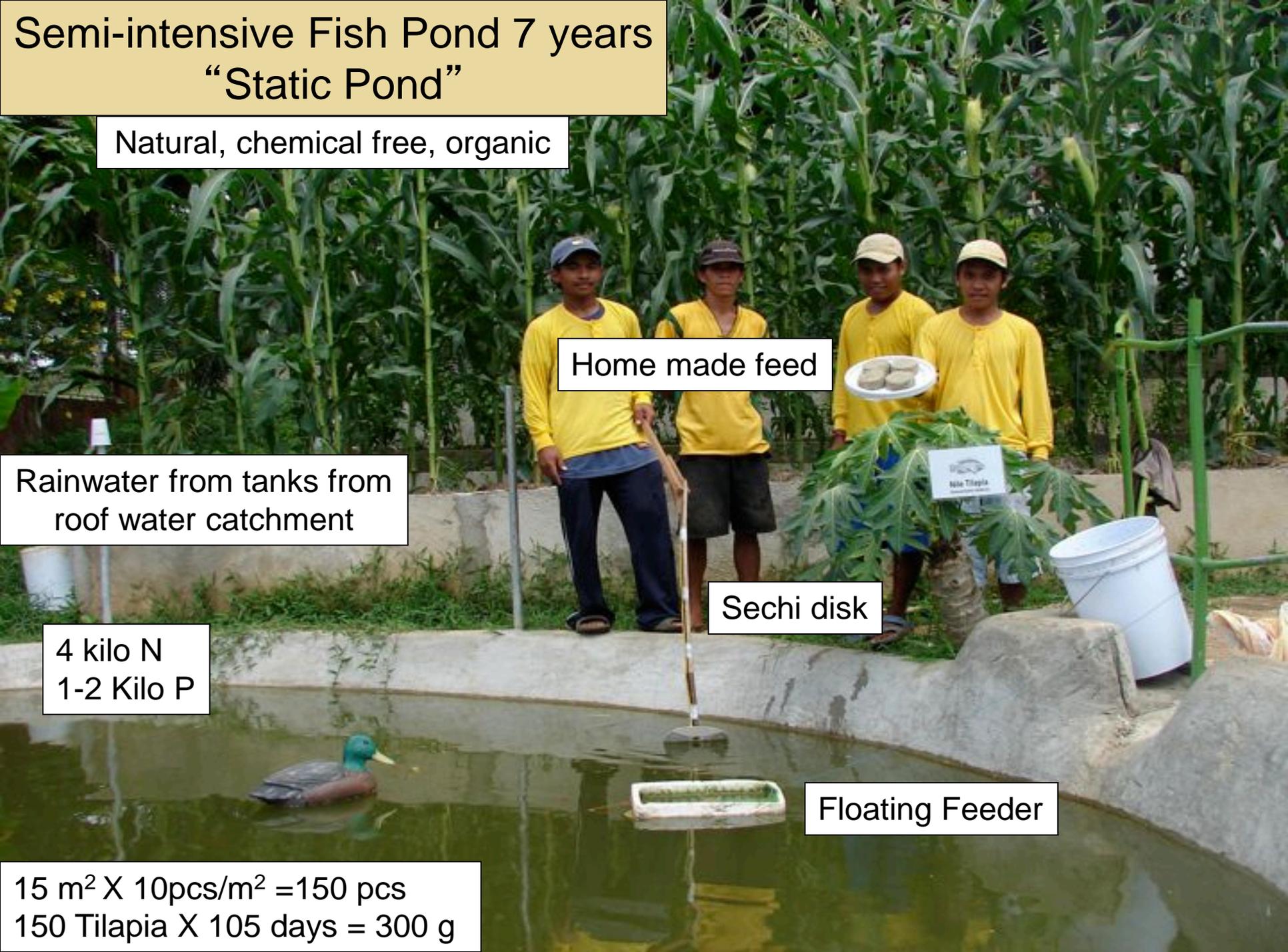
4 kilo N
1-2 Kilo P

Home made feed

Sechi disk

Floating Feeder

$15 \text{ m}^2 \times 10 \text{ pcs/m}^2 = 150 \text{ pcs}$
 $150 \text{ Tilapia} \times 105 \text{ days} = 300 \text{ g}$



Semi-intensive Fish Pond 7 years

Oreochromis niloticus

Natural, chemical free, organic

Nile Tilapia

$15 \text{ m}^2 \times 10 \text{ pcs/m}^2 = 150 \text{ pcs}$
 $150 \text{ Tilapia} \times 105 \text{ days} = 300 \text{ g}$

Semi-intensive Fish Pond 7 years

Bokashi Fish Feed

Home made feed

Natural, chemical free, organic

Homemade feed Sinks



Semi-intensive Fish Pond 7 years

Protect from fish

Home grown feed

Azolla

Natural, chemical free, organic

Floating Fish Feeder



10,000 sq m/hect x 1,600mm/year = 16,000,000 liters/hect/year

Water Harvesting

Vetiver erosion control



Swale 3

Water harvesting

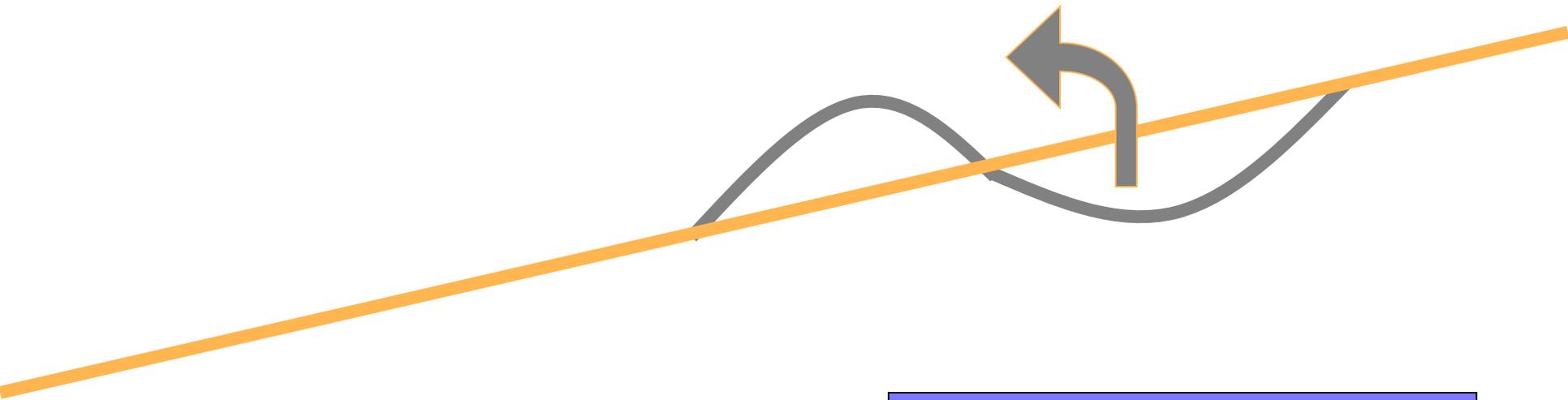


Swale 3

Water harvesting

The Swale

The best way to maximize rain water is by slowing it down so that it can soak into the ground. Give it the longest path on the slowest course.



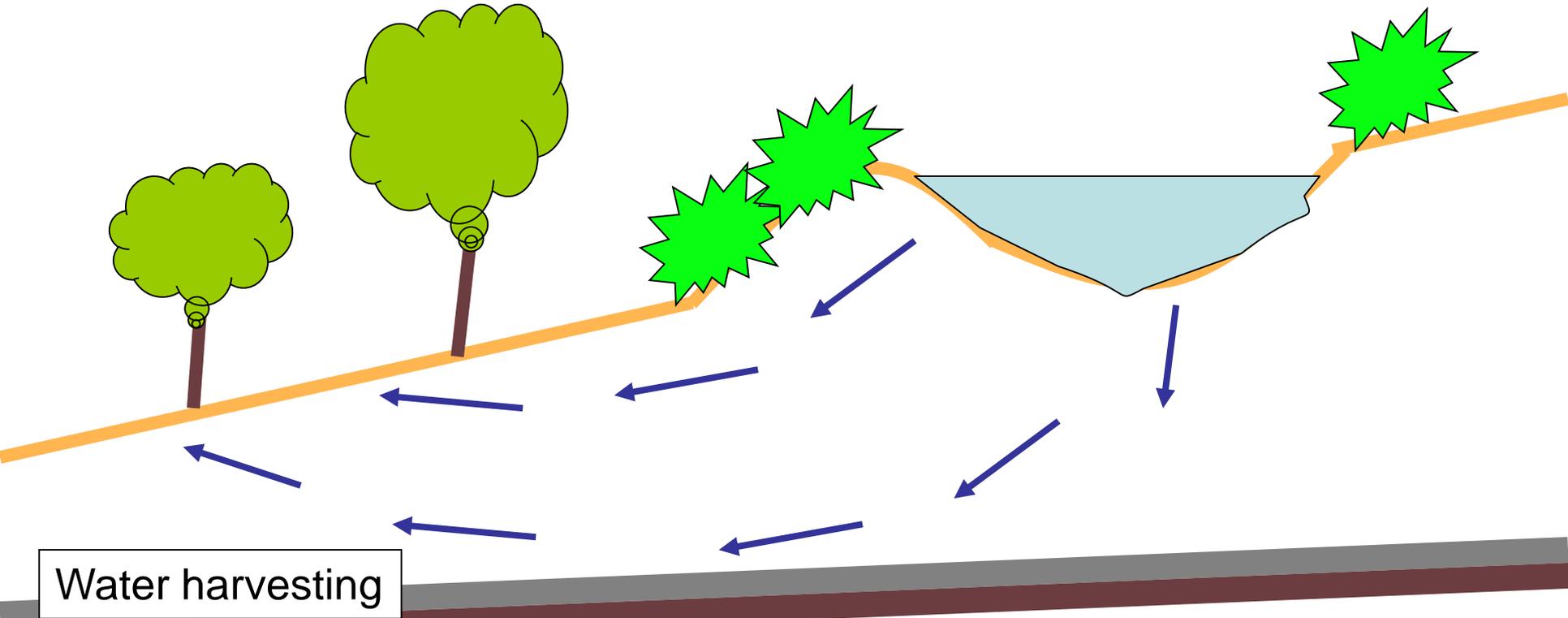
Water harvesting

Water harvesting technique on contour with the land

The Swale

Water provides extra growth potential in the soil system

Water percolates through to the lower soil 2 ways



Water harvesting

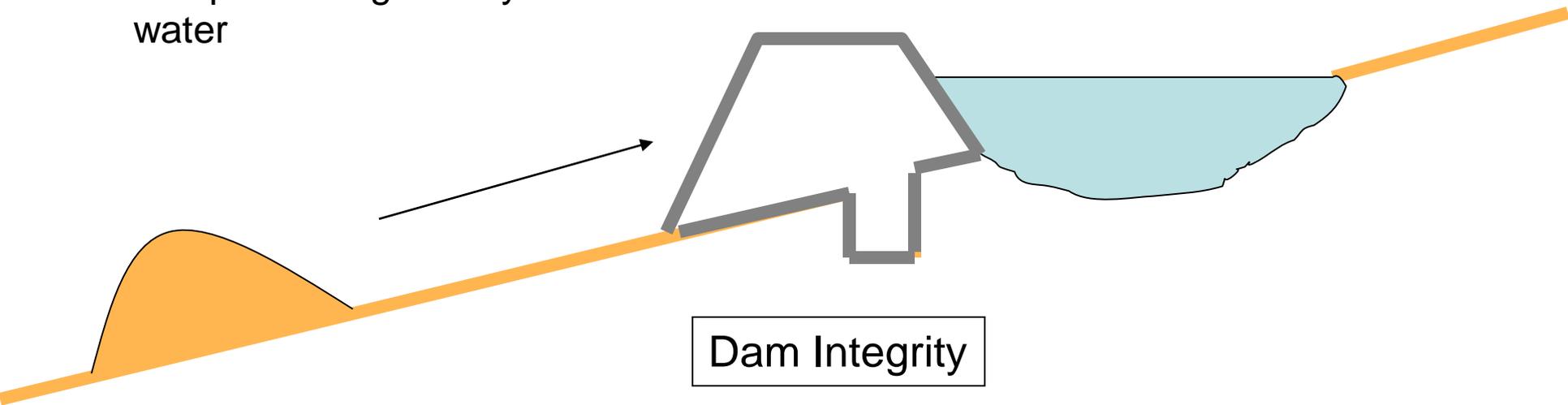


swale

Water harvesting

Dam Construction

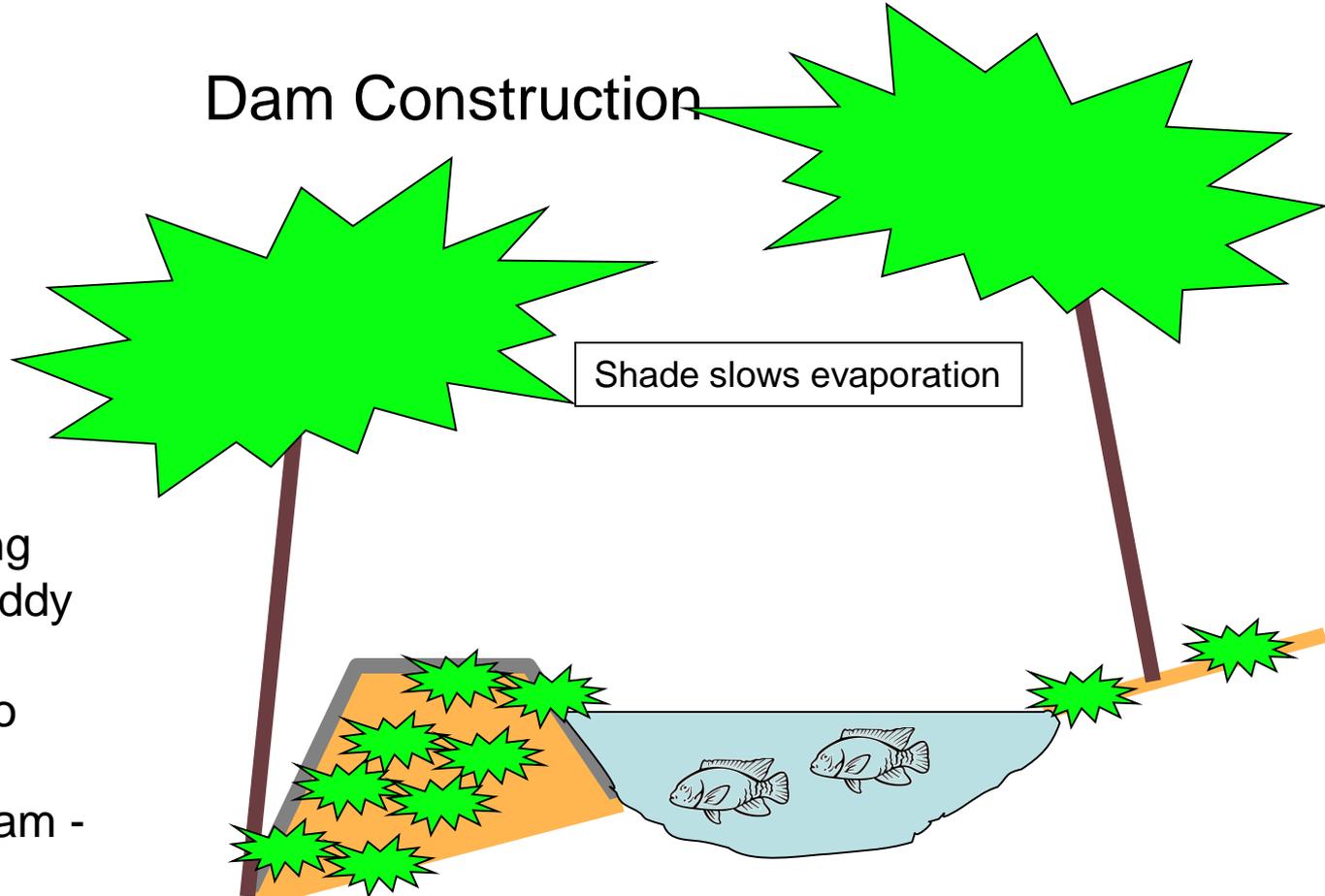
- Replace valuable topsoil for replanting and preventing muddy water



Dam Integrity

Water harvesting

Dam Construction



Shade slows evaporation

Dam longevity

Water harvesting

- Replace valuable topsoil for replanting and preventing muddy water
- Plant cover crop to prevent silt
- Trees are not in dam - - to prevent leaks/weakness

1. Deepen pond
2. Fill old spillway
3. Add swale w/ spillway

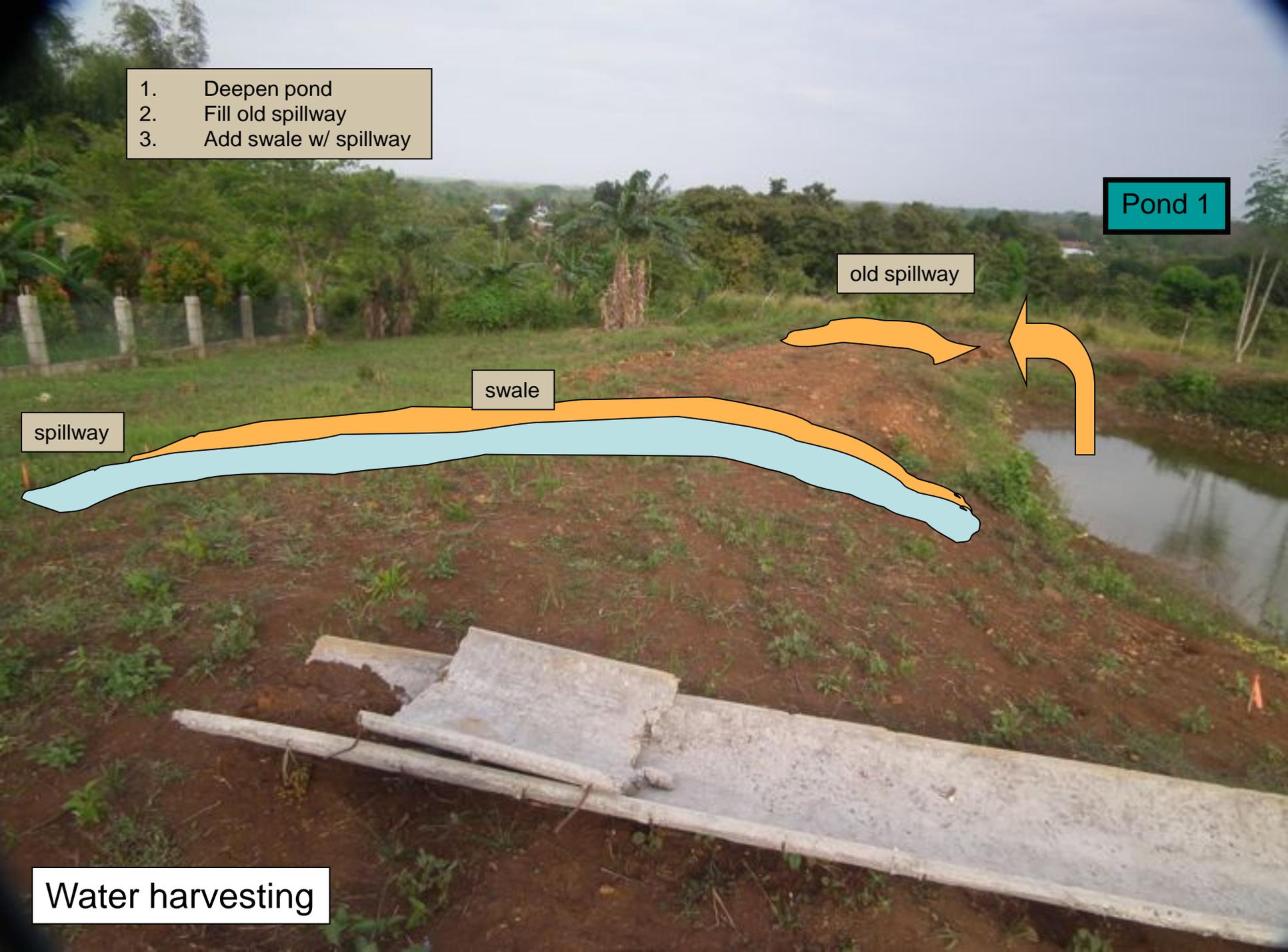
Pond 1

old spillway

swale

spillway

Water harvesting





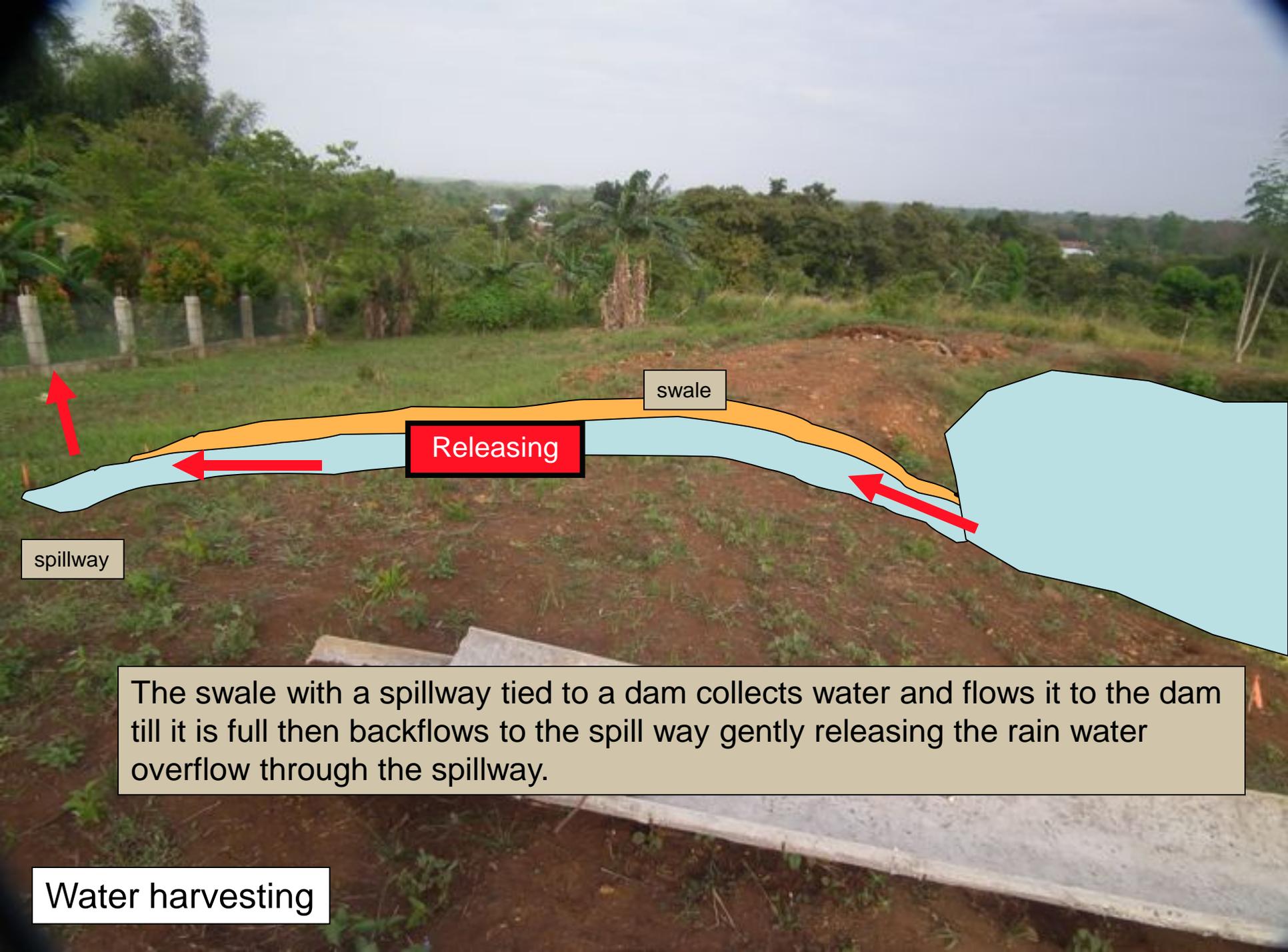
spillway

swale

Filling

The swale with a spillway tied to a dam collects water and flows it to the dam till it is full then backflows to the spill way gently releasing the rain water overflow through the spillway.

Water harvesting



swale

Releasing

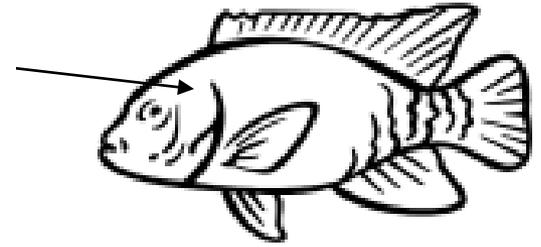
spillway

The swale with a spillway tied to a dam collects water and flows it to the dam till it is full then backflows to the spill way gently releasing the rain water overflow through the spillway.

Water harvesting

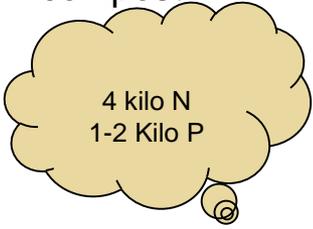
Green Water Culture

Gills covered
With membrane
To digest algae

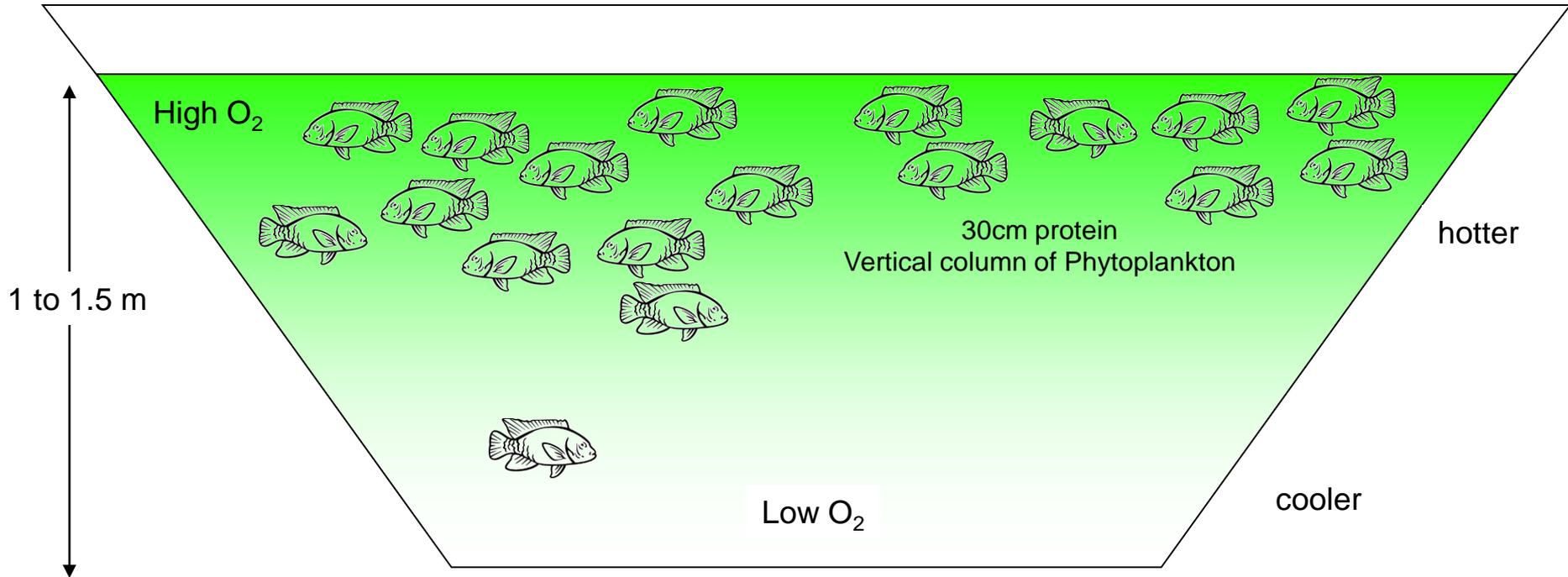
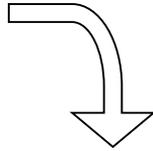


Tilapia

compost



4 kilo N
1-2 Kilo P





Green Water Culture

Tilapia

Vertical column of Phytoplankton
30cm protein

Water harvesting

Green Water Culture

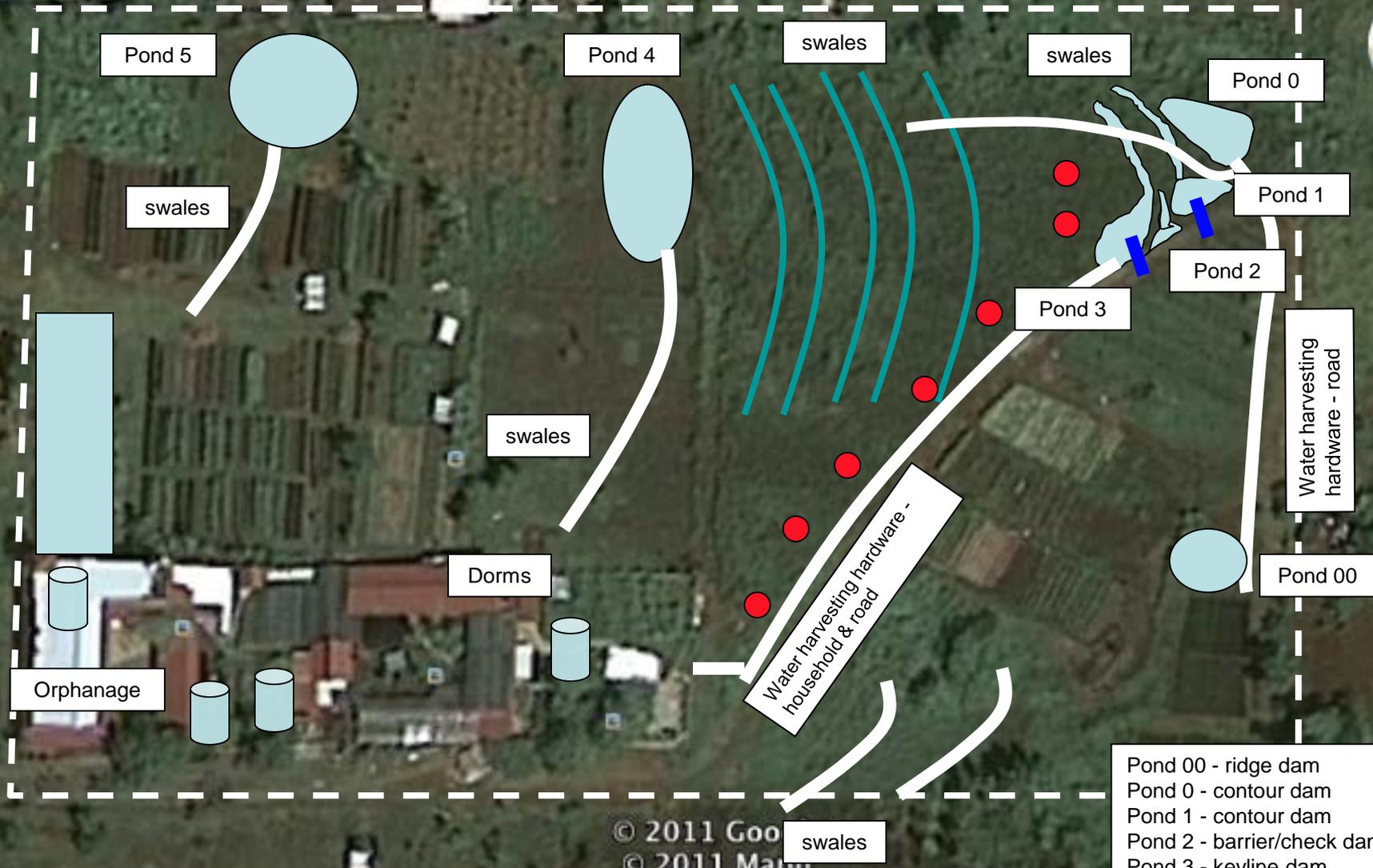
Tilapia

Vertical column of Phytoplankton
30cm protein

Common fertilization rates used to establish a phytoplankton bloom in fish ponds.

	Low hardness	Moderate hardness	High hardness
Granular 18-46-0	4-8 kilo/hectare	8-16 kilo/hectare	16-32 kilo/hectare

Water harvesting



- Pond 00 - ridge dam
 - Pond 0 - contour dam
 - Pond 1 - contour dam
 - Pond 2 - barrier/check dam
 - Pond 3 - keyline dam
 - Pond 4 - saddle dam
 - Pond 5 - ridge dam
-  12,000L rainwater storage

5 year Master development plan - 3 hectares - tropical - 1,600mm annual rainfall
 30% pasture, 30% forest, 15% water, 25% fruits/vegetables

© 2011 Google
 © 2011 Mapbox

Vetiver erosion control



Vetiver erosion control



12 months

Established vetiver for erosion control

Why aquaponics?



Why aquaponics?





Why aquaponics?



Intensive Nursery 15 years ago



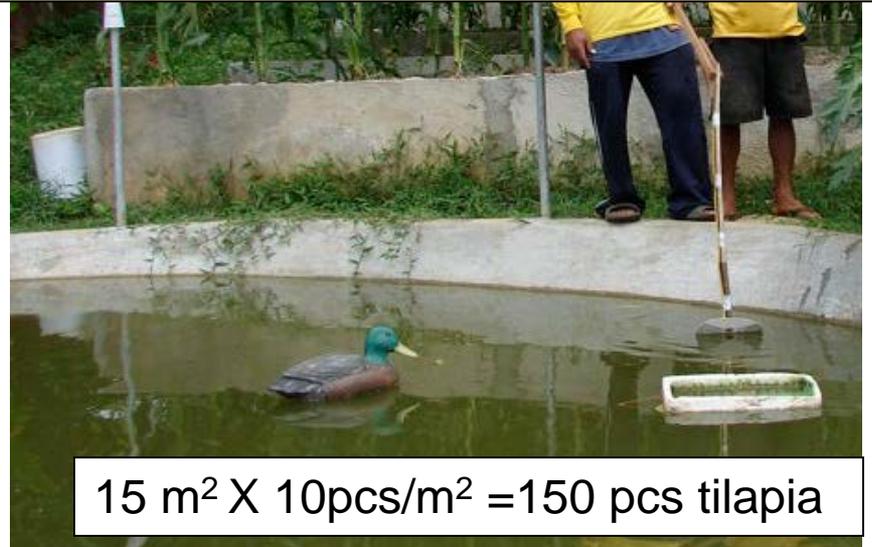
Natural, chemical free, organic

Intensive Nursery 15 years ago



Natural, chemical free, organic

Semi-intensive Fish Pond 12 years ago



$15 \text{ m}^2 \times 10 \text{ pcs/m}^2 = 150 \text{ pcs tilapia}$

Intensive Recirculating Aquaponic System 5 years ago

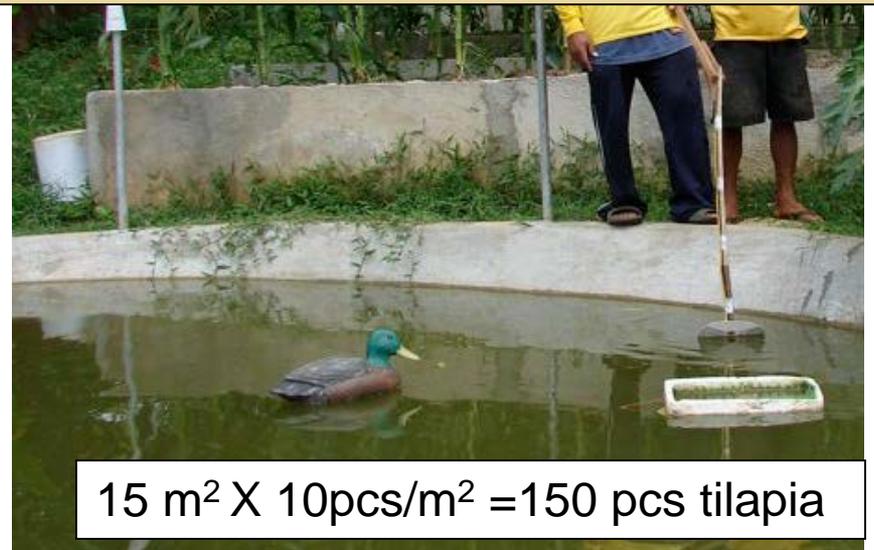
$15 \text{ m}^3 \times 250 \text{ pcs/m}^3 = 3,000 \text{ pcs tilapia}$

Intensive Nursery 15 years ago



Natural, chemical free, organic

Semi-intensive Fish Pond 12 years ago



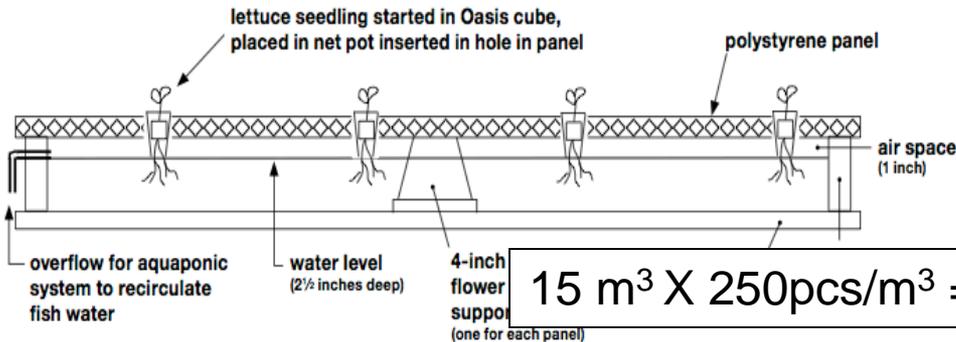
15 m² X 10pcs/m² = 150 pcs tilapia

Intensive Recirculating Aquaponic System 5 years ago

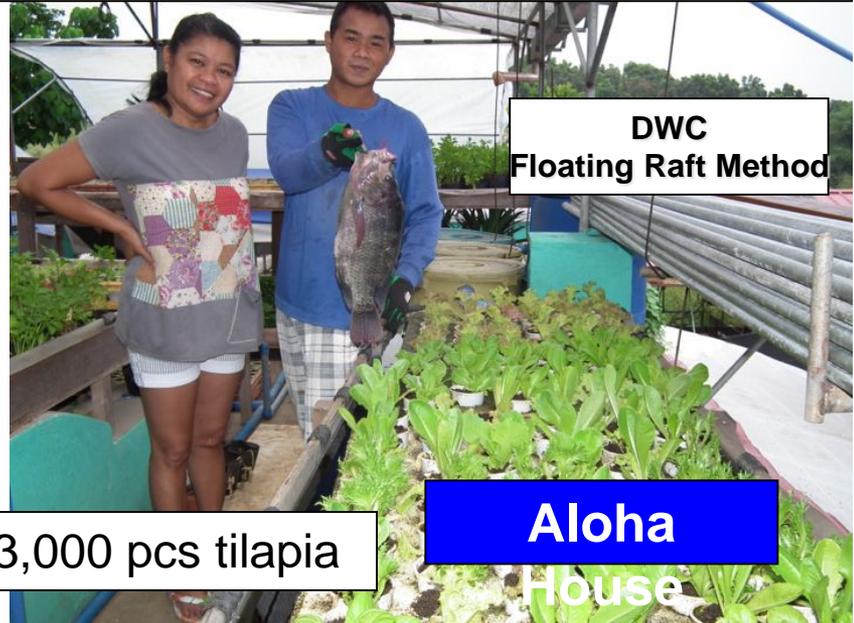
UH-CTAHR Small-Scale Lettuce Production with Hydroponics or Aquaponics SA-2 — Oct. 2009

Cross-section (width) showing elements of a lettuce tray

(scale 1/4 inch = 1 inch if printed so this page has 1/4 inch margins)



15 m³ X 250pcs/m³ = 3,000 pcs tilapia



DWC Floating Raft Method

Aloha House

Who should engage in this technology?

Appropriate Technology

- If land is expensive
- You live in a dense urban environment
- You have access to a niche market
- Energy costs are low, never disrupted*
- You can sell at premium prices
- Water is scarce (it conserves water)
- You want to improve your food supply

Inappropriate Technology

- If land is inexpensive /abundant water
- You're in a remote location
- Energy costs are high, or disrupted*
- You do not have a market to sell into
- You're not concerned about a poisoned food supply**

*Pumps usually run 24hrs/day 7days/week

**Pesticides on the plant will kill the fish

Hanging Raft Method

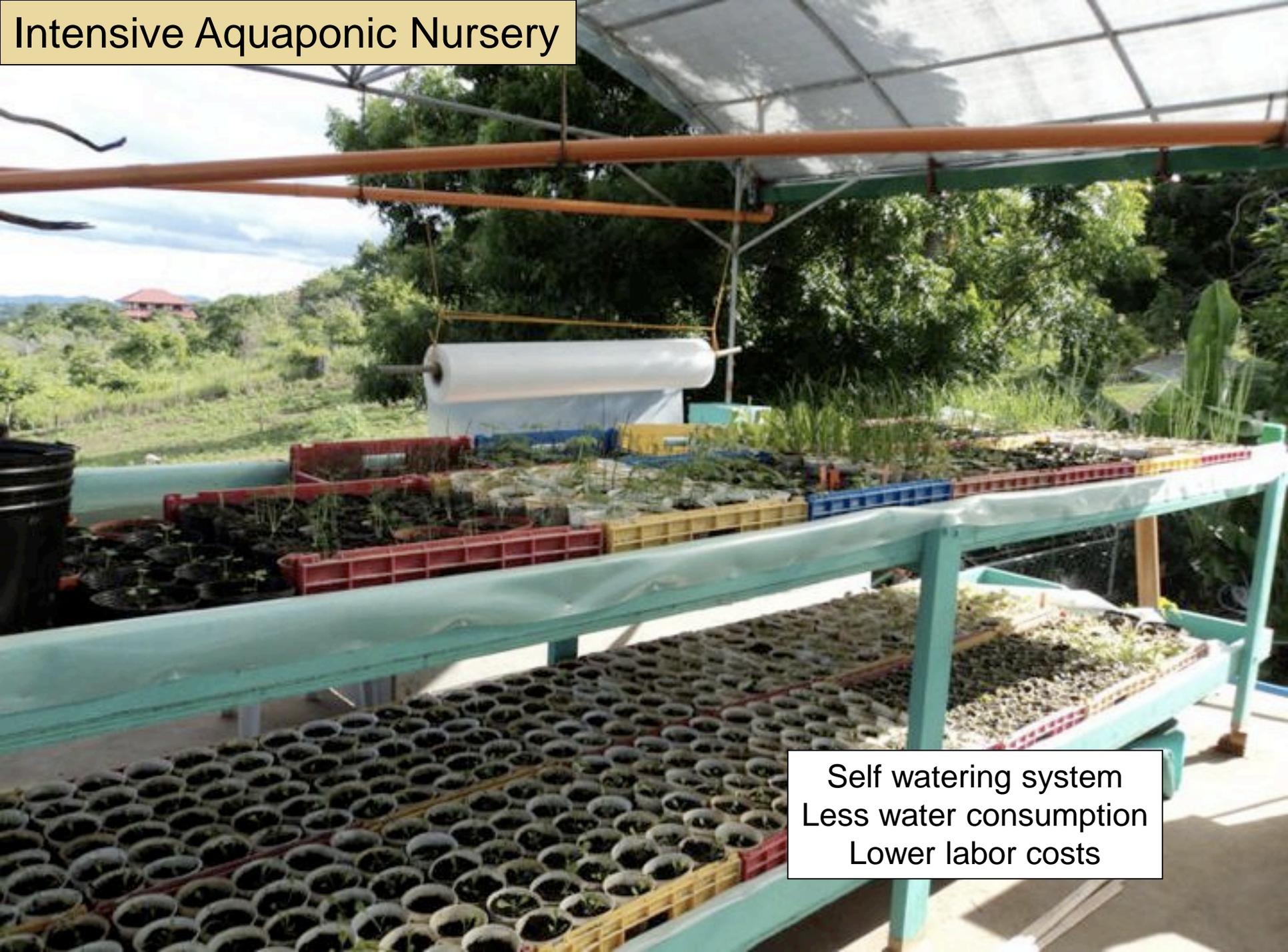


Aloha
House

Gentle flow of 10% or less

Fine filter a fraction of system water for raft method

Intensive Aquaponic Nursery



Self watering system
Less water consumption
Lower labor costs

Manila Price

FREEZE Catch of the Day
LIMBO TILAPIA
170.00 /kg

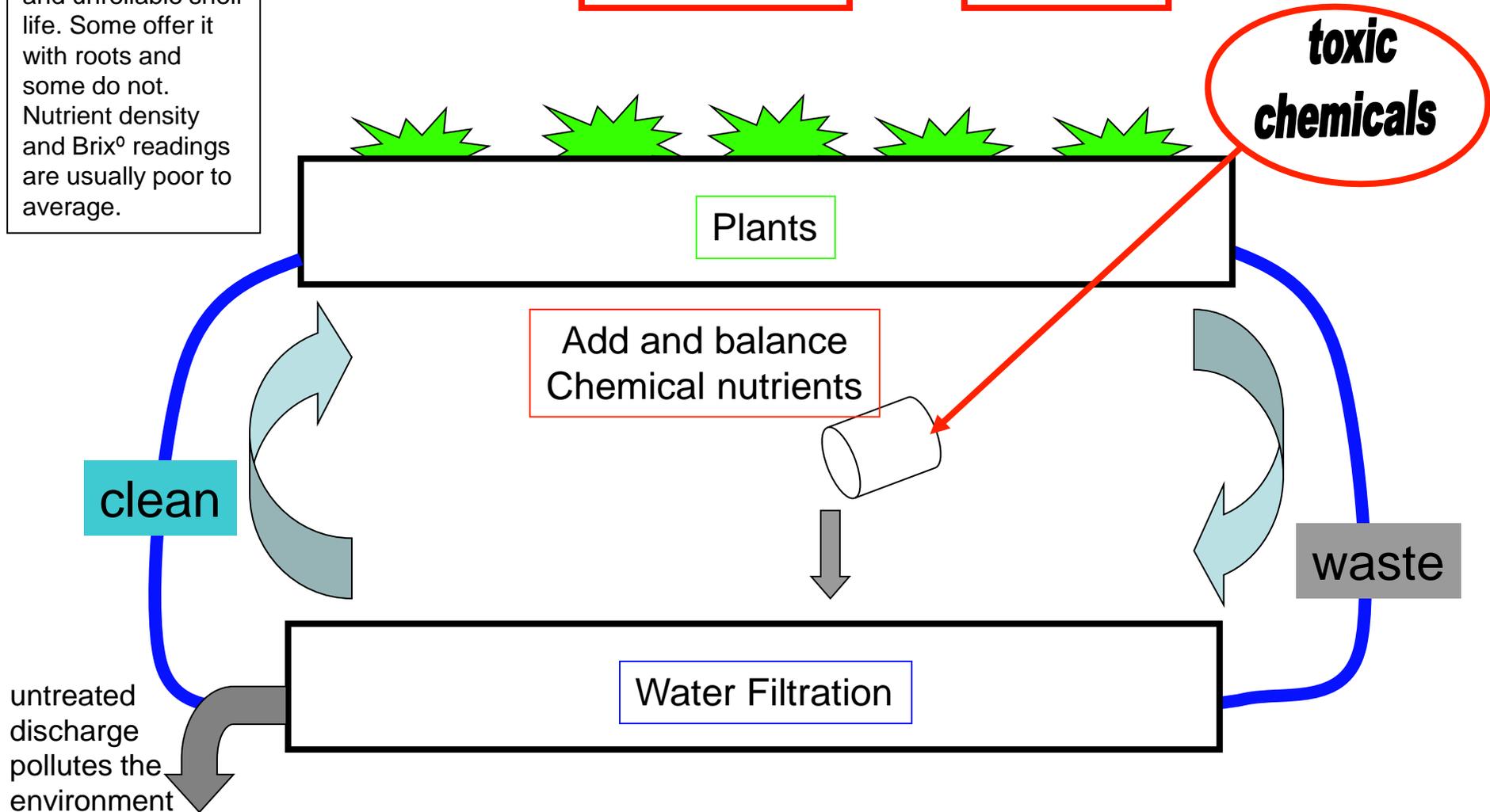


There are currently hydroponic growers from California to Montreal, Hong Kong to Dubai, but few produce high volume and tests show fairly short and unreliable shelf life. Some offer it with roots and some do not. Nutrient density and Brix^o readings are usually poor to average.

Hydroponics

Plants are grown in a soil-less medium

ORIGIN: 1930s from **hydro-** [of water] + Greek **ponos** 'labor' + -ics .



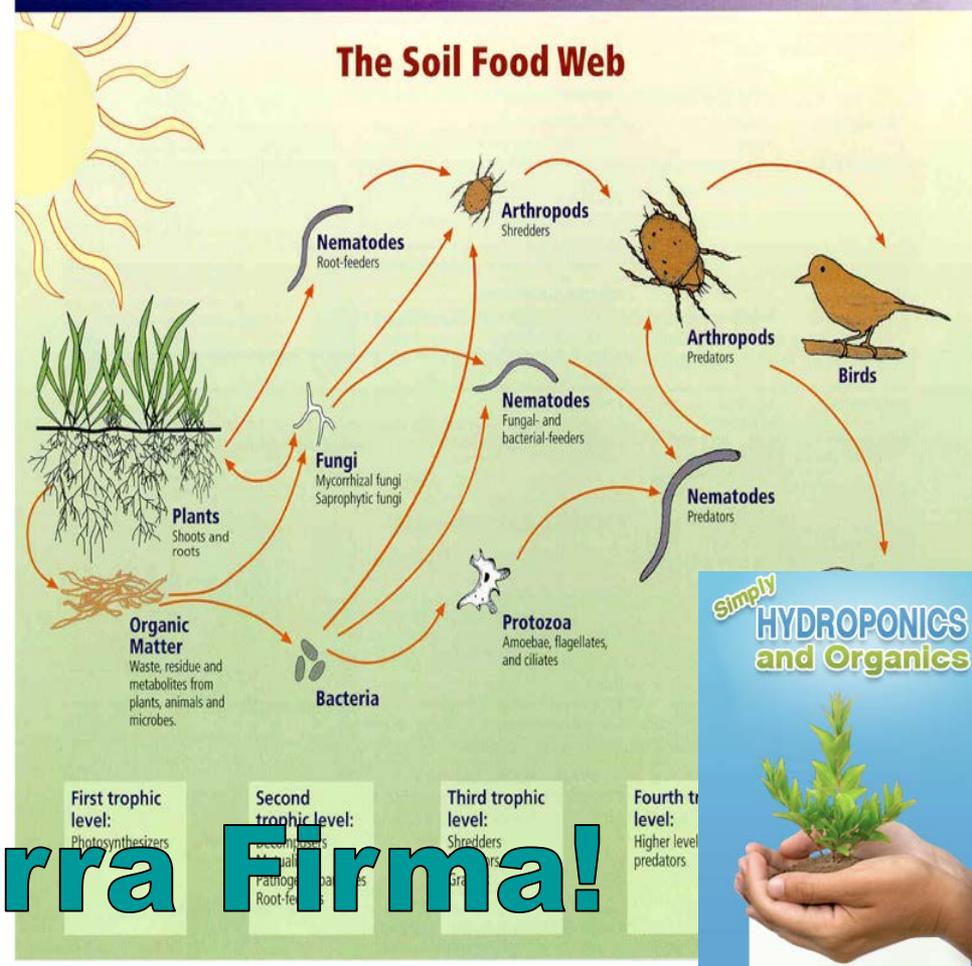
Criticism of Hydroponics

1. Technologically Advanced
2. Management Intensive
3. Can you find a system in operation over 1 year?
4. How about 5 years old?
5. Often Exotic Imported Mediums
6. Nutritionally lacking...

Nutritional proof lacking: Claims only

With intensive use:
 Water gets worse not better...
 Soil gets better, not worse

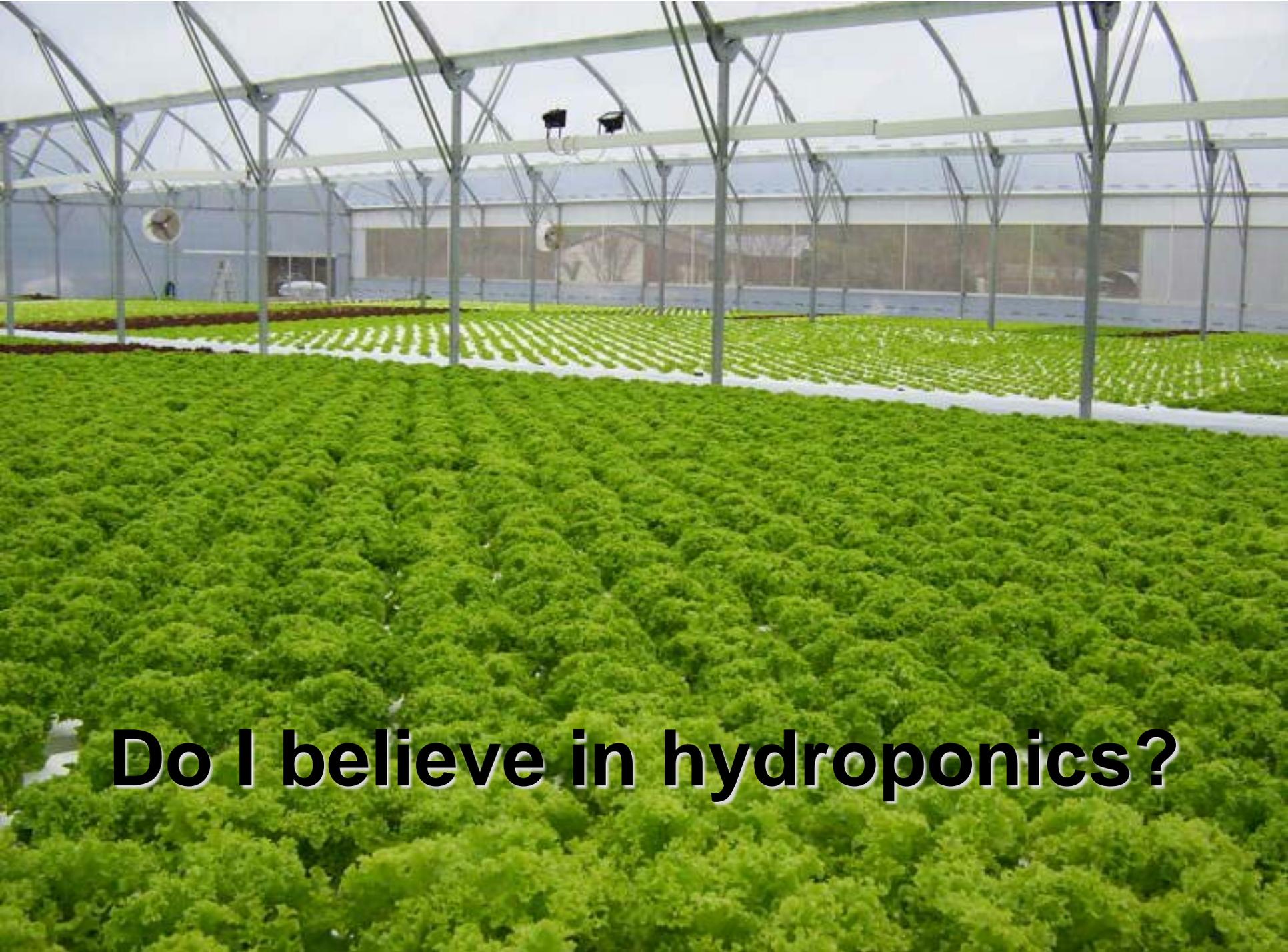
Terra Firma!



Hydroponic Farming Eliminates The Soil

Then God said, "**Let the land produce vegetation: seed-bearing plants and trees on the land** that bear fruit with seed in it, according to their various kinds." And it was so. **12 The land produced vegetation:** plants bearing seed according to their kinds and trees bearing fruit with seed in it according to their kinds. **And God saw that it was good. 13** And there was evening, and there was morning, the third day.

	Traditional Farming	Emirates Hydroponics Farms	Water saving / kg yield
Lettuces	320 Gallons	10 Gallons	310 Gallons
Tomatoes	360 Gallons	12 gallons	348 Gallons
Strawberries	370 Gallons	54 Gallons	316 Gallons



Do I believe in hydroponics?



Do I believe in hydroponics?

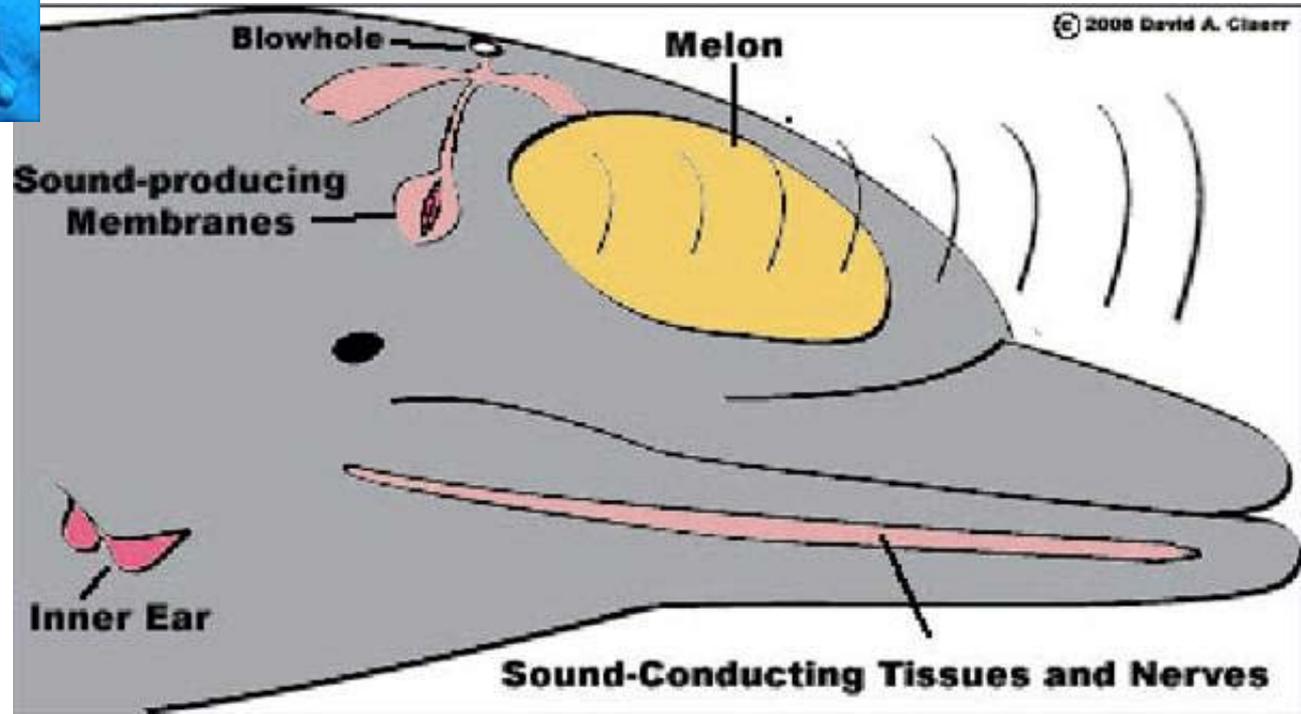
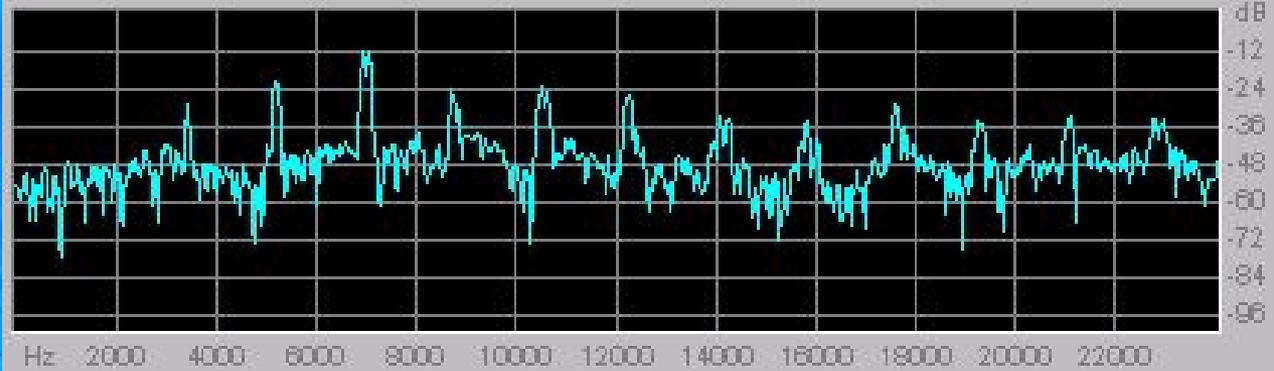
Why not?

God invented it...

...it's called seaweed, kelp and algae!

Hydrophonics

ORIGIN: 2010s from hydro- [of water] + Greek phono [sound] + -ics

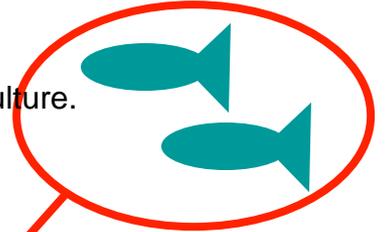


Many people coming to our farm inquire about hydrophonics. Hydrophonics is not **Hydroponics**. Hydrophonics does not exist and appears in no modern or ancient dictionary. I suppose if the word did exist then the Greek would mean **sound in water**, like a dolphin perhaps communicating to it's pod. Please make sure you pronounce the words for agricultural study as accurately as possible.

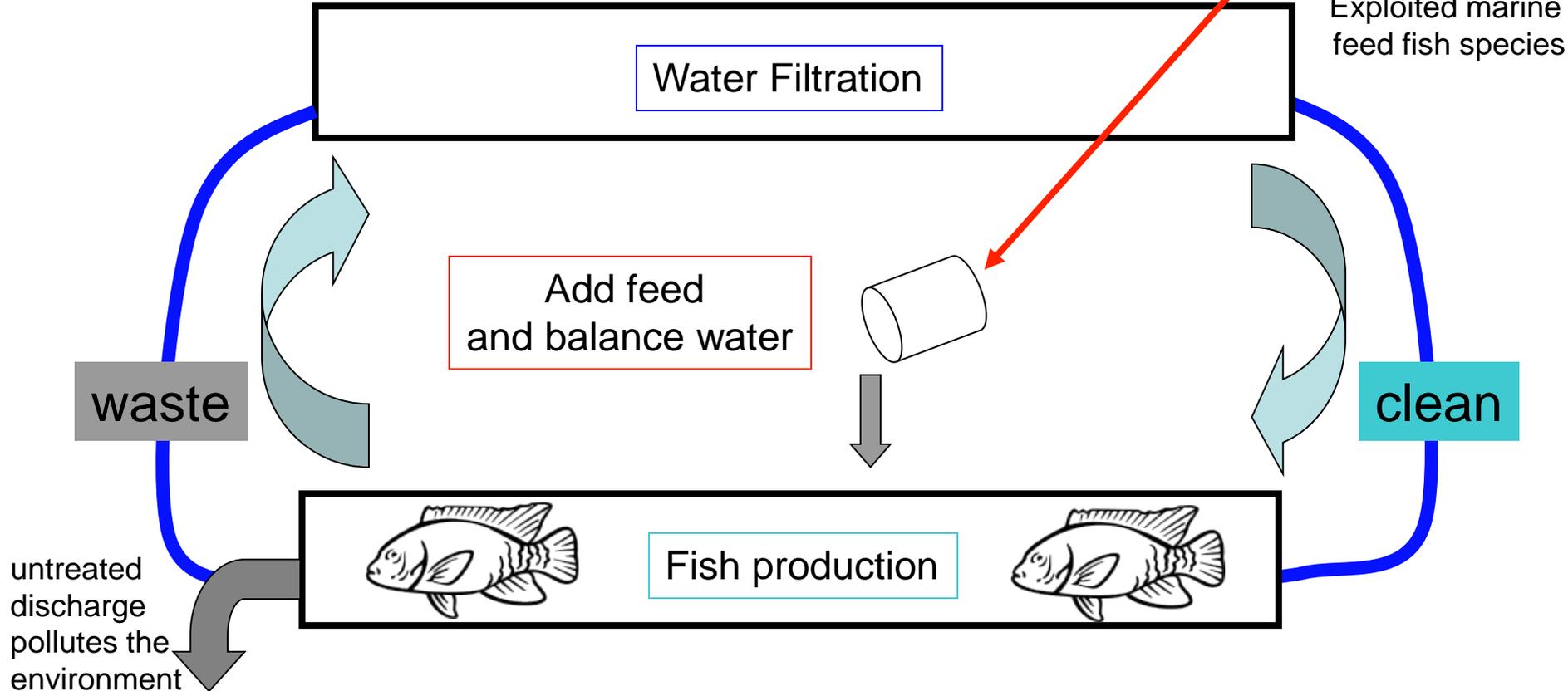
Recirculating Aquaculture

Fish are grown in a water tank or pond system

ORIGIN mid 19th cent: from Latin aqua 'water' + culture, on the pattern of words such as agriculture.

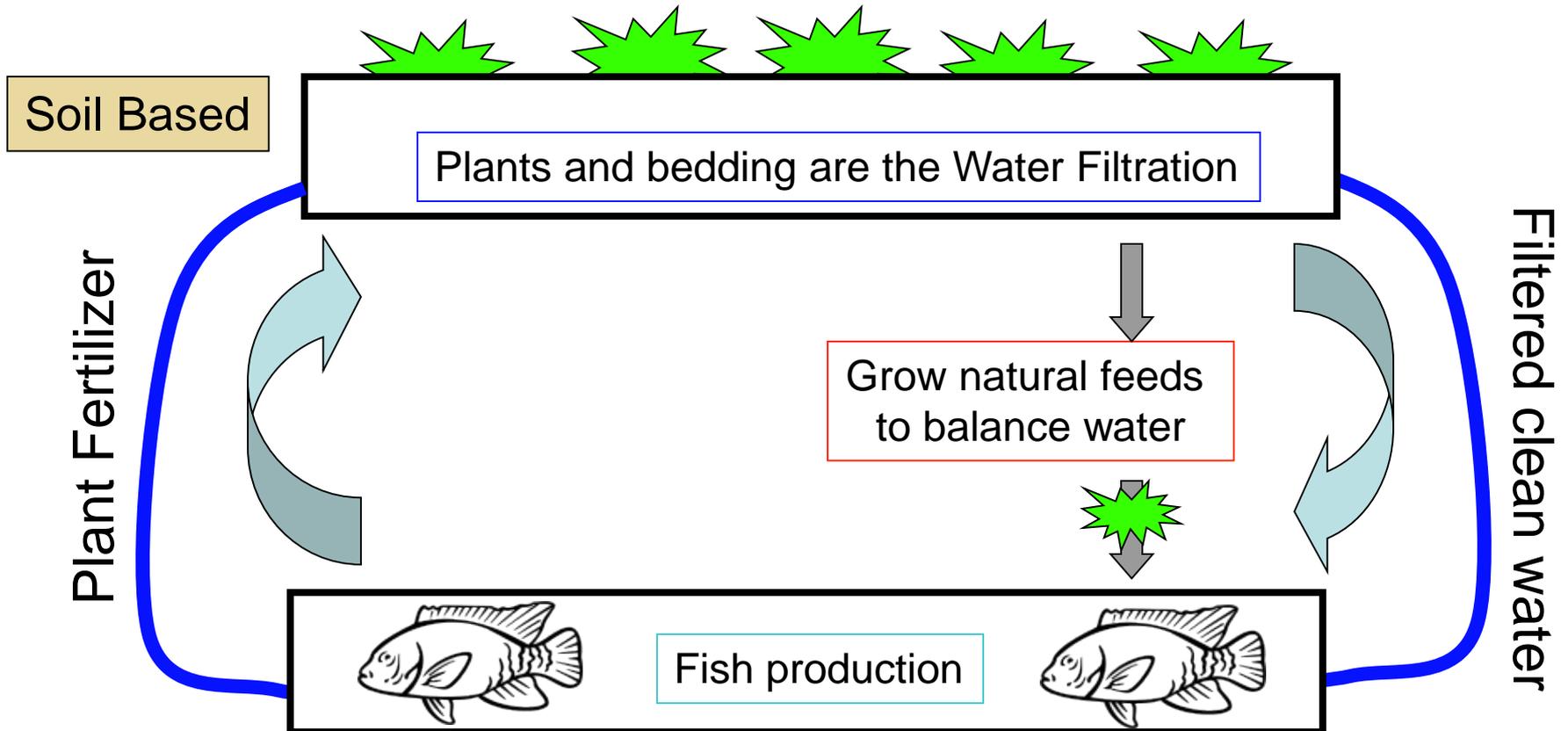


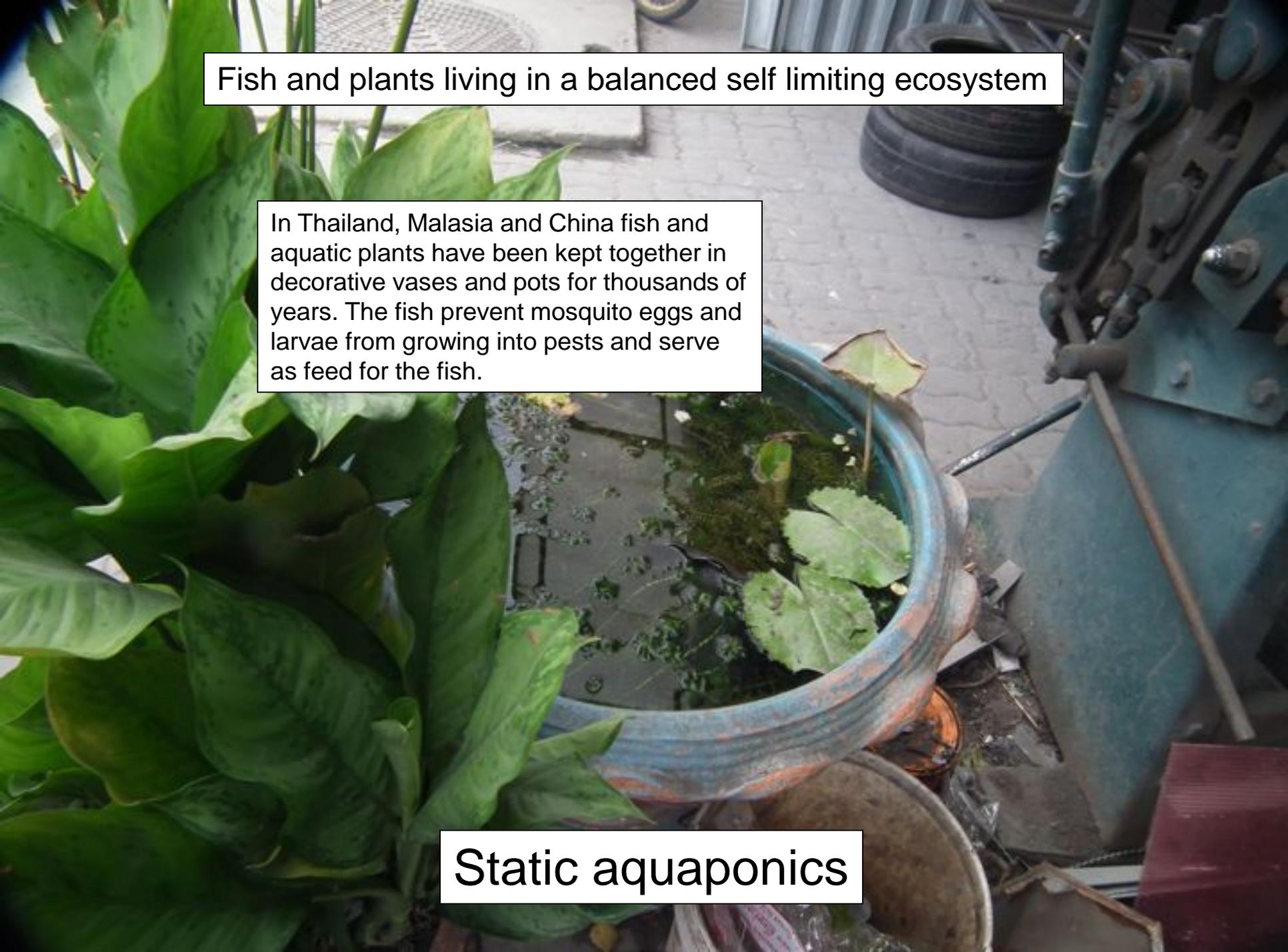
Exploited marine feed fish species



Aquaponics = Aquaculture + Hydroponics

ORIGIN: 1960s from Aqua - [implying fish] + Greek **ponos** 'labor' + -ics .





Fish and plants living in a balanced self limiting ecosystem

In Thailand, Malasia and China fish and aquatic plants have been kept together in decorative vases and pots for thousands of years. The fish prevent mosquito eggs and larvae from growing into pests and serve as feed for the fish.

Static aquaponics



Static aquaponics

Algae is seen growing in the water, utilizing any available sunlight and also nutrients from the fish waste. Many fish in turn feed on the high protein phytoplankton, string algae and blanket algae. The balance between fish and algae needs periodic monitoring and intervention depending on the breeding rate of your fish, waste production, sunlight and the algae growth rate.

Fish and plants living in a balanced self limiting ecosystem

Static aquaponics

Phytoplankton, unicellular algae, is seen growing in the water, utilizing any available sunlight and also nutrients from the fish waste. The catfish were fed commercial feed and vegetable scraps. Water hyacinth utilize the nutrient load from the fish and grow rapidly.



Catfish and Water Hyacinth

Water hyacinth utilize the nutrient load from the fish and grow rapidly. The catfish do not consume the plant or it's root, proving to be an appropriate companion system.

Static aquaponics



Catfish and Water Hyacinth



Water hyacinth are systematically culled and fed to the chicken. They will consume the insects that a resident in the host plant and the the plant itself, proving to be a well integrated food source from the static aquaponic unit that rears catfish.

Static aquaponics



Chaquaponics



Water hyacinth utilize the nutrient load from the turtles and grow rapidly. The turtles will consume the plant so growth rate and quantity of plants need to be balanced. This is an appropriate companion system if quantities of water hyacinth out grow the consumption rate of the turtles.

Turtleponics

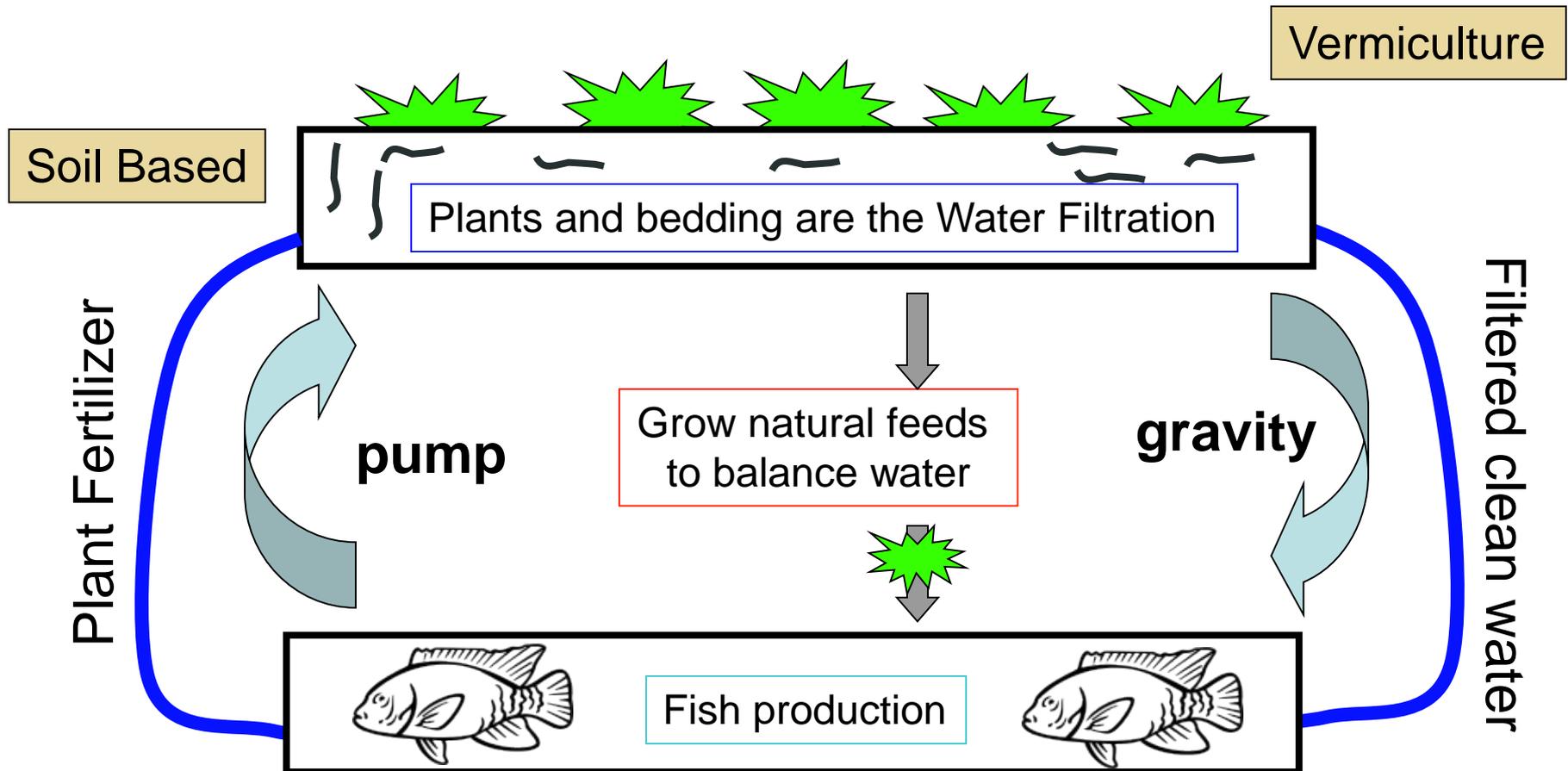
Duckweed utilize the nutrient load from the fish and ducks and grow rapidly. The tilapia and ducks consume the plant, proving to be an appropriate companion system if additional grow ponds are available as duck stocks grow larger and consume more.



Duckponics

vAquaponics = Aquaculture + Hydroponics

ORIGIN: 1960s from Aqua - [implying fish] + Greek **ponos** 'labor' + -ics .



vAquaponics = Integrated Vermiculture

The highly desirable kang kong is grown outside the pond area and manually harvested and fed to the ducks. The plant is growing in a gravel flow through bed nurtured from the waste of the fish and ducks.



Duckponics

Duckweed utilizes the nutrient load from the fish and ducks and grow rapidly. As ducks mature addition grow ponds are available to grow more duckweed.



Duckponics

Conventional confinement systems deprive ducks of their natural development and produce lower nutrition than sun drenched, naturally fed aquatic ducks.



08/16/2012 12:21



Water is continually circulated through grow beds that act as biological and solids filters where earthworms and bacteria do all the hard work.



Duckponics



Tigerponics



Algae in nutrient rich tiger bath water could circulate through simple grow beds with feed species for other animals in the zoo. The water would not need to be flushed into the wild waterways, thus keeping Thailand clean and green.

Fact is you can integrate unlimited combinations of nutrient sources to produce more food for people and livestock any where in the world.



Bootponics



Nitrate loving leafy greens

CONTROL



Soil based

Gotocola

S.R.BED 4



Aquaponics

Simulated river bed

Simulated river bed

CONTROL



Soil based



Aquaponics

Nitrate loving leafy greens

Kangkong



EPA Profile of "Bio-ponics" and "Aloha Bio-ponics"

Bioponics

Integrated Lifecycles
Produce Synergy



Aloha Bioponics

Complex systems the mimic nature can be designed to run in a simplified unit that is profitable and "natural".

ORIGIN: 1800s from Greek Bio - life + Greek **ponos** 'labor' + -ics.

Educational opportunities connecting people with their food supply

Goal: Learn what it takes to build a profitable system that is sustainable.



'finally got it to cycle"

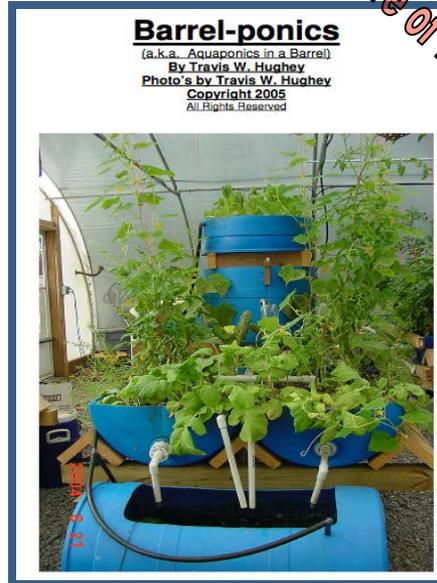


Submitted on: June 09, 2010, 09:22:44 pm

After days of experimenting and trying to figure out the ins and outs (no pun intended) of AP, I finally got the water to cycle from my 55 g blue barrel FT to my grow bed and back. Below is the parts list for my mini-system. I have yet to get my fishies and start the seeds but as soon as I do, I'll post pictures.

- FT: 55 gallon blue barrel
- Grow bed: 1 bag of Niu black cinder
- Pump: Maxi Jet 400 (110 gpf)
- Tube: 1/2" ID clear vinyl tubing

*Too Small
to be Stable*



*Popular
starting point
Be aware of limitations*



There are many helpful resources online, but few are commercially viable despite the claims of the proponents. A high degree of the internet bandwidth for aquaponics consists of amateur tinkerers, dabblers and hobbyists who spend a disproportionate amount of resources (time and money) compared to the actual yield in their aquaponic unit. Much can be learned what to do (or not do) from these sites. Often the size of the system is too small to be stable. Size limitations will be discussed later in this first part.

2,000 liters
Aquaponics



A professional aquaculturist skeptically builds his first aquaponic unit for evaluation. A gravel bed ebb and flow bell siphon system is a good starting point due to ease of operation and minimal filtration needs. Note the low head for pump efficiency to minimize energy costs. He admitted he has the advantage of his many years of fish rearing and needs to expand his horticultural knowledge.

Concrete mixing
containers





Chiang Mai Children's
Home
Aquaponics



Red tilapia



A professional aquaculturist has the advantage of many years of fish rearing and the red tilapia were robust in this raft method aquaponic system.

Chiang Mai Children's
Home
Aquaponics



A professional aquaculturist builds his second aquaponic unit for evaluation. A raft method is selected due to it's higher yield potential. This system requires an extensive filtration unit. Note the low head for pump efficiency to minimize energy costs.

Filter

Chiang Mai Children's
Home
Aquaponics



Raft Method
vegetable
production



Biofouling is noted often in raft method. Without extensive filtering of settled and suspended solids the roots of this basil will limit nutrient uptake. It requires a more complete filtration unit.

Chiang Mai Children's
Home
Aquaponics



















Who should engage in this technology?

Appropriate Technology

- If land is expensive
- You live in a dense urban environment
- You have access to a niche market
- Energy costs are low, never disrupted*
- You can sell at premium prices
- You want to improve your food supply

Inappropriate Technology

- If land is inexpensive /abundant water
- You're in a remote location
- Energy costs are high, or disrupted*
- You do not have a market to sell into
- You're not concerned about a poisoned food supply**

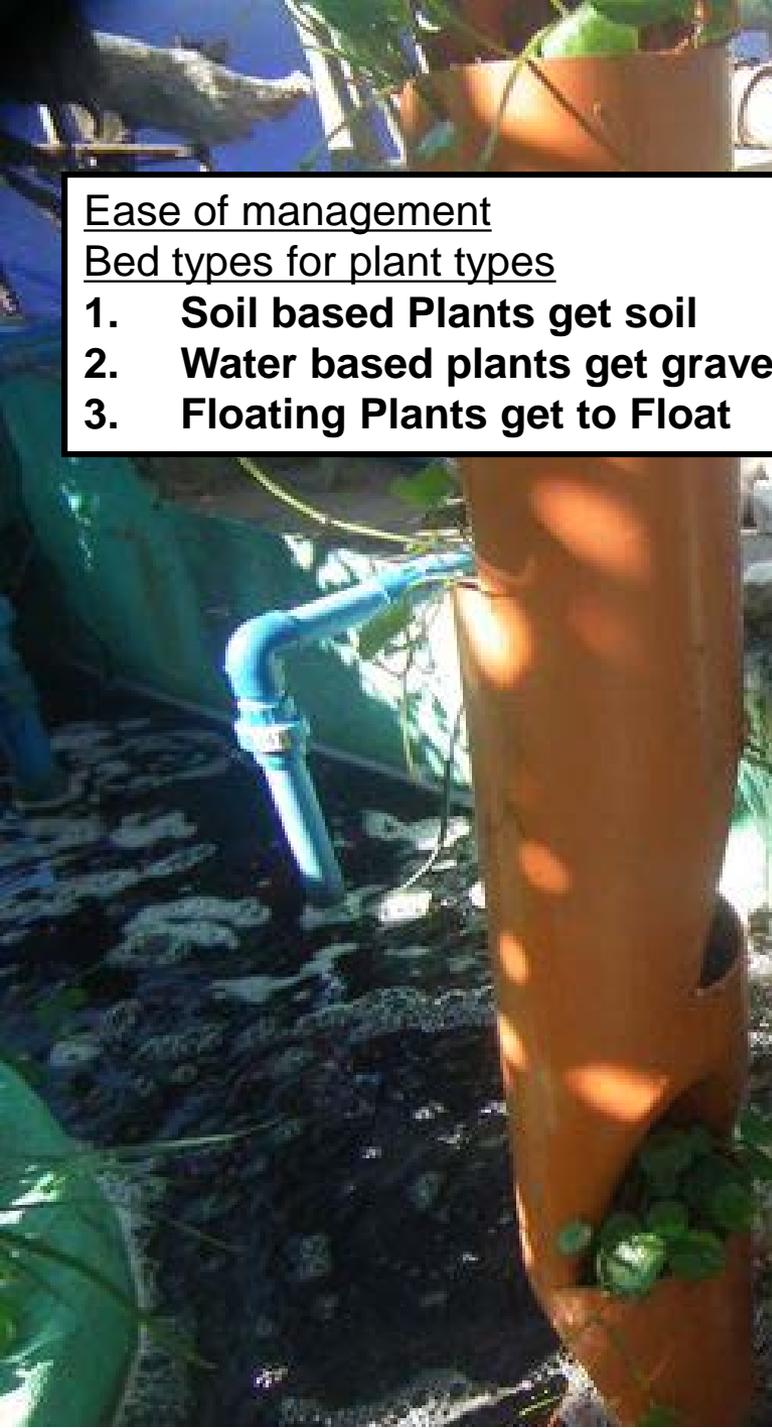
*Pumps usually run 24hrs/day 7days/week

**Pesticides on the plant will kill the fish



Best
plant
growth
is soil
based

Through capillary action soil wicks water up into the root zone of the plants. This gives the plant the advantage of the soil food web and it's microbial helpers. The pH can be easily controlled by the right ingredients, assuring full availability of nutrients.



Ease of management

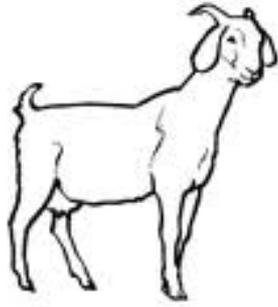
Bed types for plant types

1. **Soil based Plants get soil**
2. **Water based plants get gravel**
3. **Floating Plants get to Float**



Best
Biofiltration
is gravel
based

Some Nutrient Exchanges in Nature



CO_2 →

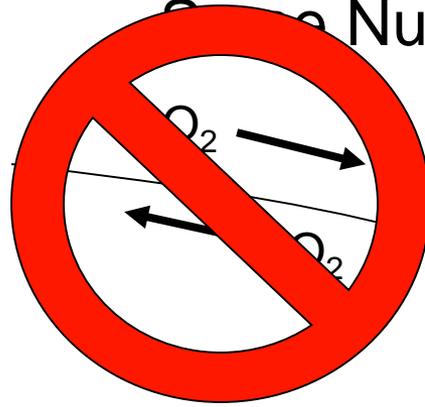
← O_2



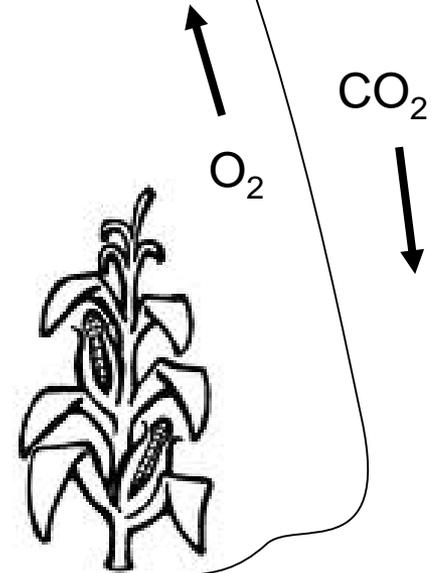
↑ O_2

CO_2 ↓

Oxygen Nutrient Exchanges in Nature



At night phytoplankton do not produce oxygen, the biological oxygen demand must be met for all components of the system



Some Nutrient Exchanges in Nature



waste produced by fish

fecal matter

detritus [di' trītəs]

noun

waste or debris of any kind

:

- organic matter produced by the decomposing organisms.

Mineralization

Heterotrophic bacteria consumes fish waste, decaying plant matter and uneaten food, converting all three to **ammonia** and other compounds.

Ammonia

CO_2 →

← O_2

O_2

CO_2



Some Nutrient Exchanges in Nature



waste produced by fish

CO_2 →

← O_2



fecal matter

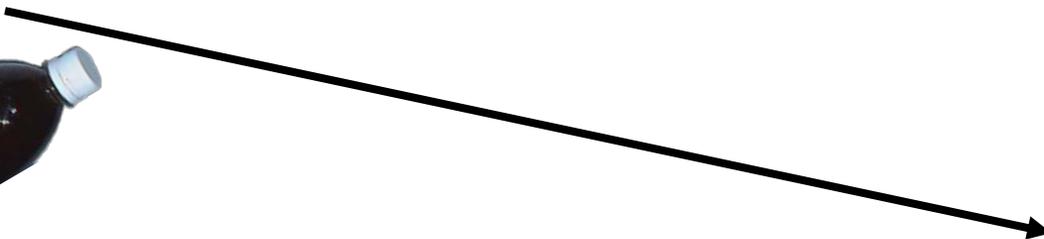
Ammonia
(50% + secreted through gills and urine)



NH_3

Fish poison

Mineralization
Heterotrophic bacteria consumes fish waste, decaying plant matter and uneaten food, converting all three to **ammonia** and other compounds.



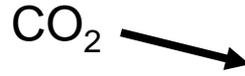
↑ O_2

CO_2 ↓

Some Nutrient Exchanges in Nature



waste produced by fish



fecal matter



Ammonia
(50% + secreted through gills and urine) NH_4^+



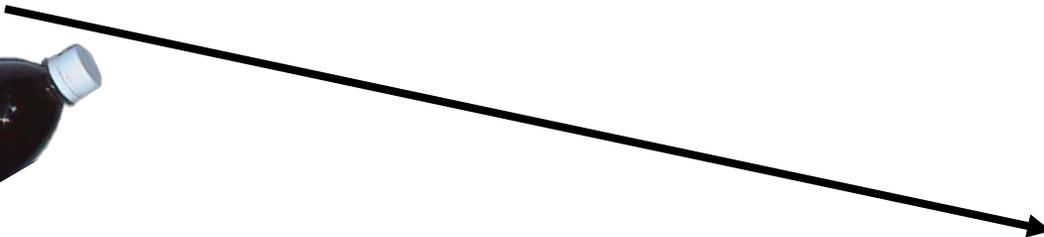
Fish poison

Ammonium



Mineralization

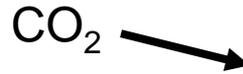
Heterotrophic bacteria consumes fish waste, decaying plant matter and uneaten food, converting all three to **ammonia** and other compounds.



Some Nutrient Exchanges in Nature



waste produced by fish



fecal matter



Ammonia
(50% + secreted through gills and urine) NH_4^+



Mineralization

Heterotrophic bacteria consumes fish waste, decaying plant matter and uneaten food, converting all three to **ammonia** and other compounds.



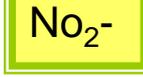
Biofiltration

Nitrifying bacteria

(Nitrosomonas bacteria)



nitrite



Fish poison

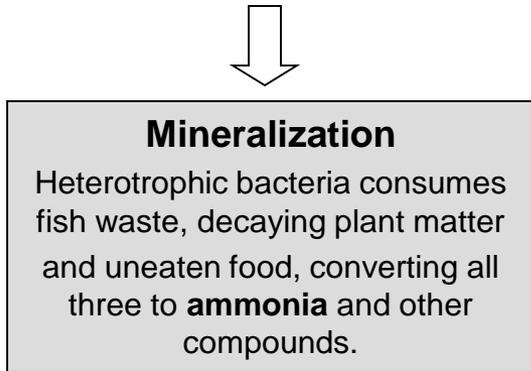
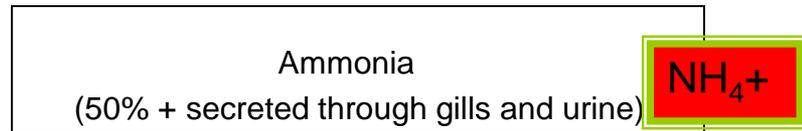
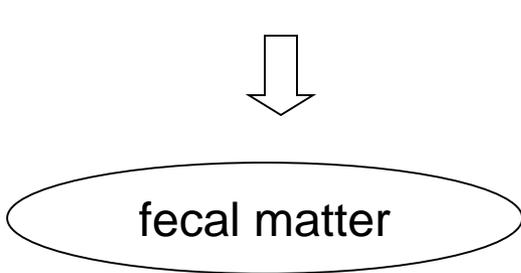
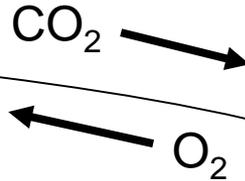
Ammonium



Some Nutrient Exchanges in Nature



waste produced by fish



Biofiltration

Nitrifying bacteria
(Nitrosomonas bacteria)



nitrate



Biofilters perform optimally at a temperature range of 77 to 86 ° F (25-30 ° C), a pH range of 7.0 to 9.0, Saturated DO, low BOD (<20 mg/liter) and total alkalinity of 100 mg/liter

Plant development

Vegetative growth stage
Reproductive stage
Flowering stage
Flower setting
Fruit setting

nitrate



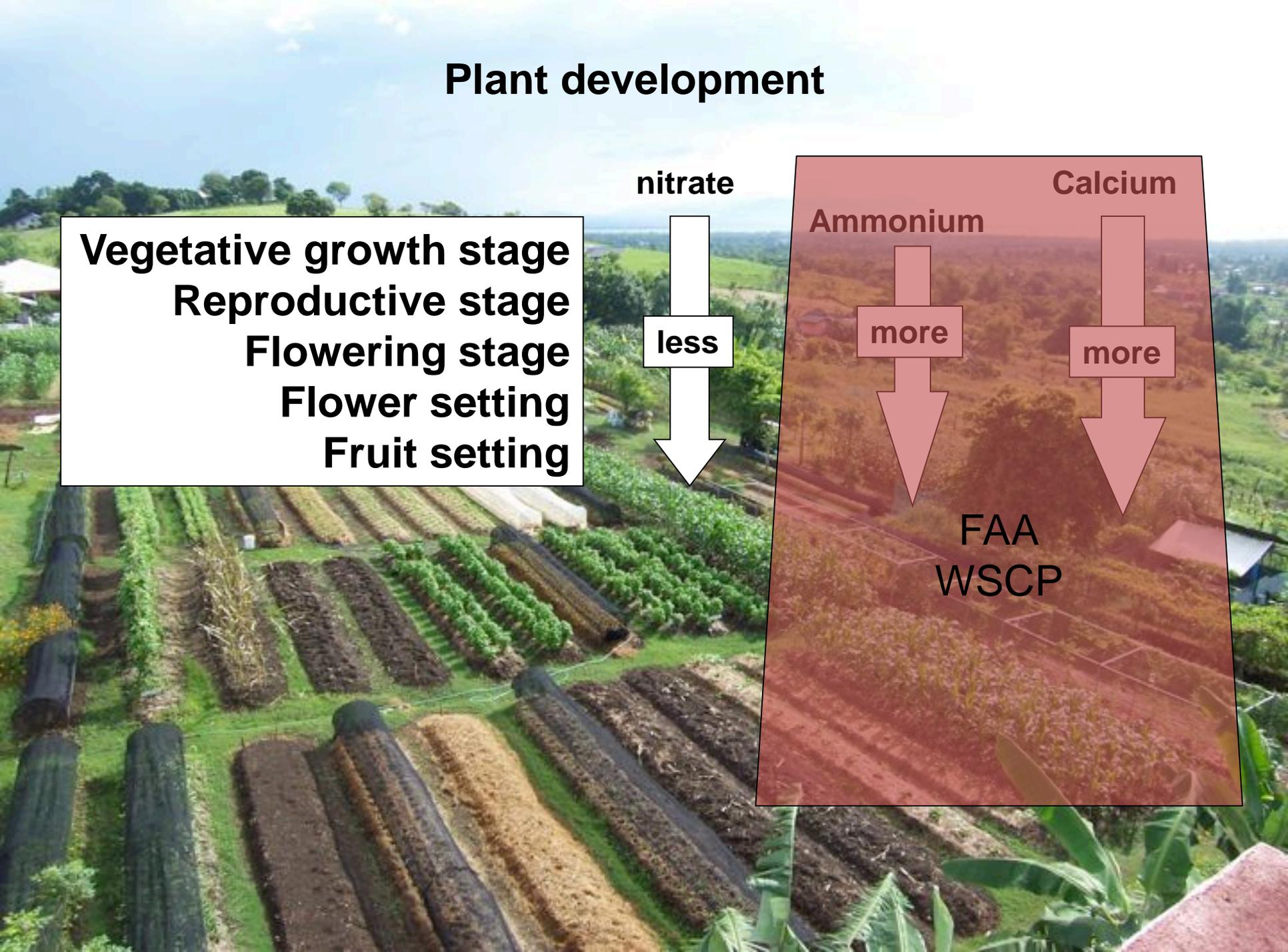
Ammonium



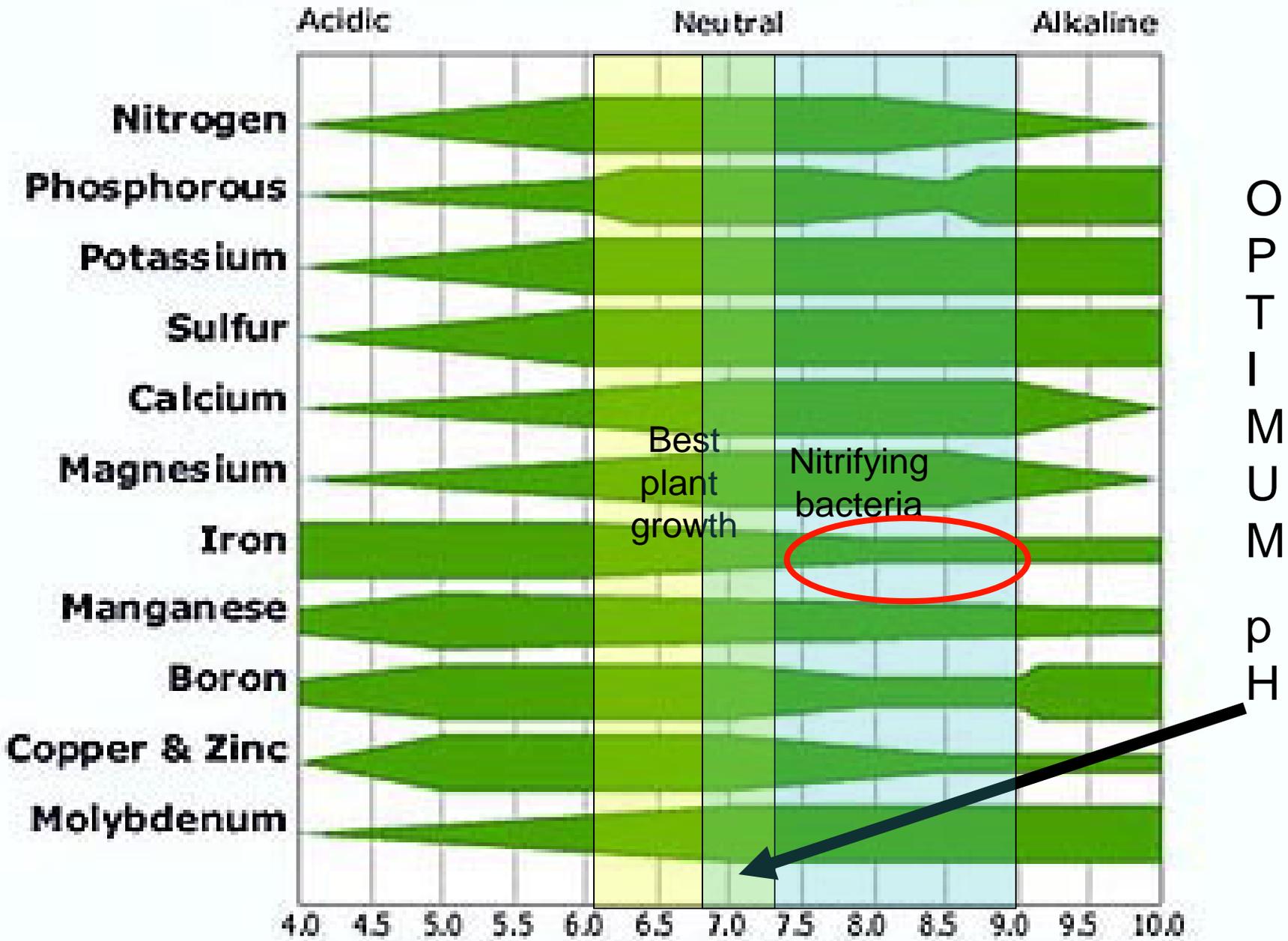
Calcium



FAA
WSCP



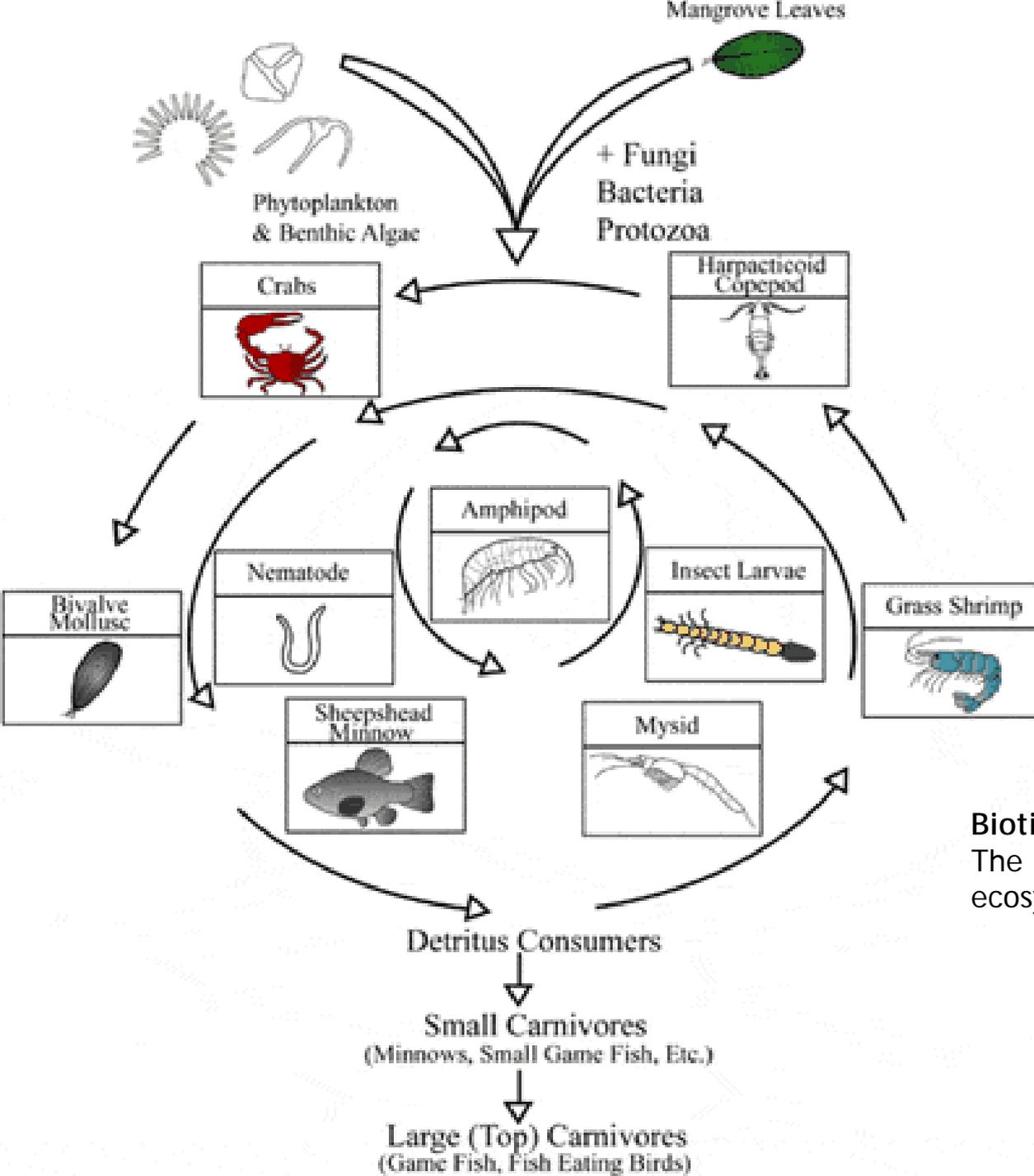
Plant Nutrient Availability Chart



Iron deficiency due to low pH requires supplementation



ethylenediaminetetraacetate



Abiotic components are such physical and chemical factors of an ecosystem as light, temperature, atmosphere gases(nitrogen, oxygen, carbon dioxide are the most important), water, wind, soil.

Detrital Food Web

Biotic Components
The living organisms that are in an ecosystem.

Abiotic components are such physical and chemical factors of an ecosystem as light, temperature, atmosphere gases (nitrogen, oxygen, carbon dioxide are the most important), water, wind, soil.

Biotic Components

The living organisms that are in an ecosystem.

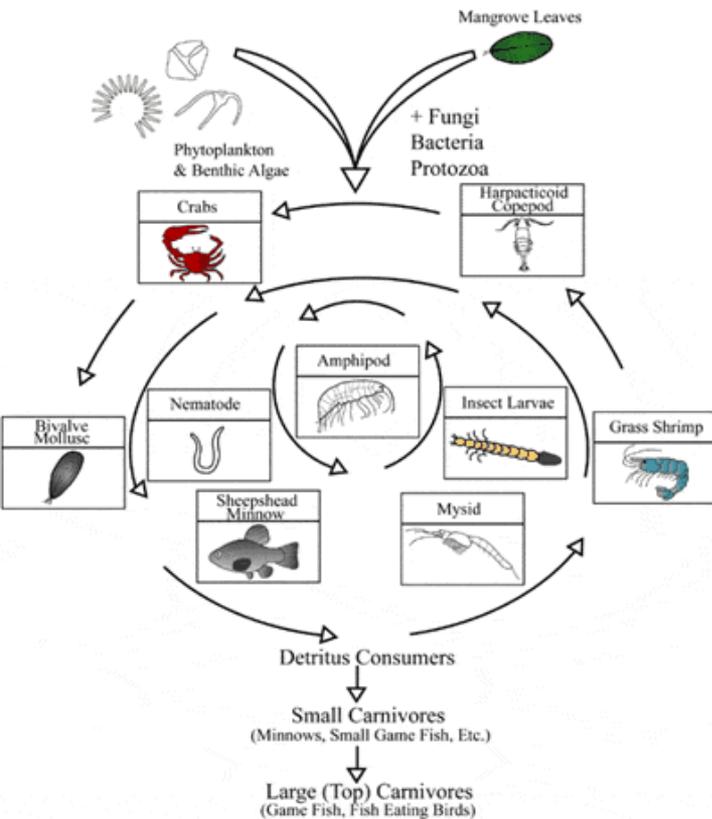
Autotrophs produce their own organic nutrients for themselves and other members of the community; called the **producers**. two kinds of autotrophs, Chemautotrophs are bacteria that obtain energy by oxidizing inorganic compounds such as ammonia, nitrites, and sulfides, and they use this energy to synthesize carbohydrates.

Photoautotrophs are photosynthesizers such as algae and green plants that produce most of the organic nutrients for the biosphere.

Heterotrophs, **consumers** unable to produce, are constantly looking for source of organic nutrients from elsewhere. Herbivores like grass carp graze directly on plants or algae. Carnivores like trout feed on other animals; Omnivores like tilapia feed on plants and animals.

Detritivores are organisms that rely on detritus, the decomposing particles of organic matter, for food. Earthworms, beetles, termites, and maggots are all terrestrial detritivores.

Nonphotosynthetic bacteria and fungi, including mushrooms, are **decomposers** that carry out decomposition, the breakdown of dead organic matter, including animal waste. Decomposers perform a very valuable service by releasing inorganic substances that are taken up by plants



IRON COMPLEXING

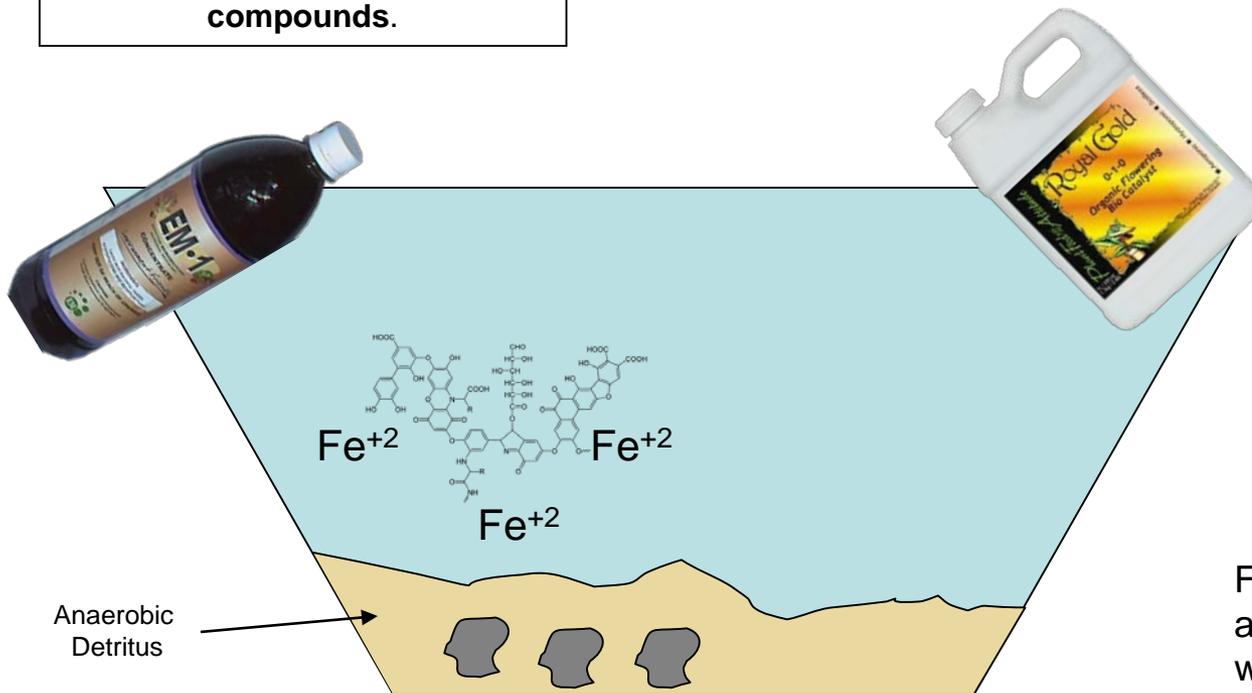
Ferrous iron (Fe^{+2}) is soluble as a cation, ferric iron (Fe^{+3}) is not. However, ferric iron can form soluble complexes with many inorganic and organic ligands

Humic acid, fulvic acid and tannic acid are examples on non-contaminant organic complexes. Phosphate also serves as a very effective complexing agent for iron.

In water systems iron occurs in one of two oxidation states: reduced soluble divalent ferrous iron (Fe^{+2}) or oxidized insoluble trivalent ferric iron (Fe^{+3}). The atmosphere has 21% oxygen, causing most of the iron in shallow water and subsurface soils to be in the oxidized ferric state.

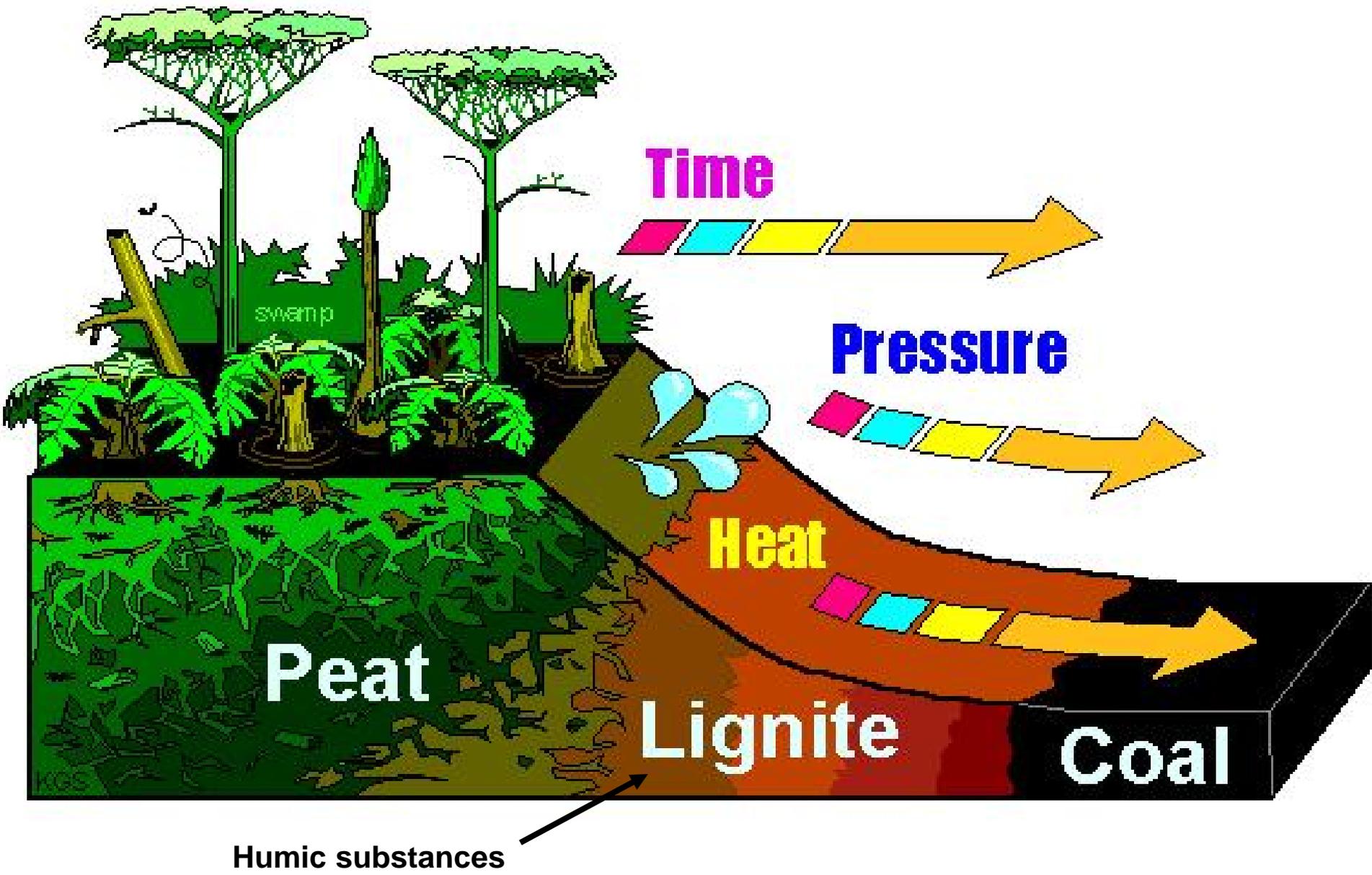
Mineralization

Heterotrophic bacteria consumes fish waste, decaying plant matter and uneaten food, converting all three to ammonia and **other compounds**.



Non toxic Sources of Iron
Laterite, oxisol rocks,
oxisol clay mudballs, Cast
iron

Fe^{+2} will adsorb to humic and fulvic acids formed in worm castings or with added humic substances



Leonardite is the best source for humic and fulvic acids because its biological activity is much greater than other sources of humic acid. Biologically, humic acids increase production of plant enzymes; act as an organic catalyst in biological processes; stimulate the production of micro-organisms; enhance natural resistance against plant disease and pests; aid in the uptake of nutrients through improved permeability of plant cells; provide building blocks for sugars, amino acids, and chlorophyll; stimulate plant growth by increasing cell division; and improve yields by decreasing plant stress



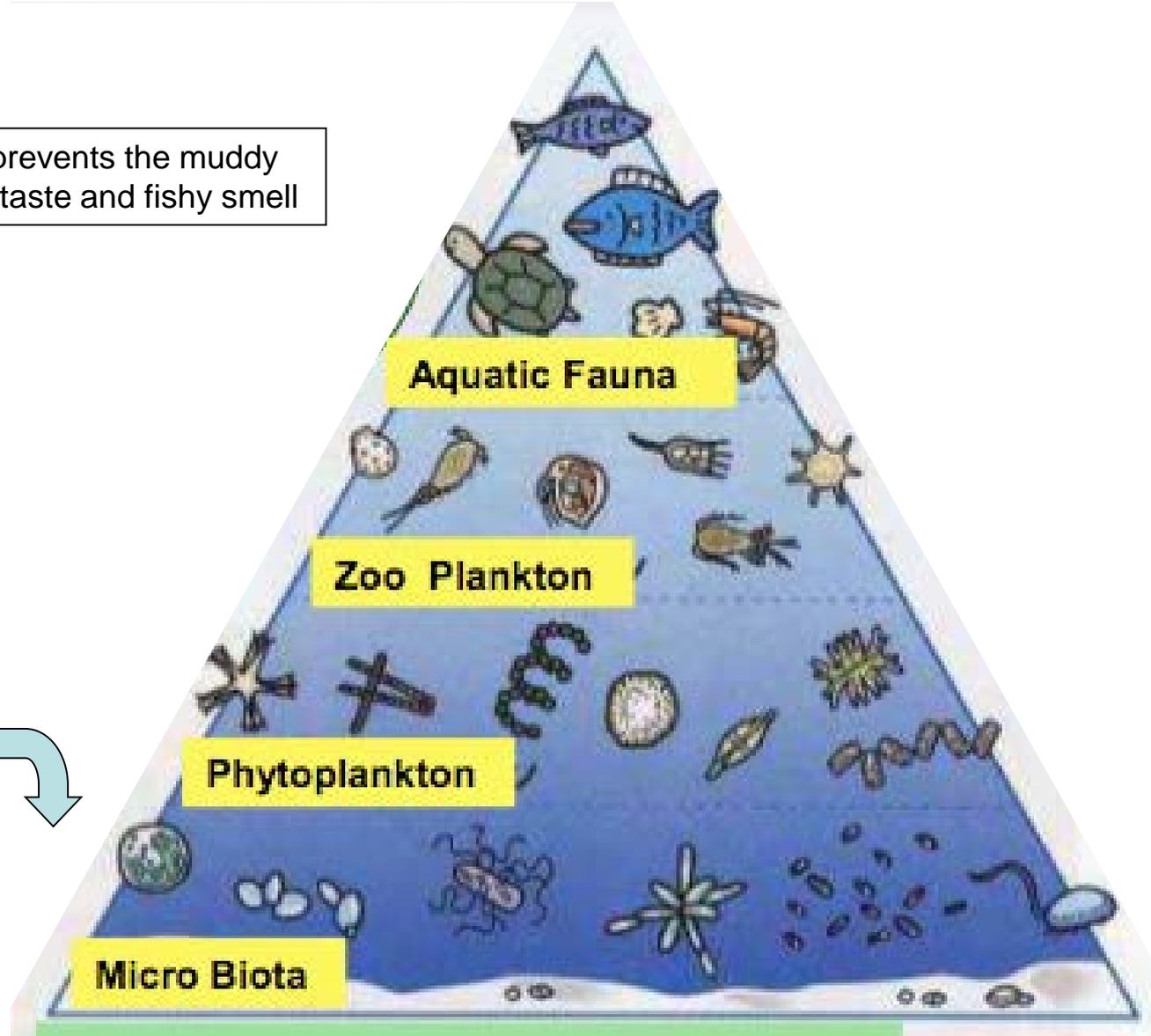
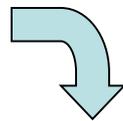
Europonic® FossilFuel® is created from the highest quality humic acids, which provide complex interactions with soils, potting mixes, and organic hydroponic media to promote healthy soils and growing media which in turn helps to produce lush plant growth and expansive root systems.

The humic acids in Europonic® FossilFuel® are derived solely from Leonardite, organic matter that is the result of a long humification process. Research has shown that **Leonardite is the best source for humic and fulvic acids because its biological activity is much greater than other sources of humic acid.**

Biologically, humic acids increase production of plant enzymes; act as an organic catalyst in biological processes; stimulate the production of micro-organisms; enhance natural resistance against plant disease and pests; aid in the uptake of nutrients through improved permeability of plant cells; provide building blocks for sugars, amino acids, and chlorophyll; stimulate plant growth by increasing cell division; and improve yields by decreasing plant stress

The Water Food Web

EM prevents the muddy algae taste and fishy smell



Costing

0.00 3 sacks oxisol or Laterite clay

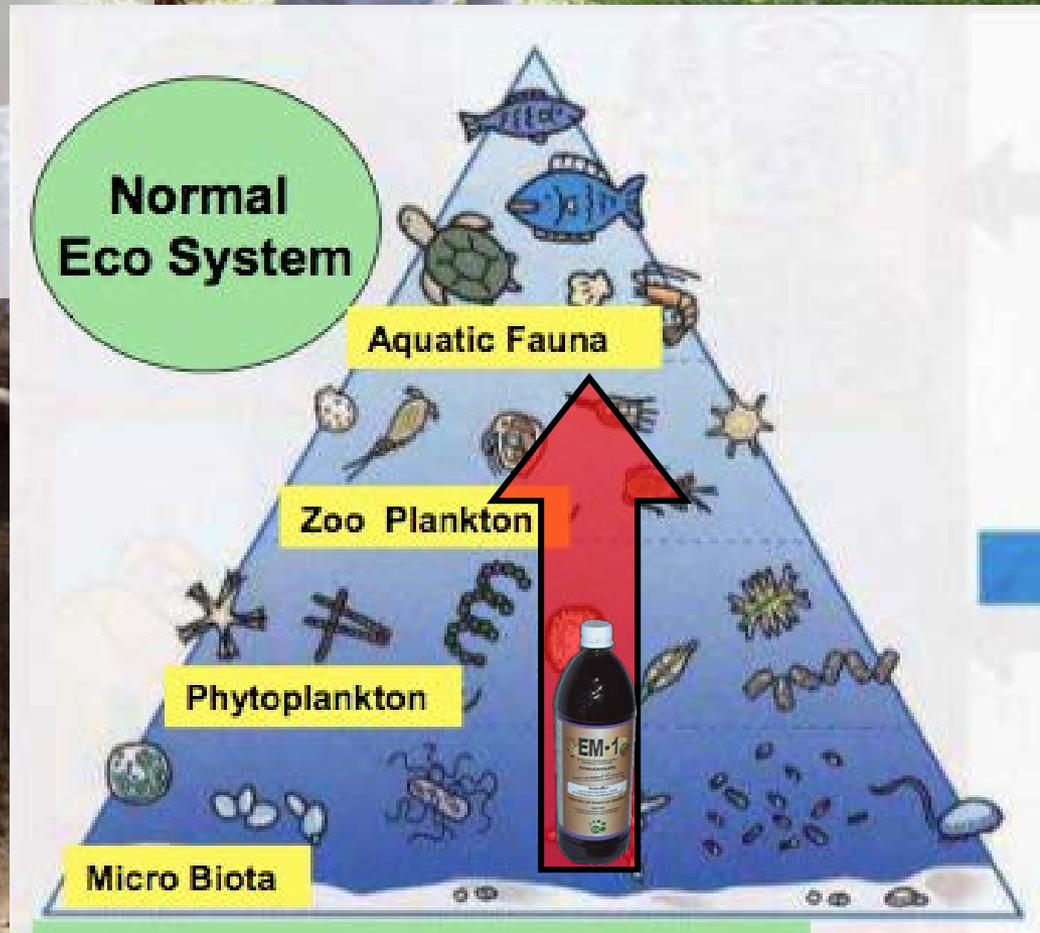
50.00 1/2 sack Uling (CRH)

20.00 EME

30.00 Molasses

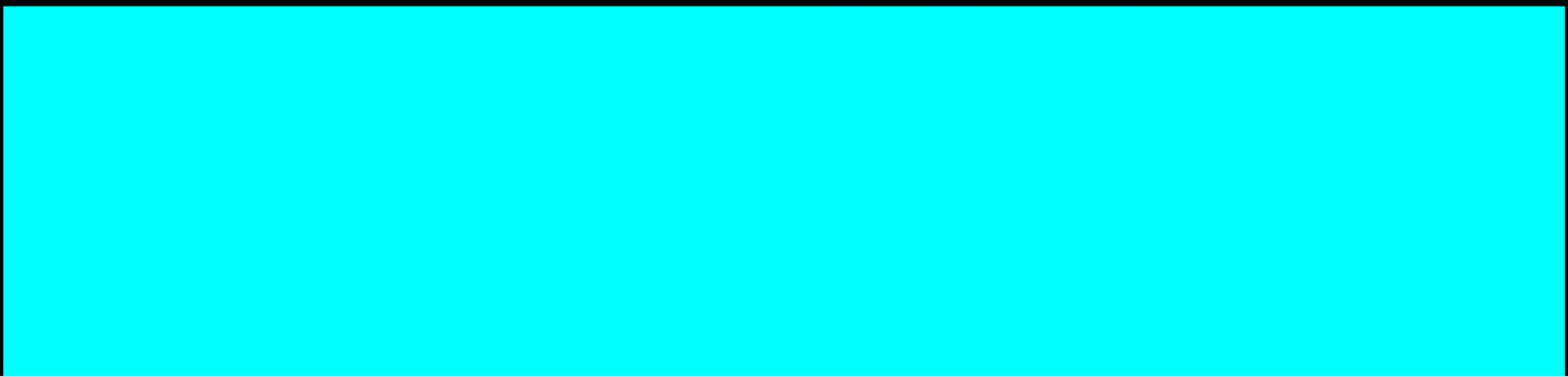
100.00

Yield = 9 Trays X 36 = 300 pcs
33 centavos each

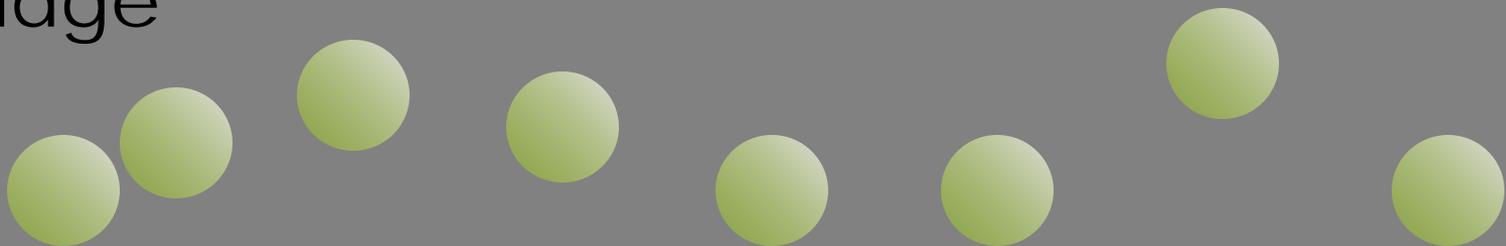


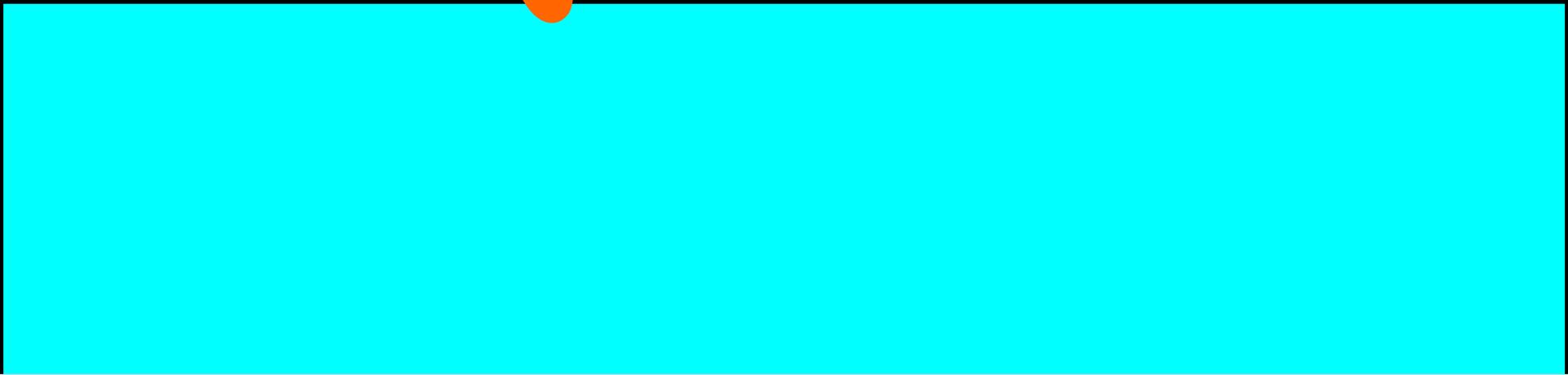


Water Treatment

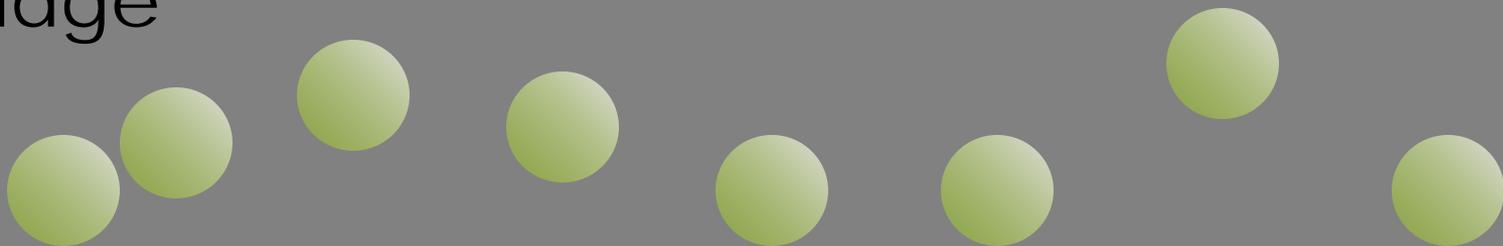


Sludge





Sludge



**Some Water Quality
Monitoring Parameters**

Biological Oxygen Demand

Dissolved Oxygen

Turbidity

Ammonia

Nitrate

Nitrite

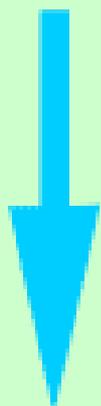


**Properly sized, biodiverse
systems are stable and require
minimal testing**

ACIDIC



NEUTRAL



BASIC

Environmental Effects	pH Value	Examples
-----------------------	----------	----------

	pH = 0	Battery acid
	pH = 1	Sulfuric acid
	pH = 2	Lemon juice, Vinegar
	pH = 3	Orange juice, Soda
All fish die (4.2)	pH = 4	Acid rain (4.2-4.4) Acidic lake (4.5)
Frog eggs, tadpoles, crayfish, and mayflies die (5.5)	pH = 5	Bananas (5.0-5.3) Clean rain (5.6) Healthy lake (6.5)
Rainbow trout begin to die (6.0)	pH = 6	Milk (6.5-6.8)
	pH = 7	Pure water
	pH = 8	Sea water, Eggs
	pH = 9	Baking soda
	pH = 10	Milk of Magnesia
	pH = 11	Ammonia
	pH = 12	Soapy water
	pH = 13	Bleach
	pH = 14	Liquid drain cleaner

The System Overview



The System Overview

Water Based Plants
(closed loop Recirculating)

Soil Based Plants
(Fish water nutrients)



Red Tilapia

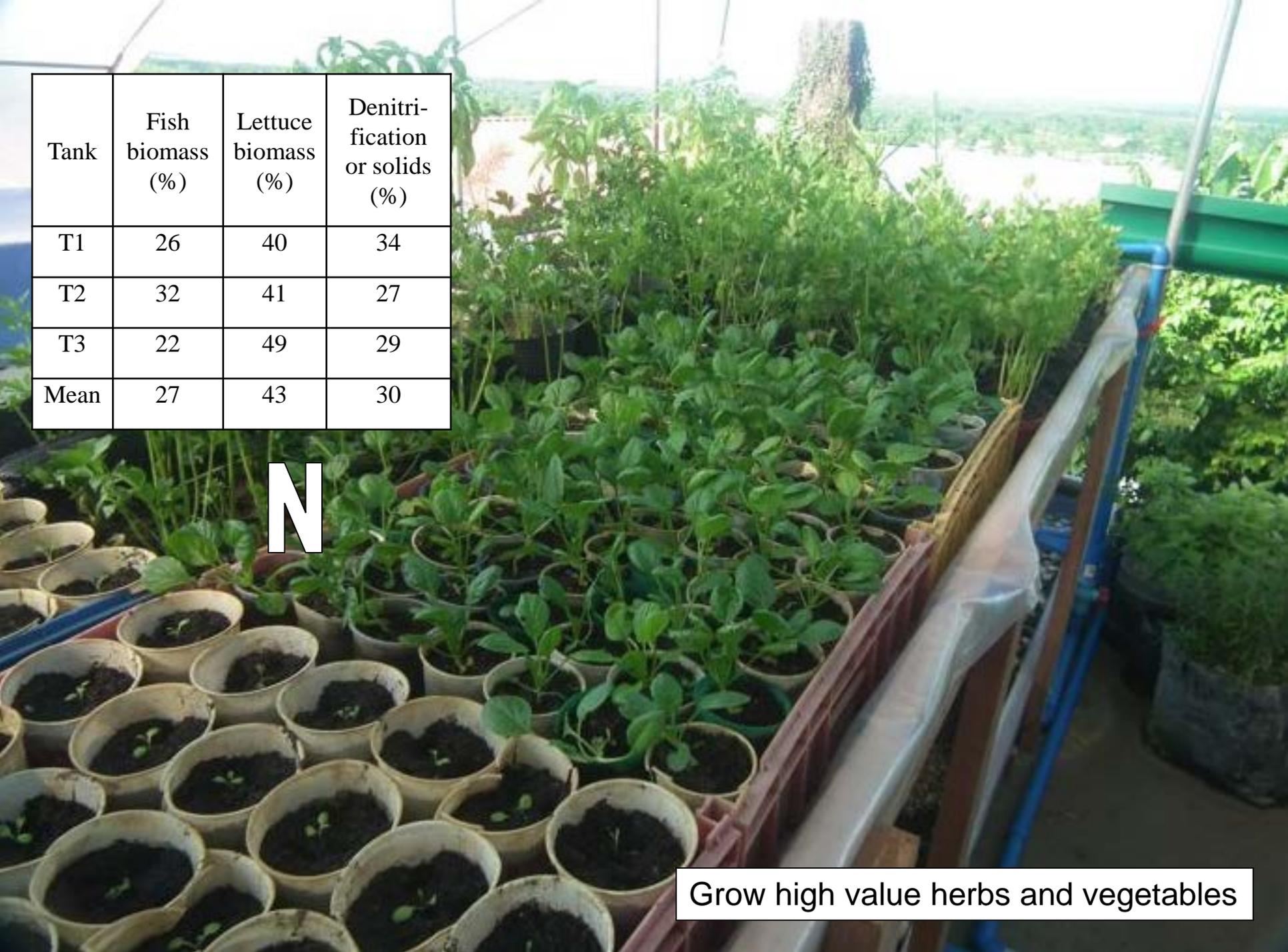
N

Tank	Fish biomass (%)	Lettuce biomass (%)	Denitrification or solids (%)
T1	26	40	34
T2	32	41	27
T3	22	49	29
Mean	27	43	30

Tank	Fish biomass (%)	Lettuce biomass (%)	Denitri-fication or solids (%)
T1	26	40	34
T2	32	41	27
T3	22	49	29
Mean	27	43	30

N

Grow high value herbs and vegetables



Culture profitable fish





Generate your own feed

Aquatic Plants

The System Overview

Vetiver grass filter



The System Overview

Duckponics
6,000 L

Dormponics
5,000 L

Nursery
1,500 L

Main Pond
11,000 L

Cheese cave pond
1,500 L

Waterslide pool
3,000 L

7,000 G
28,000 L
1,000,000 FI Oz

The System Overview



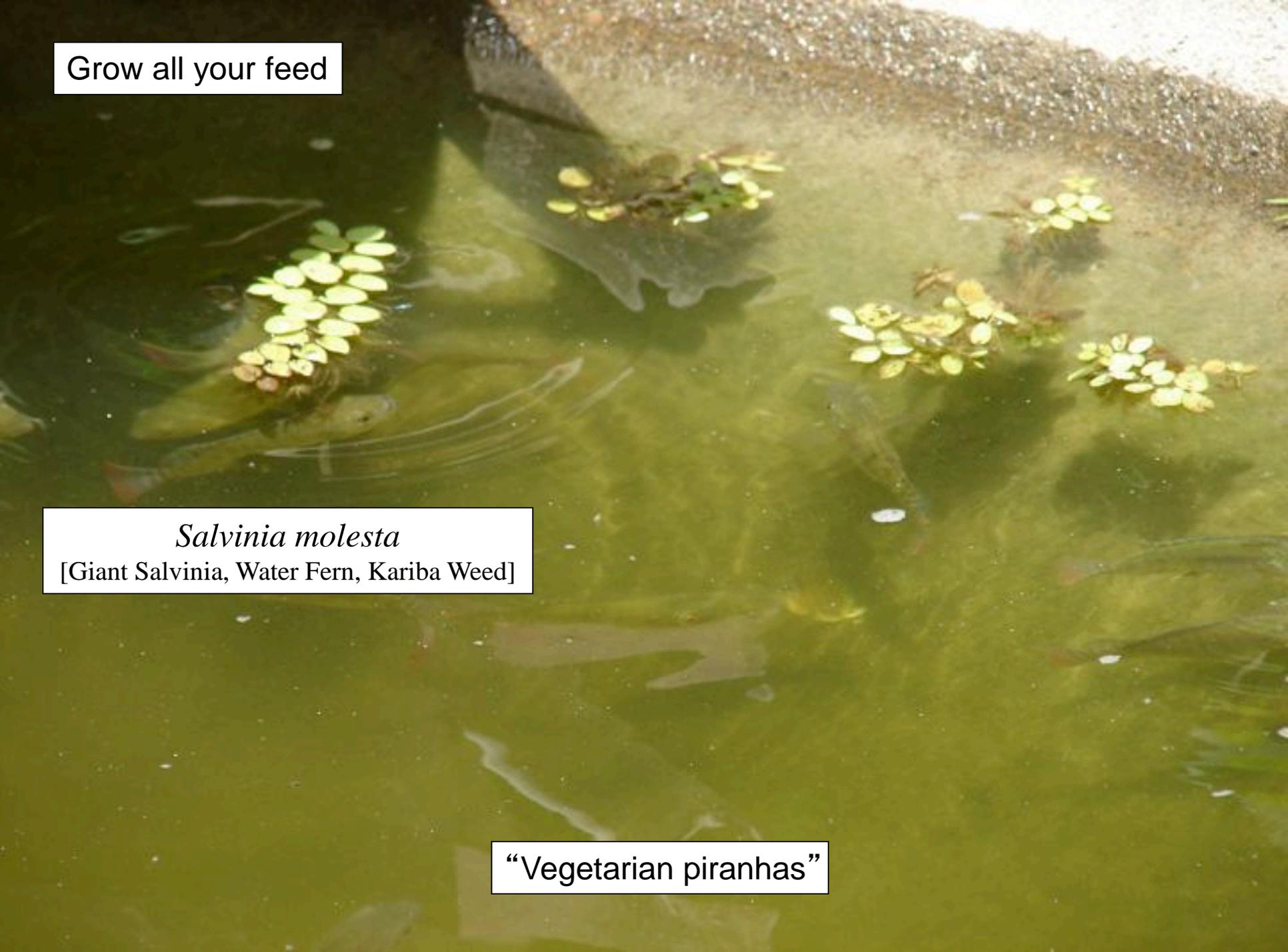
Safety Rails for children

Grow all your feed

Salvinia molesta

[Giant Salvinia, Water Fern, Kariba Weed]

“Vegetarian piranhas”

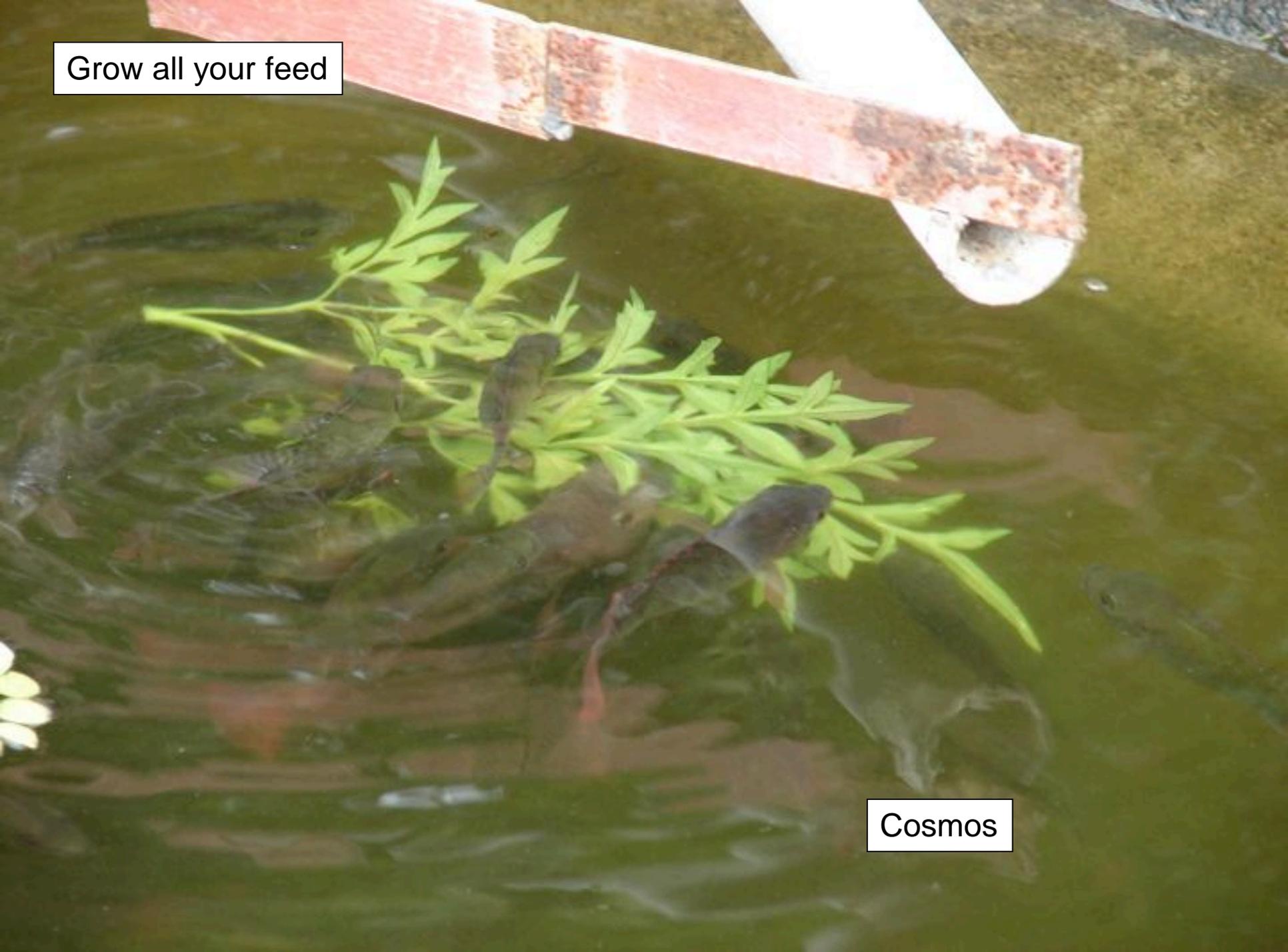


A photograph of a pond or water body. The water is dark and still, with several pieces of bright green lettuce leaves floating on the surface. In the upper right corner, a red pipe runs horizontally across the frame. The overall scene suggests an aquaculture or hydroponics setup.

Grow all your feed

High energy vegetative feed
--Lettuce--
--Kangkong--Camote--

Grow all your feed



Cosmos

Grow all your feed



Camote tops

The System Overview

Cage culture for ease of harvest



The System Overview



Duck weed for
fingerlings

The System Overview

Produce mercury free -
soy free - floating feed
economically



SOY INFANT FORMULA - BIRTH CONTROL PILLS FOR BABIES

Babies fed soy-based formula have 13,000 to 22,000 times more estrogen compounds in their blood than babies fed milk-based formula. Infants exclusively fed soy formula receive the estrogenic equivalent of at least five birth control pills per day.

Male infants undergo a "testosterone surge" during the first few months of life, when testosterone levels may be as high as those of an adult male. During this period, baby boys are programmed to express male characteristics after puberty, not only in the development of their sexual organs and other masculine physical traits, but also in setting patterns in the brain characteristic of male behavior.

In animals, studies indicate that phytoestrogens in soy are powerful endocrine disrupters. Soy infant feeding—which floods the bloodstream with female hormones that inhibit testosterone—cannot be ignored as a possible cause of disrupted development patterns in boys, including learning disabilities and attention deficit disorder. Male children exposed to DES, a synthetic estrogen, had testes smaller than normal on maturation and infant marmoset monkeys fed soy isoflavones had a reduction in testosterone levels up to 70 percent compared to milk-fed controls.

Almost 15 percent of white girls and 50 percent of African-American girls show signs of puberty, such as breast development and pubic hair, before the age of eight. Some girls are showing sexual development before the age of three. Premature development of girls has been linked to the use of soy formula and exposure to environmental estrogen-mimickers such as PCBs and DDE.

Intake of phytoestrogens even at moderate levels during pregnancy can have adverse affects on the developing fetus and the timing of puberty later in life.

SOY DANGERS SUMMARIZED

High levels of phytic acid in soy reduce assimilation of calcium, magnesium, copper, iron and zinc. Phytic acid in soy is not neutralized by ordinary preparation methods such as soaking, sprouting and long, slow cooking. High phytate diets have caused growth problems in children.

Trypsin inhibitors in soy interfere with protein digestion and may cause pancreatic disorders. In test animals soy containing trypsin inhibitors caused stunted growth.

Soy phytoestrogens disrupt endocrine function and have the potential to cause infertility and to promote breast cancer in adult women.

Soy phytoestrogens are potent antithyroid agents that cause hypothyroidism and may cause thyroid cancer. In infants, consumption of soy formula has been linked to autoimmune thyroid disease.

Vitamin B₁₂ analogs in soy are not absorbed and actually increase the body's requirement for B₁₂.

Soy foods increase the body's requirement for vitamin D. Toxic synthetic vitamin D₂ is added to soy milk.

Fragile proteins are over-denatured during high temperature processing to make soy protein isolate and textured vegetable protein.

Processing of soy protein results in the formation of toxic lysinoalanine and highly carcinogenic nitrosamines.

Free glutamic acid or MSG, a potent neurotoxin, is formed during soy food processing and additional amounts are added to many soy foods to mask soy's unpleasant taste.

Soy foods contain high levels of aluminum, which is toxic to the nervous system and the kidneys.

The Weston A. Price Foundation is supported solely by membership contributions and private donations and does not accept funding from the meat or dairy industries.

Soy Alert!



THE WESTON A. PRICE FOUNDATION®

for **Wise Traditions**

IN FOOD, FARMING AND THE HEALING ARTS
Education • Research • Activism

 *Soy Alert!* is a project of 

The Weston A. Price Foundation
PMB Box 106-380 4200 Wisconsin Avenue, NW
Washington, DC 20016

(202) 363-4394

info@westonaprice.org
www.westonaprice.org

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Drum

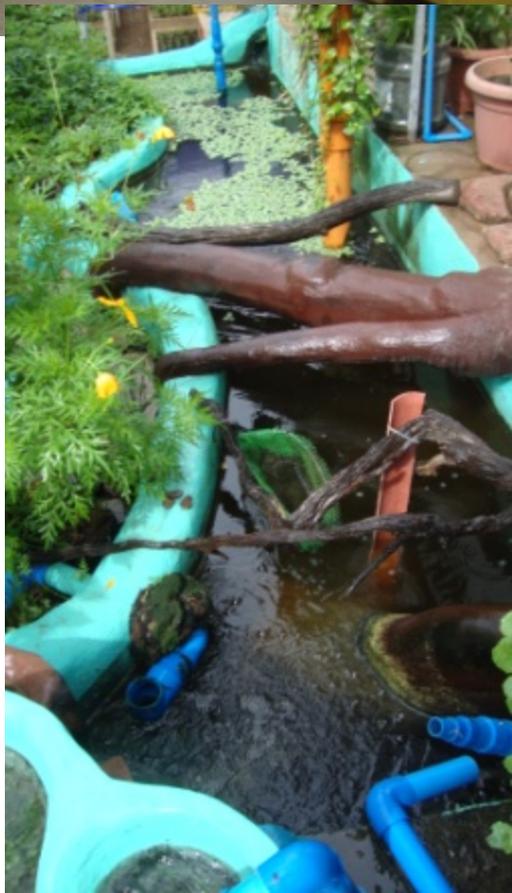


The System Overview



Ref liner

Tank culture for ease of production



1/2 kilo Nile Tilapia

25 cm





Settle able solids filtration

Suspended solids filtration



Settle able solids filtration



Suspended solids filtration



Discharge filter



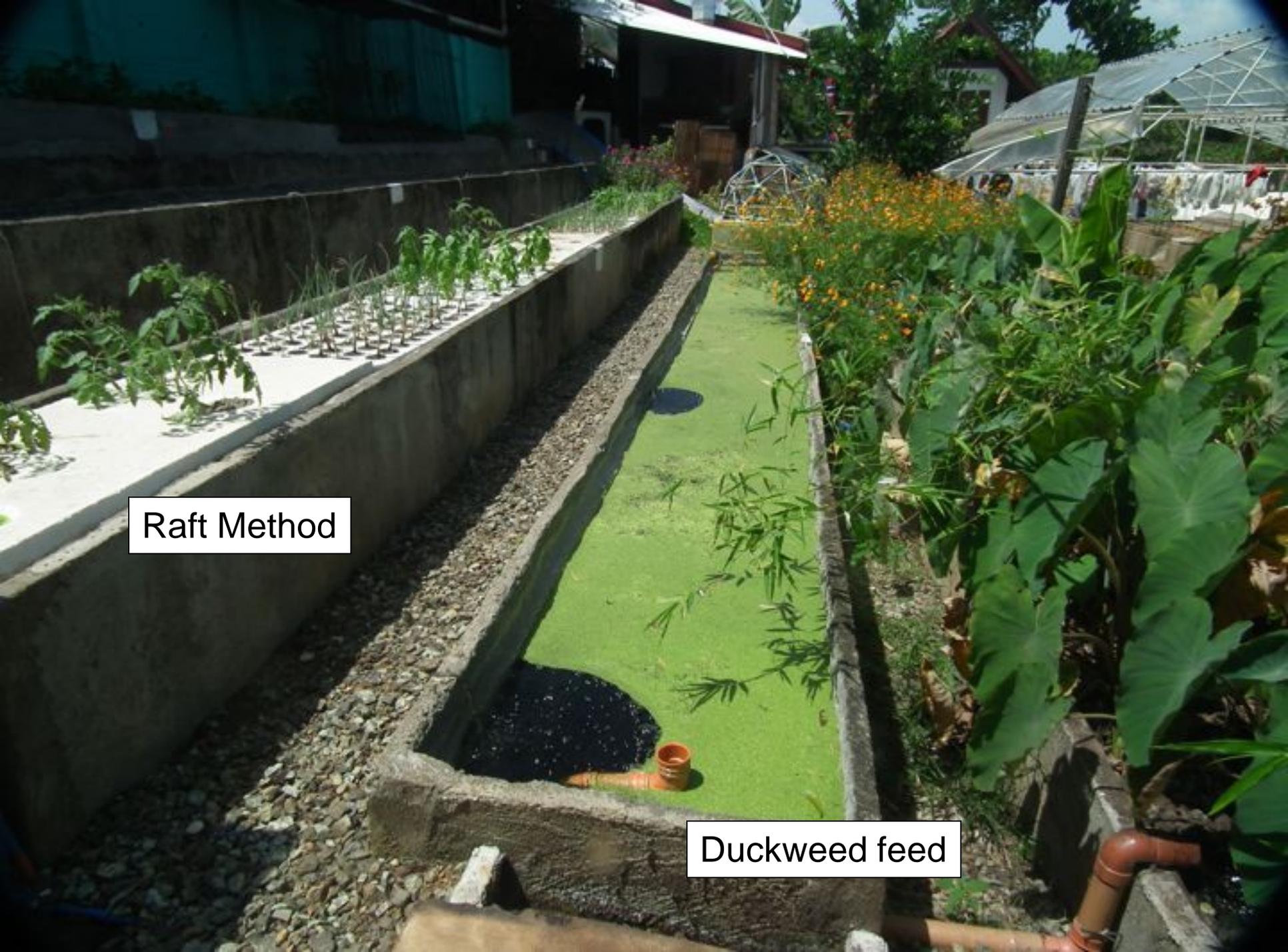
Bottom exit flow- C.H.O.P.s



Raft Method



Raft Method



Raft Method

Duckweed feed



Hanging Raft Method

Hanging Raft Method



Hanging Raft Method





Raft Method

Wick Method
(soil based)



First Prototype

Develop safe reliable system using one pump

- ✓ Utilize gravity
- ✓ Understand head, hp to watts to kwh to cost
- ✓ GFIC required

Understanding dissolved oxygen

- ✓ Venturi
- ✓ Sheeting
- ✓ Use Flow form aeration where ever possible

Understanding filtration

- ✓ Gravel beds for trapping solids and also for additional biofiltration
- ✓ Ebb and flow – Build simple bell siphon prototype
- ✓ Flow through beds
- ✓ NFT- Nutrient film technique
- ✓ Low cost main biofilter

Plants are for

- ✓ Nitrate removal
- ✓ Ammonia removal
- ✓ CO₂ / carbonic acid production

Meet plant fertilizer needs

- ✓ Grow plants in soil if not aquatic
- ✓ Soil based plants - vermicast, cocopeat
- ✓ Dependant on capillary action of potting soil – we have ideal materials



Pump Size to Use at 250V (lph=liters per hour)

750 lph=10.5W
1200lph=14.5W
1500lph=25W
2000lph=48W
3000lph=66W

**One Pump
System Costs**



.1243 kw
125 watts

1/6 hp
3,000 gallons/hr

Convert horsepower to kw
Hp X .746 = kilowatts



Pump Size to Use at 250V (lph=liters per hour)

750 lph=10.5W
1200lph=14.5W
1500lph=25W
2000lph=48W
3000lph=66W

**One Pump
System Costs**



Pump size dictates pond size
Pond size dictates fish carrying capacity
Feed Weight dictates number of filter beds

Pump L/hr x 1/2 = pond size x 1 fish/3.8 L (gallon) = critical carrying capacity

Calibrate actual pump flow



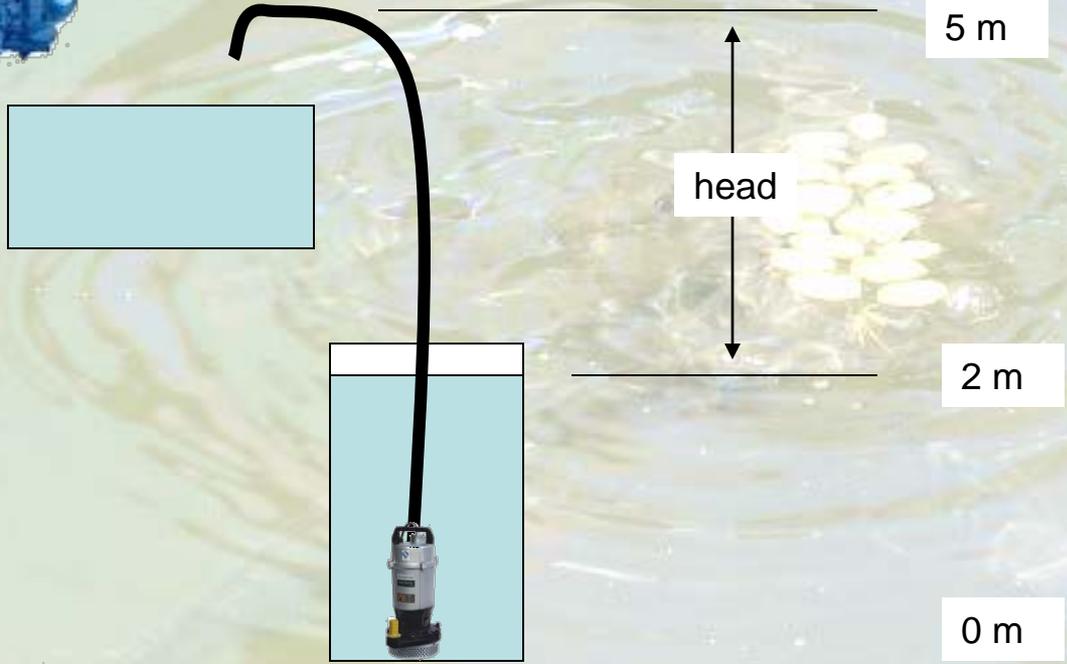
1/6 hp
3,000 gallons/hr



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- 1500lph=25W
- 2000lph=48W
- 3000lph=66W

One Pump System Costs



1/6 hp
3,000 gallons/hr

Specifications

	1/3 HP Model BW1033	1/2 HP Model BW1050
GPH @ 0'	3200	4000
GPH @ 10'	2200	2820
Pump diameter	6.2"	6.2"



Pump Size to Use at 250V (lph=liters per hour)

750 lph=10.5W
 1200lph=14.5W
 1500lph=25W
 2000lph=48W
 3000lph=66W

One Pump System Costs



Pump	H.P.	Watts	Kw	Kw/day	P/kwh	cost/day	Harvest days	Pump Electrical Cost	L/hr @ 0' head	L/hr @ 10' head (3m)	pond size in liters
1/8	0.134	100.0	0.10	2.40	9.00	25.91	120.00	3,109.28	3,000	2,400	1,200



1/6 hp
 3,000 gallons/hr

Specifications

	1/3 HP Model BW1033	1/2 HP Model BW1050
GPH @ 0'	3200	4000
GPH @ 10'	2200	2820
Pump diameter	6.2"	6.2"

24 hours Large Flow Gardening Pumps Non-clogging Vortex type

Liquid temperature : 0 °C to 40 °C / +32 °F to +104 °F

HP range : 1/5 to 1HP / 150 W to 750 W

pH : 6 to 8

Protection class : IP68

Maximum immersion depth : 6M

Solid pass : 6.5mm equipped with our strainers.

For horizontal & vertical usage.



Vertical Use



Barrel-ponics

(a.k.a. Aquaponics in a Barrel)

By Travis W. Hughey

Photo's by Travis W. Hughey

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1.5 barrels X 200L = 300 L

Extra
Head

Too Small to be Stable

Atlanta, Georgia

Too Small to be Stable



IBC Tote Liquid



1.000 liters

500 liters for fish
and 300 liters
grow bed



International Bulk Container

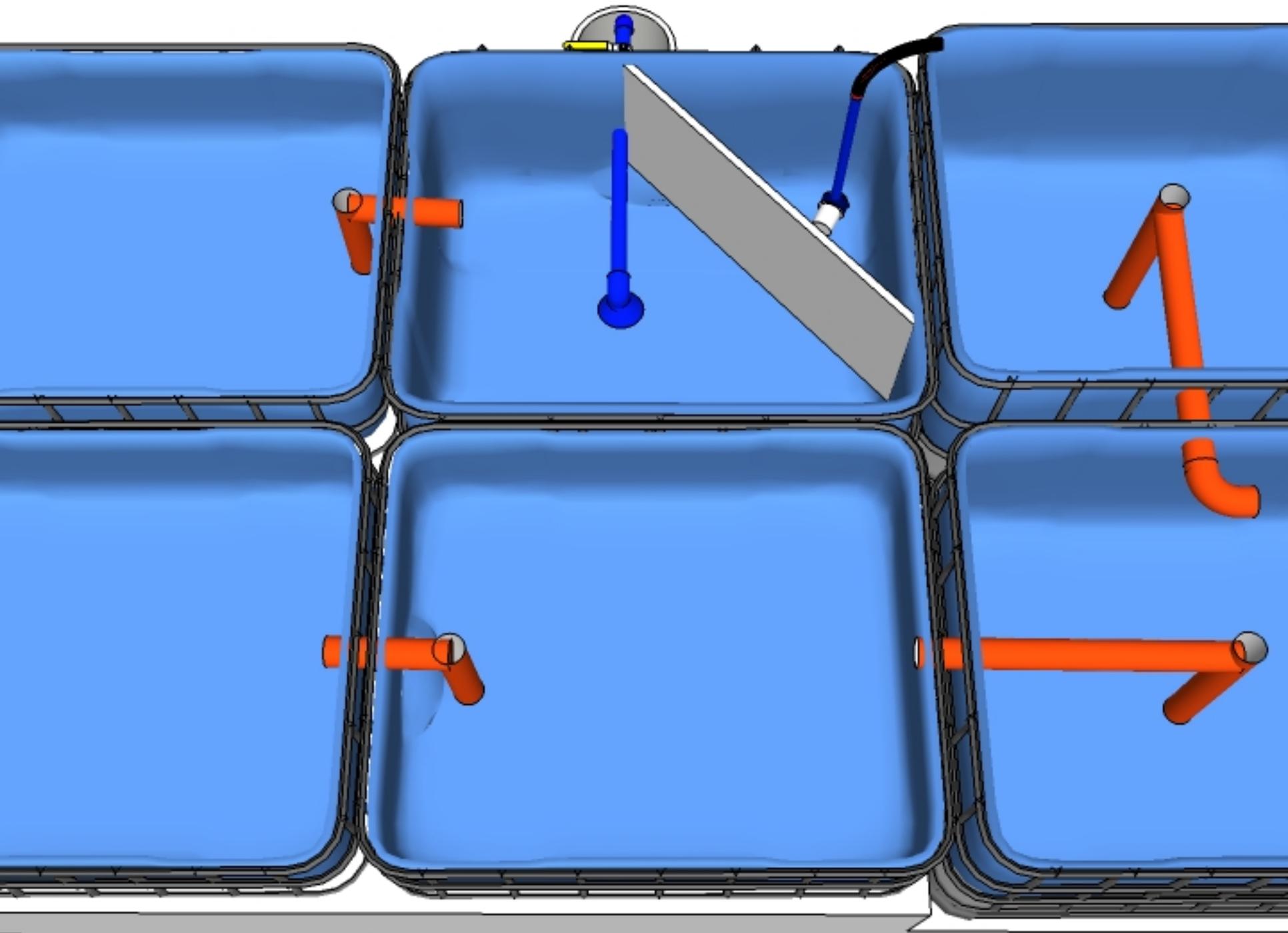
IBC Tote Liquid

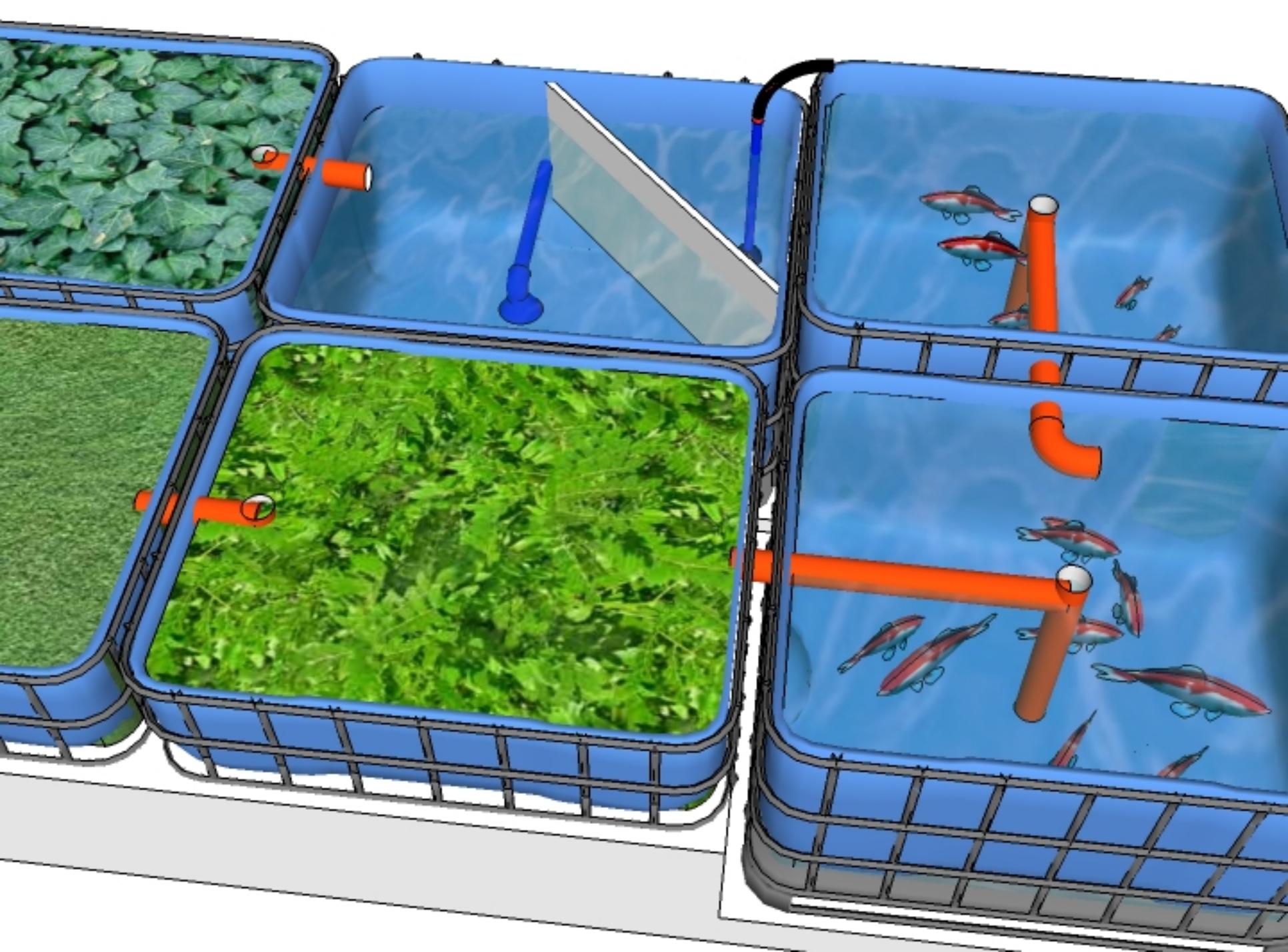


1,000 liters

1,000 liters water
minimum for a
stable system!







1,000 liters water
minimum for a
stable system!





Pump Size to Use at 250V (lph=liters per hour)

750 lph=10.5W
 1200lph=14.5W
 1500lph=25W
 2000lph=48W
 3000lph=66W

One Pump System Costs



Based on average Philippine Power rates

Pump	H.P.	Watts	Kw	Kw/day	P/kwh	cost/day	Harvest days	Pump Electrical Cost	L/hr @ 0' head	L/hr @ 10' head (3m)	pond size in liters
1/8	0.134	100.0	0.10	2.40	9.00	25.91	120.00	3,109.28	3,000	2,400	1,200

stocking rate	harv est wt	harvest in kilos	sale peso/kilo	fish income	beds	income/bed	vege income	profit
316	0.33	105	80	8,412.63	2.4	1,333.00	3,199.20	8,502.55



1/8 hp
 3,000 gallons/hr

Specifications

	1/3 HP Model BW1033	1/2 HP Model BW1050
GPH @ 0'	3200	4000
GPH @ 10'	2200	2820
Pump diameter	6.2"	6.2"



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750 lph=10.5W
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One Pump System Costs



Pump	H.P.	Watts	Kw	Kw/day	P/kwh	cost/day	Harvest days	Pump Cost	L/hr @ 0' head	L/hr @ 10' (3m) head	pond size in liters
1/8	0.134	100.0	0.10	2.40	9.00	25.91	120.00	3,109.28	3,000	2,400	1,200
1/6	0.167	124.6	0.12	2.99	9.00	32.29	120.00	3,875.00	11,400	9,120	4,560
1/4	0.250	186.5	0.19	4.48	9.00	48.34	120.00	5,800.90	17,000	13,600	6,800
1/3	0.333	248.4	0.25	5.96	9.00	64.39	120.00	7,726.79	22,000	17,600	8,800
1/2	0.500	373.0	0.37	8.95	9.00	96.68	120.00	11,601.79	30,400	24,320	12,160
1	1.000	746.0	0.75	17.90	9.00	193.36	120.00	23,203.58	60,800	48,640	24,320



1/6 hp
 3,000 gallons/hr

Specifications

	1/3 HP Model BW1033	1/2 HP Model BW1050
GPH @ 0'	3200	4000
GPH @ 10'	2200	2820
Pump diameter	6.2"	6.2"



Pump Size to Use at 250V (lph=liters per hour)

750 lph=10.5W
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One Pump System Costs



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stocking rate	harv est wt	harvest in kilos	sale peso/kilo	fish income	beds	income/bed	vege income	profit
316	0.33	105	80	8,412.63	2.4	1,333.00	3,199.20	8,502.55
1200	0.33	400	80	31,968.00	9.1	1,333.00	12,156.96	40,249.96
1789	0.33	596	80	47,671.58	13.6	1,333.00	18,128.80	59,999.48
2316	0.33	771	80	61,692.63	17.6	1,333.00	23,460.80	77,426.64
3200	0.33	1,066	80	85,248.00	24.3	1,333.00	32,418.56	106,064.77
6400	0.33	2,131	80	170,496.00	48.6	1,333.00	64,837.12	212,129.54



1/6 hp
 3,000 gallons/hr

Specifications

	1/3 HP Model BW1033	1/2 HP Model BW1050
GPH @ 0'	3200	4000
GPH @ 10'	2200	2820
Pump diameter	6.2"	6.2"



Pump Size to Use at 250V (lph=liters per hour)

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One Pump System



Solar/wind Success – store your wattage for rainy days

- ✓ Low head
- ✓ Must be RELIABLE!
- ✓ Inexpensive storage and delivery of power
- ✓ Step up power to industry efficient 220v water pumps and air blower
Or
- ✓ Find efficient 12v water pumps and air blowers
(harder to find in developing countries)

(batteries do not last long in the tropics)

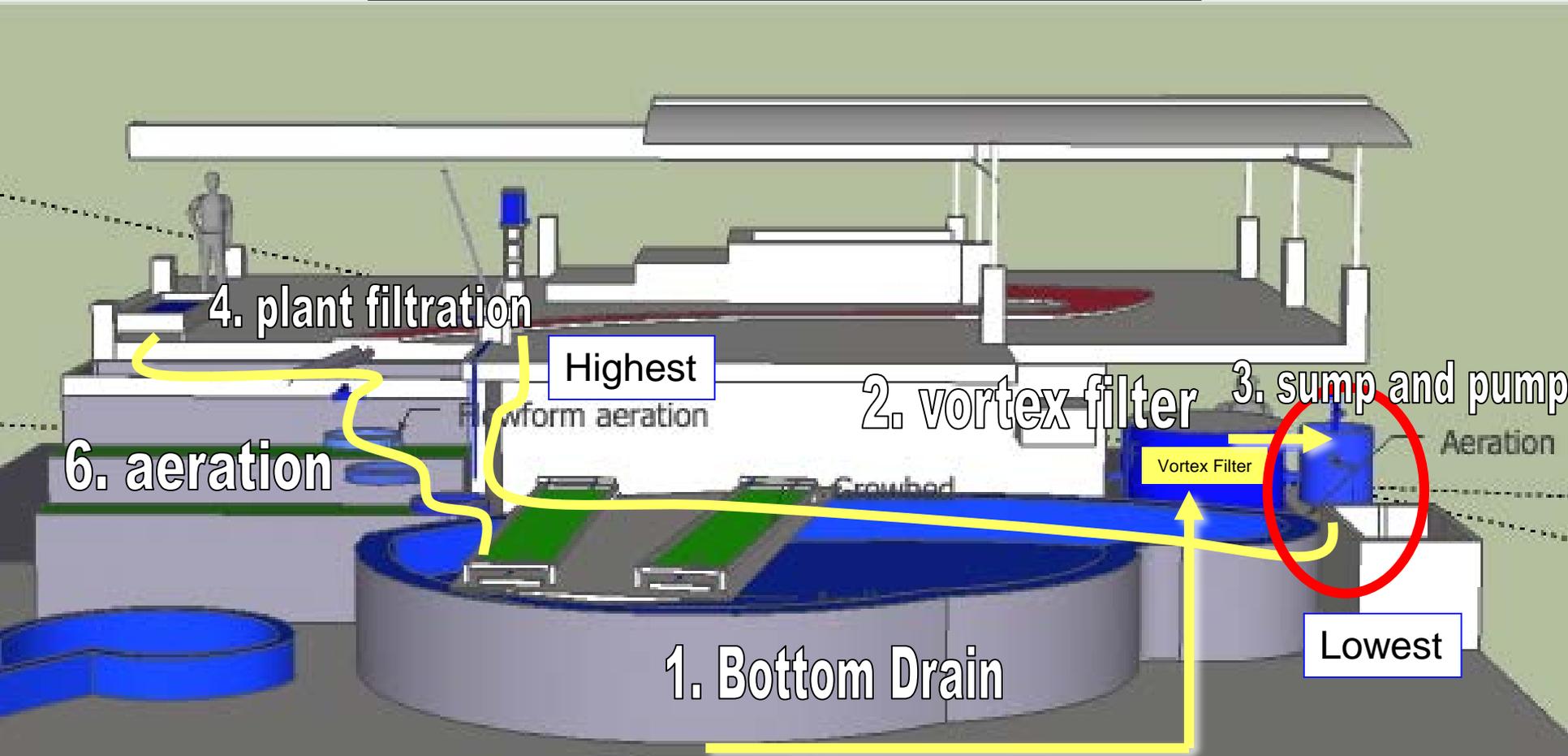


220v 150 watt aquarium pump

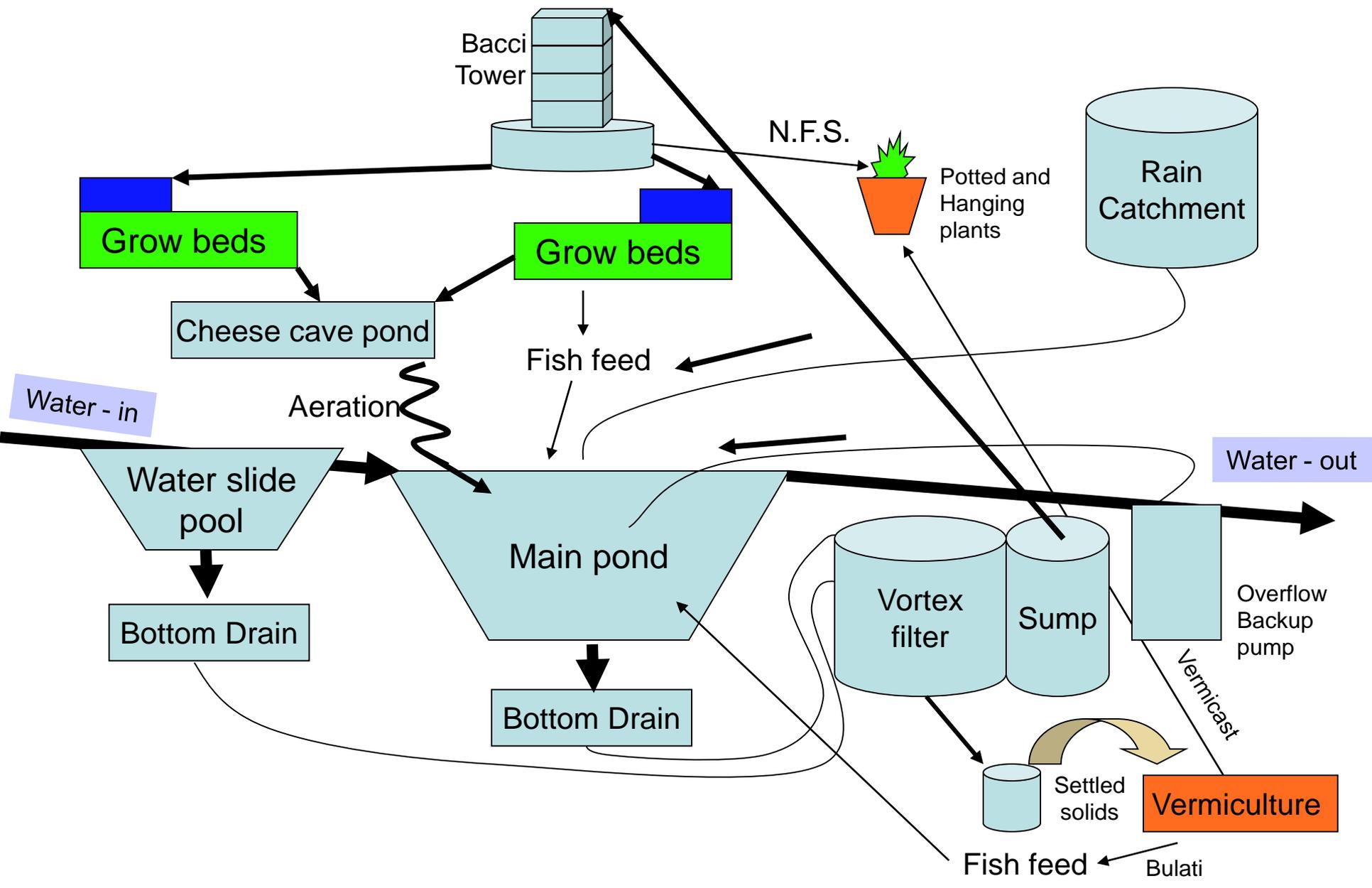


220v 150 watt aquarium pump

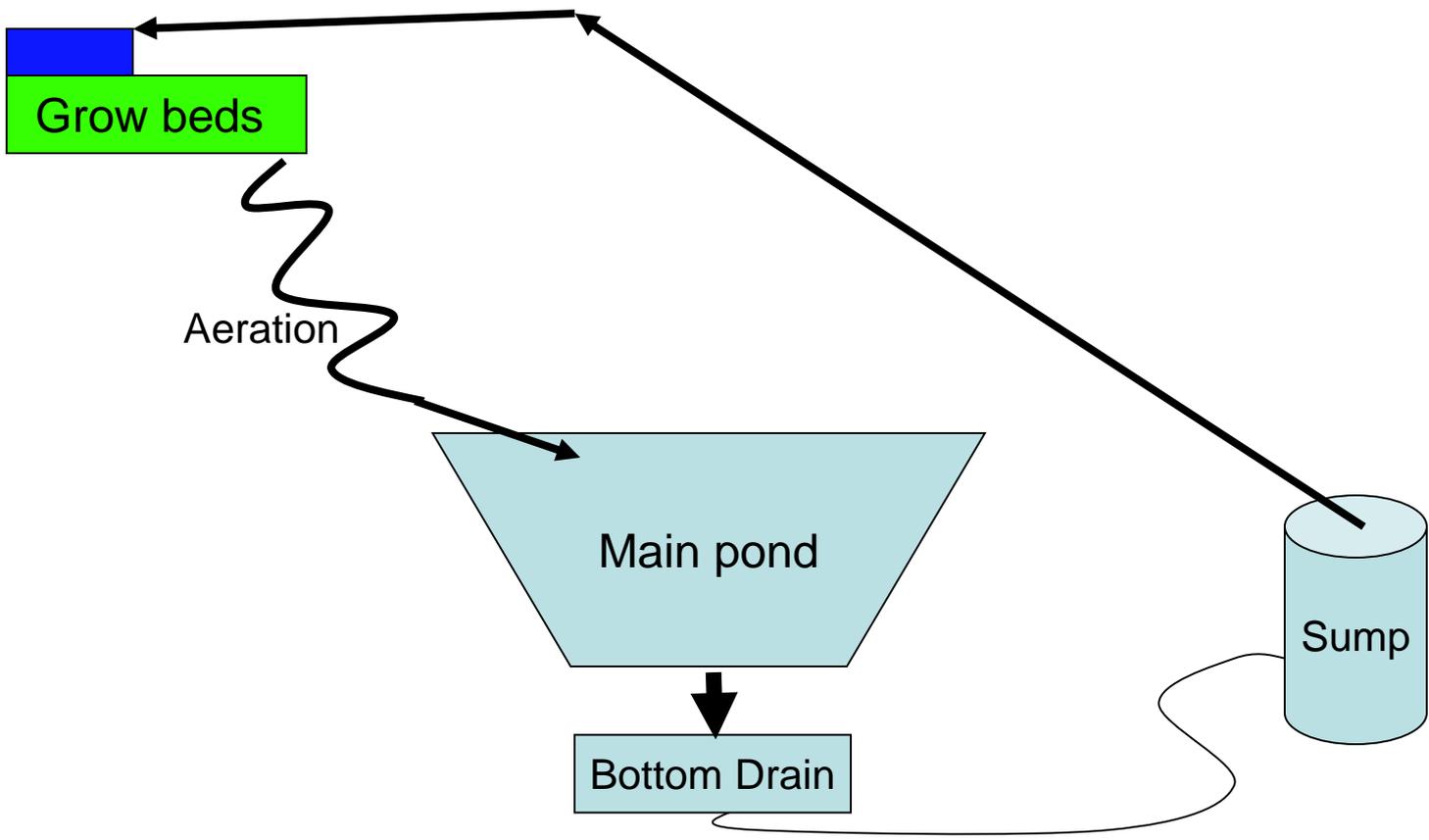
Efficient One Pump Recirculating Closed Loop System



Efficient One Pump Recirculating Closed Loop System

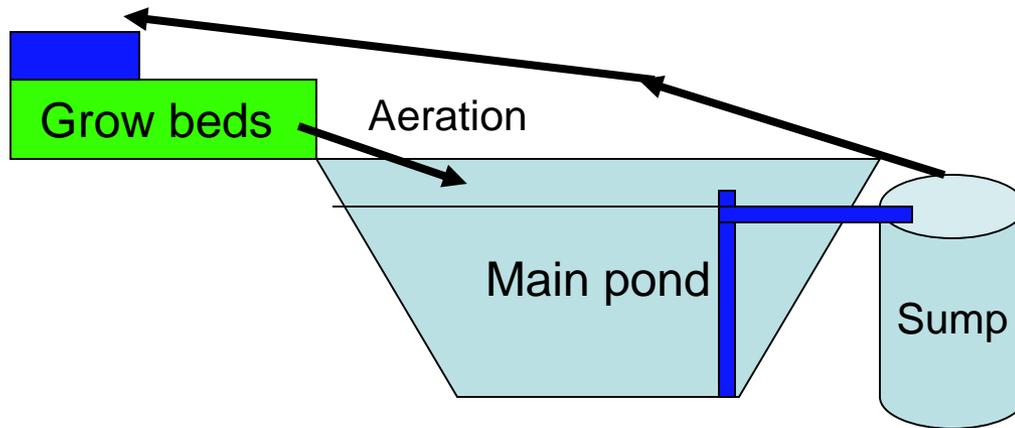


Efficient One Pump Recirculating Closed Loop System



Efficient One Pump Recirculating Closed Loop System

CHOPS





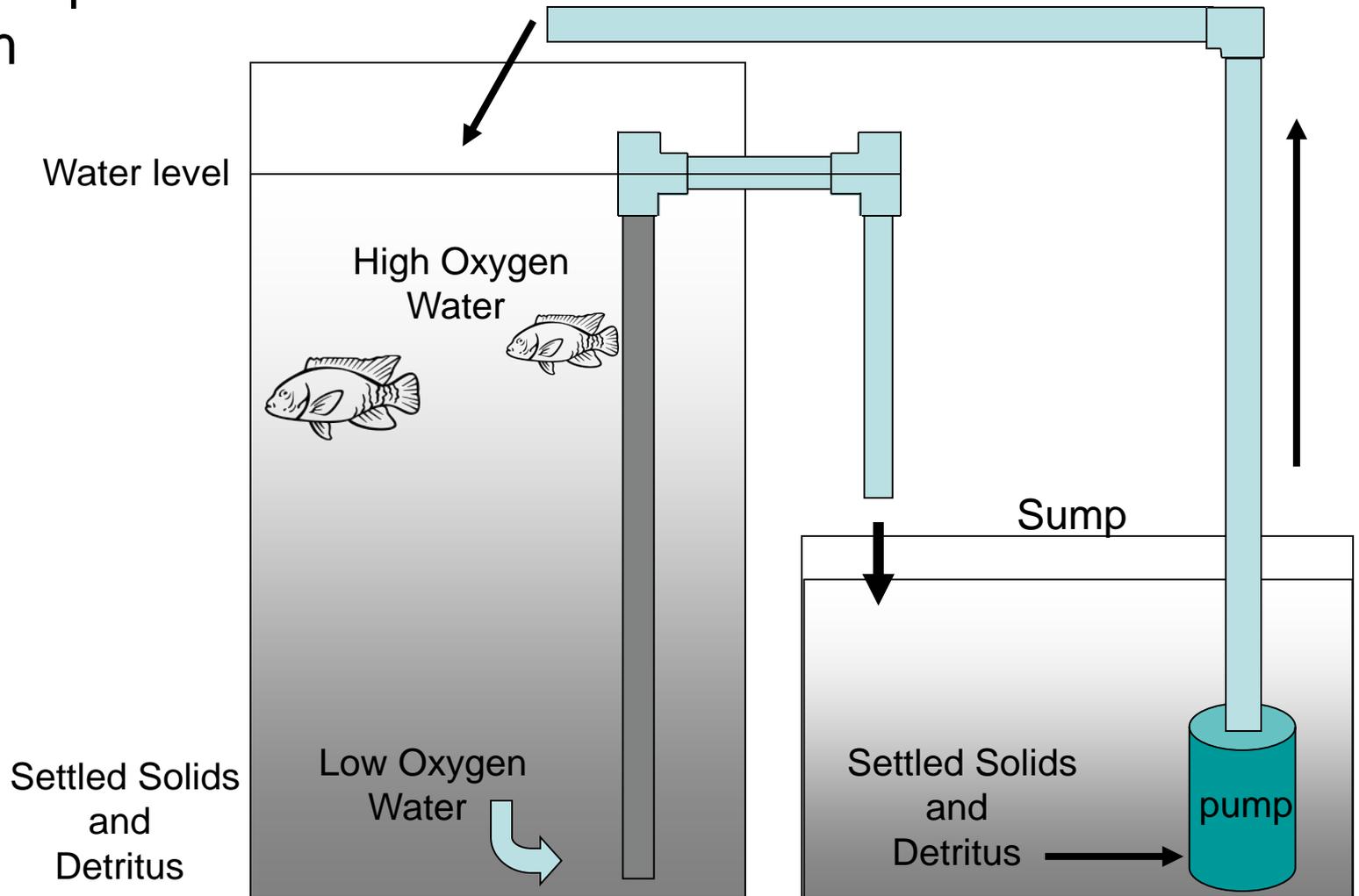
**Lift water extra high to
generate electricity off
a dynamo?**

**Watts spent lifting water will be
greater than watts generated**

C.H.O.P.S.

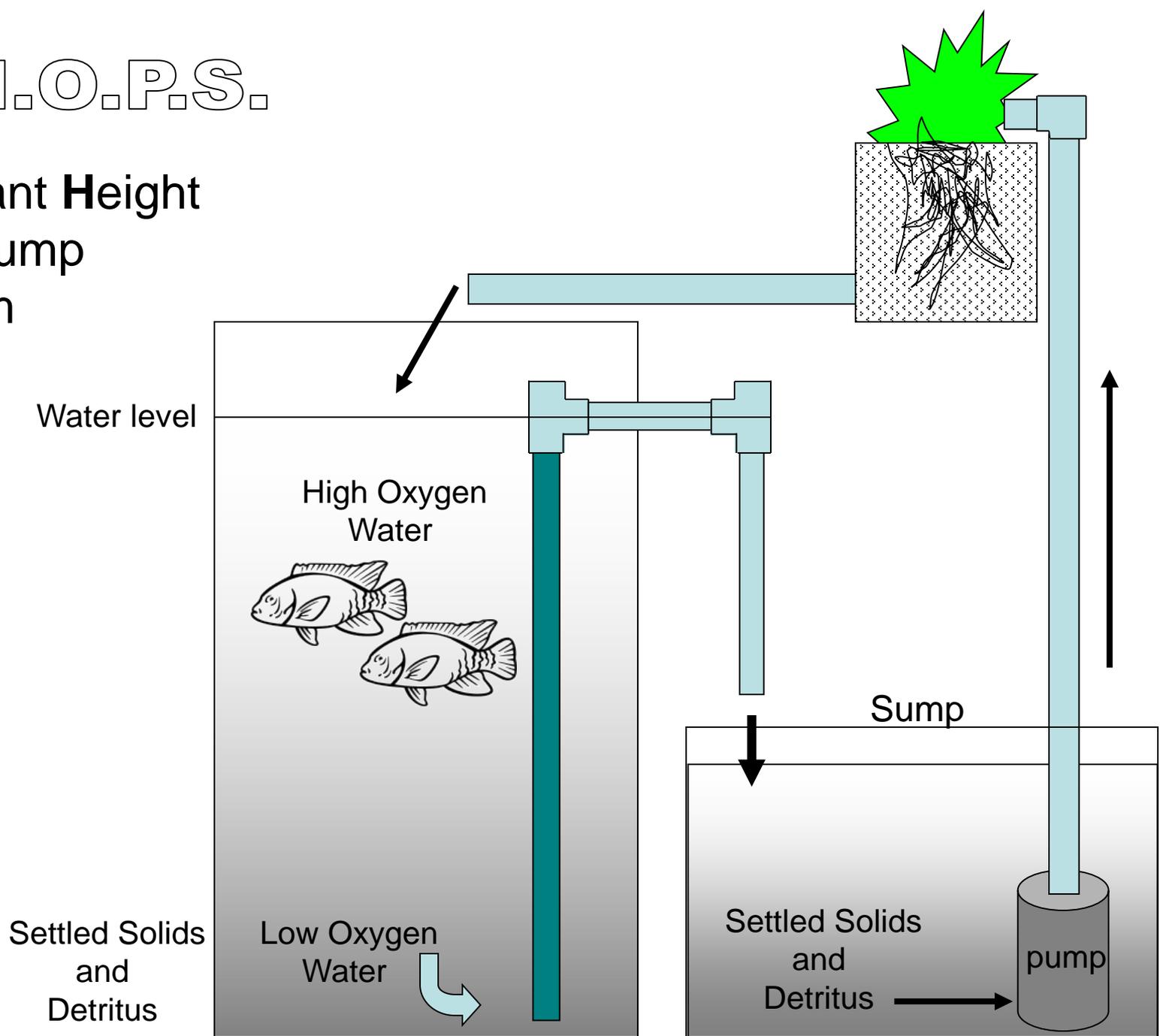
Constant Height One Pump System

Culture Types
Tank
Pond
Cage



C.H.O.P.S.

Constant Height One Pump System





Observation Filter with
Bell Siphon

Redundant upper drain

“In the unlikely event of clogage”

Bottom Drain Guard





Redundant upper drain

Bottom Drain Guard

Leaf gutter Gaurd



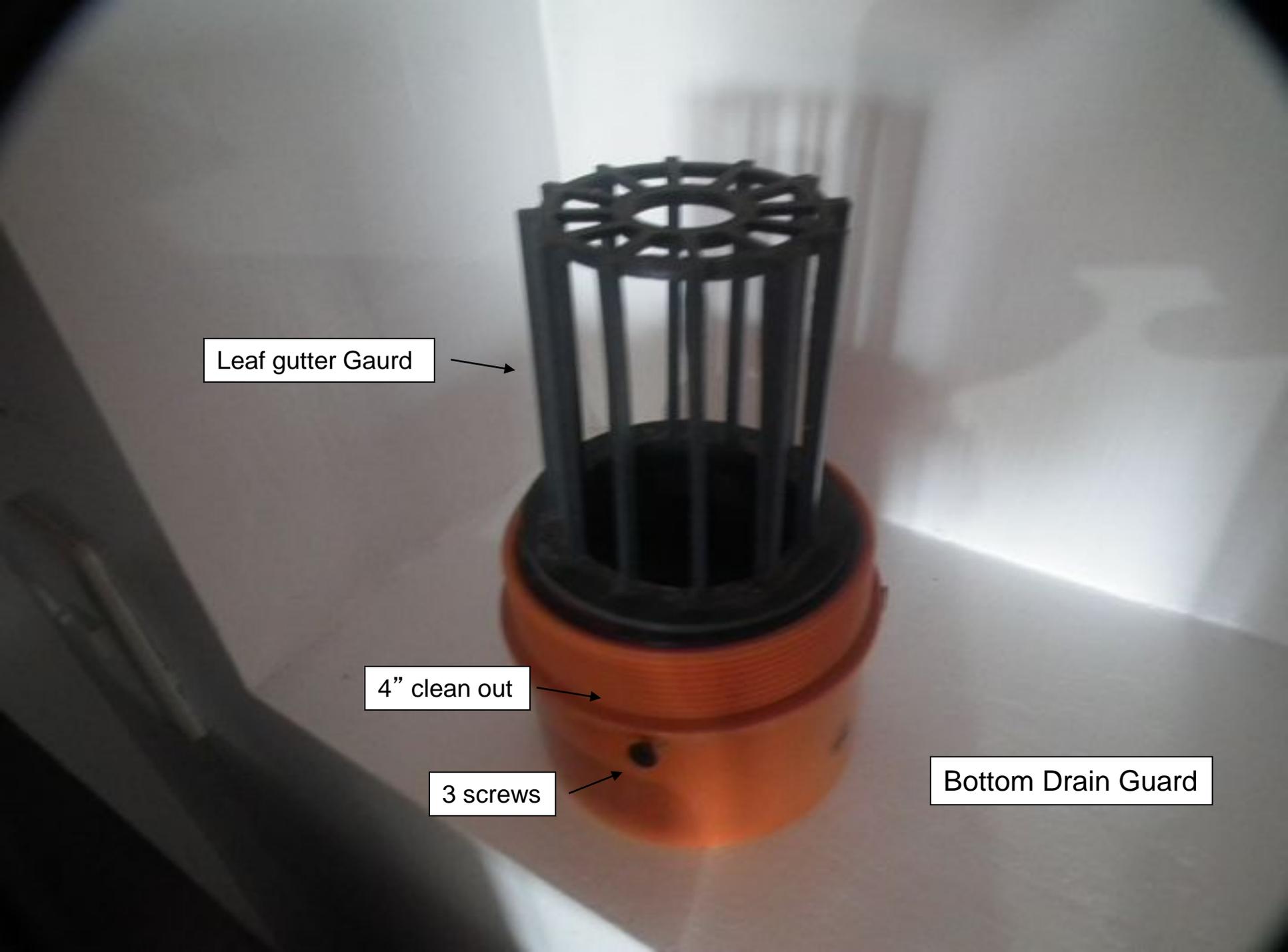
4" clean out

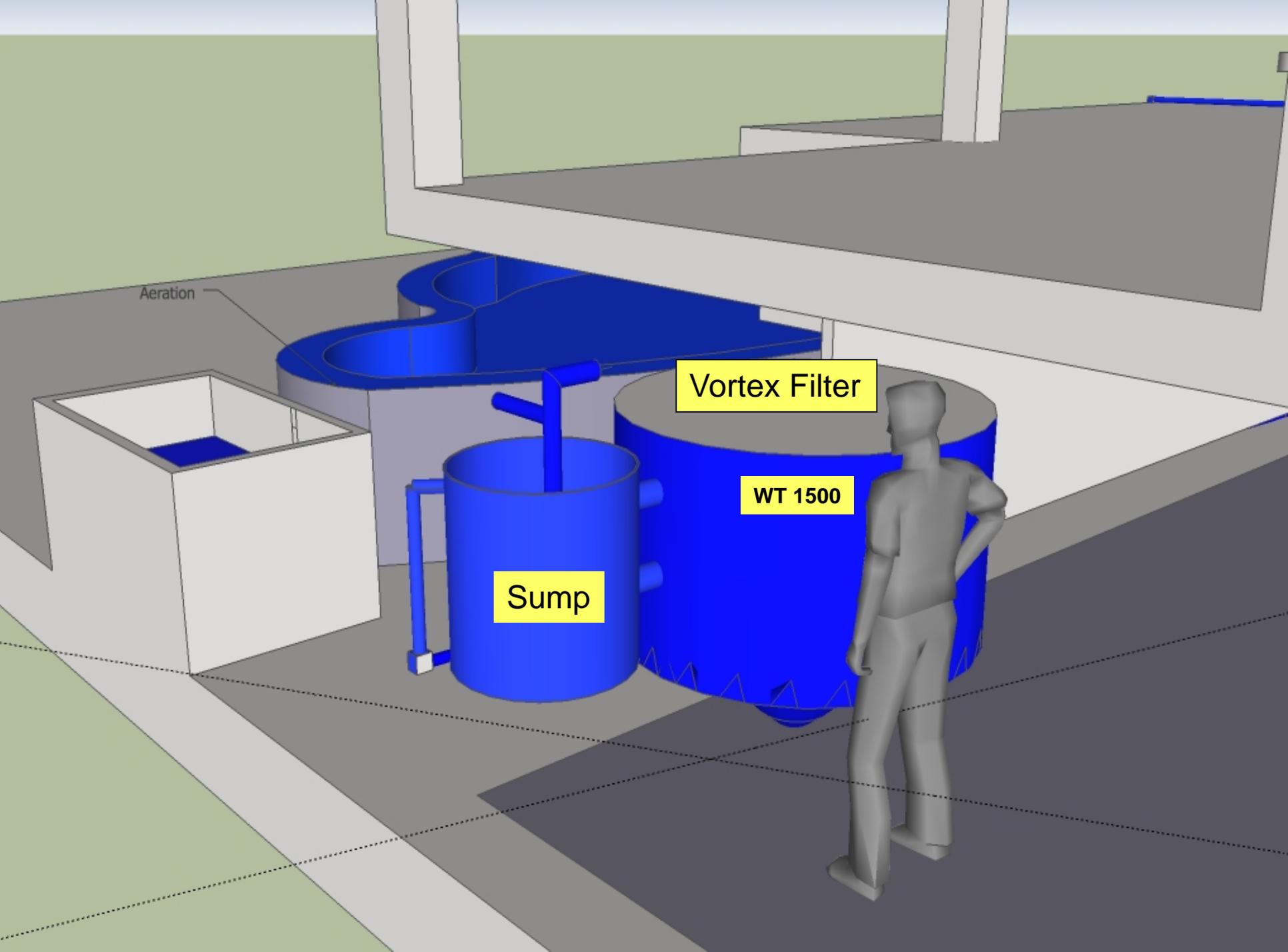


3 screws



Bottom Drain Guard





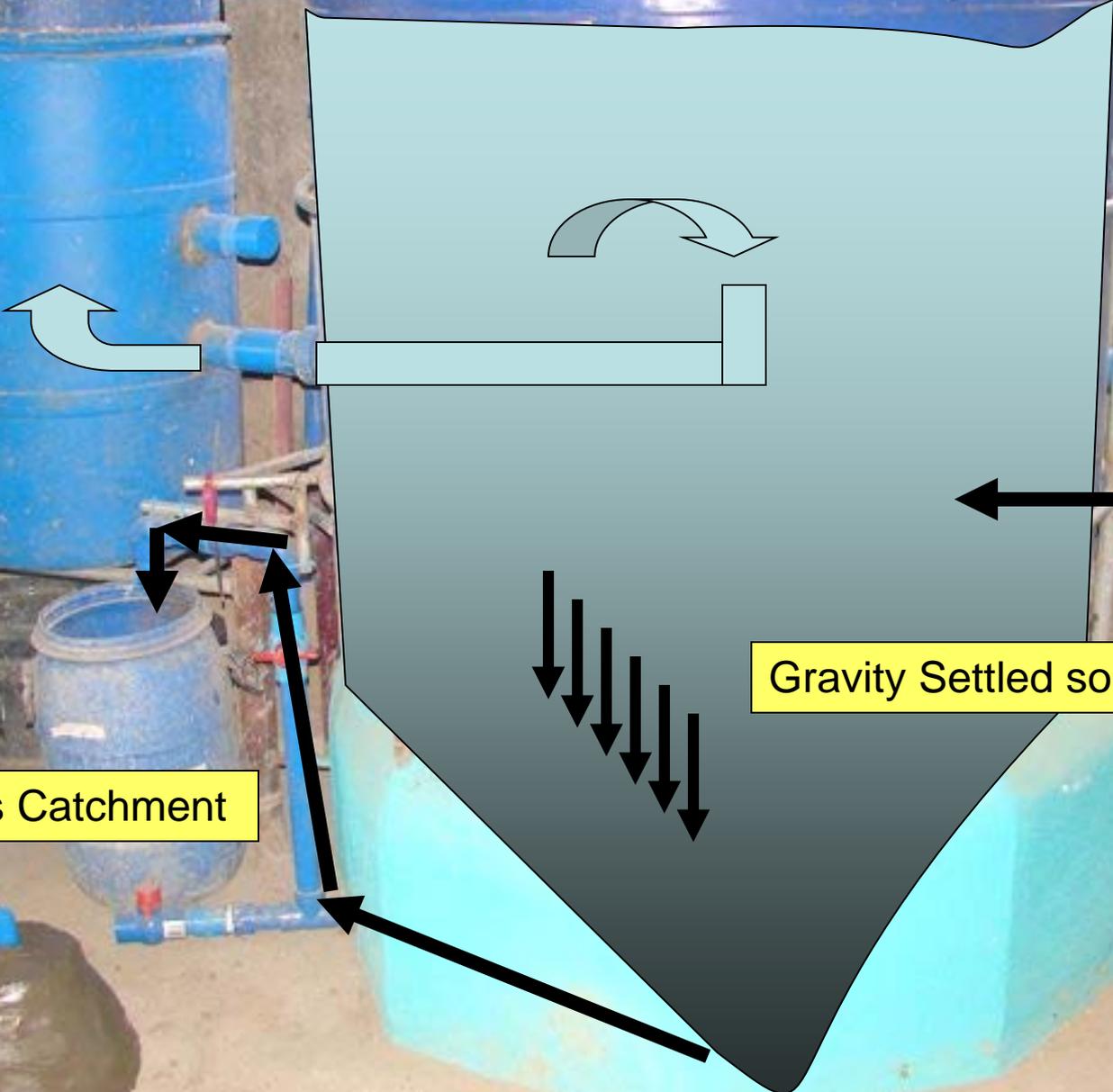
Aeration

Vortex Filter

WT 1500

Sump

Vortex Filter



Gravity Settled solids

Settled Solids Catchment

2 ponds, 2 bottom drains

Rain Water Feed Line
"water slide pool"

Bottom Drain Feed Line
"Main Pond"



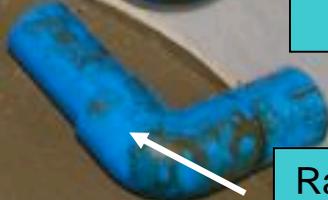
Vortex Drain to Sump



Bottom Drain Feed Line
"Main Pond"



Rain Water Feed Line
"water slide pool"



Settled Solids Drain



Vortex Filter



Vortex Drain to Sump



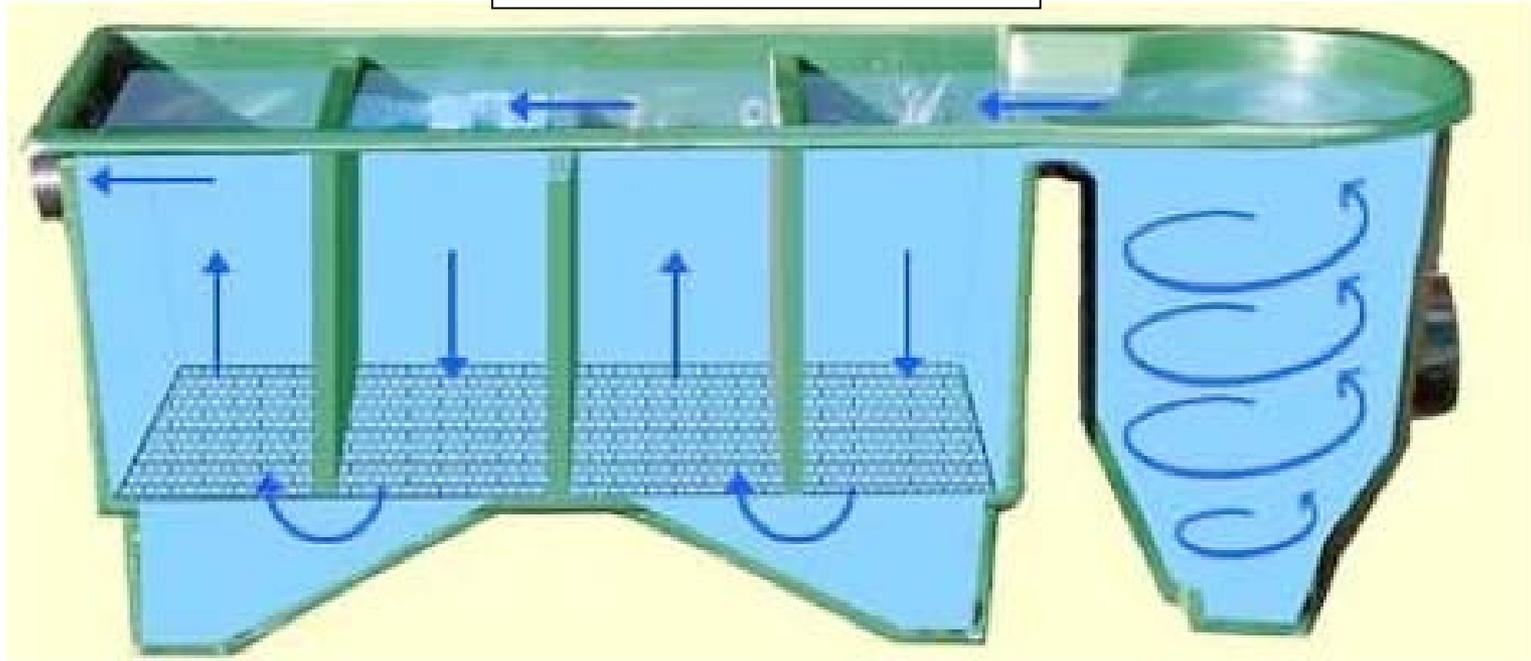


Settled Solids Drain

To Vermiculture
(earthworms)



Commercial system





Cement vortex filters

In-ground Koi filters



External pump



